

Advocacy - Justice Involved Organizations

Prisoner Visitation and Support (PVS) is a volunteer visitation program to Federal and Military prisoners throughout the United States.

1501 Cherry St
Philadelphia PA 19102
Phone: (215) 241-7117
PVS@afsc.org

<http://www.prisonervisitation.org/>

Advocacy - Justice Involved Organizations

Are you facing a legal issue, or just looking for more information about a specific legal topic? FindLaw's Learn About the Law section is the perfect starting point. Learn About the Law features informational articles about a wide variety of legal topics, as well as specific information about subjects such as how to hire an attorney and understanding your state's unique laws.

<http://www.findlaw.com/>

Citizenship - Community Development

651-789-2500
179 Robie St E,
St. Paul, MN

Regardless of where a participant is in their life journey, Neighborhood House provides the tools needed to move from survive to thrive, working to help break the cycle of poverty through four main programs: basic needs, youth leadership, adult and family education, and community building.

<http://www.neighb.org/>

Citizenship - Community Involvement

Re-Integration Support for Men Transitioning out of Prison Meetings

3026 4th Ave. So. Minneapolis

Working with several service groups (TC RISE!, RS Eden, Medica etc.) to develop a comprehensive product that effectively assists single men who frequent social service systems (medical, homelessness, prison, mental health, substance abuse etc.).

612-822-0802

Meets every Tuesday from 5 to 7 PM

612-325-7856

Citizenship - Legal Assistance

Counseling - Mediation Services, Department of Corrections, Facilitator, Juvenile Resources for probation clients, Restorative Justice - P.A.C.T., Restorative Justice Community, Restorative Justice Family Circles, Restorative Justice with Crime Victims, Spec Services - Ex-offender

2520 Coon Rapids Blvd, Suite 100

Coon Rapids, MN 55433

763-422-8878

<http://www.mediationservice.org/>

Computers and Technology - Equipment Internet and Training

Everyone On helps unlock social and economic opportunity by connecting low-income people to affordable internet service and computers, and delivering digital skills trainings. Find Low-Cost Internet Service, Computers and Free Training in Your Area!

Advocacy - Justice Involved Organizations

122 Commerce Street
Montgomery, AL 36104
(334) 269-1803

EJI is committed to ending mass incarceration and excessive punishment in the U.S., challenging racial and economic injustice, and protecting basic human rights for the most vulnerable people in American society. EJI is working to end our misguided reliance on over-incarceration.

<https://eji.org/criminal-justice-reform/>

Citizenship - Community Development

We schedule events and activities on an ongoing basis. We have found that men who get connected and stay connected, stay out of prison.

Many of our events and activities include spouses or significant others and family members because we feel this is a very important element in each man's recovery. See the calendar for details. Go to our Events page to register for upcoming events.

The Welcome Back Center

We provide ten housing units on the second floor (with an additional two units at a nearby duplex) and a place for fellowship, prayer, counseling and education on the first floor.

3559 Penn Ave N

Minneapolis, MN

612.522.9007

<http://myfreedomworks.com/>

Citizenship - Community Involvement

3045 Chicago Ave. So.

Minneapolis, MN

Contact 612-348-8570 for Reginald Sweet

reginald@amicususa.org or

Devin Miller

devin@amicususa.org

A support group for ex-offenders- meets every Saturday morning from 9 a.m. to 11 a.m.

<http://www.mountolivechurch.org/login.aspx>

Citizenship - Community Involvement

1600 Broadway Street NE

Minneapolis, MN 55413

Community Involvement Programs (CIP) provides a variety of services for individuals with intellectual/developmental disability and/or serious persistent mental illness living in the Minneapolis-St. Paul metro area, and Pine County, MN.

<http://cipmn.org/>

Citizenship - Legal Assistance

Catholic Charities' Migration and Refugee Services helps bring families together. They work to unite families with those who are still in harm's way in their home country. They help parents who dream of a better future for their children here in America and assist refugees, asylees and immigrants as they attempt to navigate the sea of paperwork involved with building a new home in America.

1276 University Avenue West?

St. Paul, MN 55104

651-647-3100

<http://cctwincities.org/ImmigrationServices>

<https://www.everyoneon.org/find-offers>

Education - Free Audio Books

Free public domain audiobooks. LibriVox has a huge selection of free audiobooks that are recordings of volunteers who have read chapters from books that are in the public domain.
<https://librivox.org/>

Education - Free Education

1450 Energy Park Drive, Suite 200
St. Paul, MN 55108
651- 361-7200
School Improvement and Accountability
Goal 1: Create a learner-focused education system designed to close the achievement gap and produce mastery learning for all DOC offenders. Quality Program and Services
Goal 2: Develop and deliver all DOC programs at the highest quality level. Transition Success
Goal 3: Prepare each student for a successful transition to school, the workplace and life in their community.
Leveraging Technology
Goal 4: Integrate technology into the education program and improve operations, delivery of programs and support services.
Correctional Education Presence
Goal 5: Advance correctional education's presence through active collaboration, beneficial partnerships and enhanced public awareness.
Facility Locations
MCF-Faribault, 1101 Linden Lane, Faribault, MN 55021, 507-334-0700
MCF-Lino Lakes, 7525 Fourth Avenue, Lino Lakes, MN 55014, 651-717-6100
MCF-Oak Park Heights, 5329 Osgood Avenue North, Stillwater, MN 55082, 651-779-1400
MCF-Rush City, 7600 525th Street, Rush City, MN 55069, 320-358-0400
MCF-Saint Cloud, 2305 Minnesota Blvd SE, St. Cloud, MN 55379, 320-240-3000
MCF-Shakopee (Women), 1010 West 6th Avenue, Shakopee, MN 55379, 952-496-4440
MCF-Stillwater, 970 Pickett Street, Bayport, MN 55003, 651-779-2700
MCF-Willow River/Moose Lake, 1000 Lake Shore Drive, Moose Lake, MN 55767, 218-485-5000

<https://www.inmateaid.com/advocacy-groups/minnesota-minnesota-correctional-education-foundation-mcef>

Education - Higher Education

Freshman Year for Free. Take tuition-free, high quality courses online from top institutions for college credit. Modern States Education Alliance is a non-profit dedicated to making a high quality college education free of cost and accessible to any person who seeks one. Its founding principle is that access to affordable education is fundamental to any philosophy that respects all individuals, and fundamental to the American dream. Modern States' initial program, Freshman Year for Free, is intended to let students earn up to one year of college credit without tuition or textbook expense. Modern States hopes to provide links for students to tutoring, mentoring and college advising groups

Education - Continuing Education

Inside-Out Prison Exchange Program (St. Paul)
700 7th St E
St Paul, MN 55106
763-657-3760
The incarcerated at Dakota County Jail
The Inside-Out program brings college students and incarcerated people together in a seminar setting to study criminal justice issues. It is designed to deepen the conversation about and transform approaches to understanding crime, justice, freedom, inequality and other issues of social concern.
<http://www.insideoutcenter.org/college-prison-courses.html>

Education - Free Audio Books

Free cultural and educational media access.
<https://www.openculture.com/freeaudiobooks>

Education - Higher Education

A university that works for you. Our 100% online, tuition-free degree programs are designed to fit your life.
Programs: Business Administration, Computer Science, Health Science, Education, Associate Degree, Bachelor Degree, Master Degree

<https://www.uopeople.edu/>

Employment - Employment Services

We are dedicated to helping you find your next career! The National Urban League is a historic civil rights organization dedicated to elevating the standard of living in historically underserved urban communities. Founded in 1910, the National Urban League spearheads the effort of its local affiliates through the development of programs, public policy research and advocacy.
<http://www.nuljobsnetwork.com/>

Employment - Employment Services

2419 Highway 7
Excelsior MN 55331
Phone: 952-474-1900
<http://www.selectstaffing.com/SelectStaffing/main.cfm?nlvl1=1>

Employment - Employment Services

Goodwill-Easter Seals Minnesota's core programs provide employment services specifically designed for people with disabilities, disadvantages or other barriers to work.
651-379-5779
http://www.goodwilleasterseals.org/site/PageServer?pagename=serv_emp

Employment - Employment Services

Lifetrack Resources helps youth and adults overcome obstacles to successful employment, including people who are leaving welfare, immigrants and refugees, persons with disabilities, and ex-offenders.
Main Office
709 University Avenue W.
St. Paul, MN 55104
Phone: 651-227-8471
Fax: 651-227-0621
TTY: 651-227-3779

as well.

https://modernstates.org/?gclid=EAlaIQobChMIoLO16uee9gIVl_3jBx34gQCHEAAYASAAEgKfRfD_BwE

Employment - Employment Services

I-SEEK is a career, education, and job resource for Minnesota

<http://www.iseek.org/>

Employment - Employment Services

CLUES' Employment Department assists clients in seeking and maintaining employment. Through one-on-one, culturally- and linguistically-appropriate job counseling, counselors assess each participant to determine the level of "employ-ability" and obtain information that will help the job counselor determine appropriate activities, workshops, referrals, individual trainings,

St. Paul

797 East 7th Street

St. Paul, MN 55106

651-379-4200

651-292-0347 (fax)

Contact

Hours of operation:

8:30am - 7:00pm Monday - Thursday

8:30am - 5:00pm Friday

Main entrance via 3M Flag Plaza

<http://www.clues.org/contact.aspx>

Employment - Employment Services

At Hired, we support our participants in discovering their strengths. This means knowing what resources are available and how best to use them. Discovering the whole person. Connecting them with the right training. We support people building sustainable careers that support not only our participants, but their families, employers and communities as well.

217 Fifth Avenue North,

Third Floor

Minneapolis, MN 55401

612-808-9500

<https://www.hired.org/>

Employment - Employment Services

Lifetrack Resources helps youth and adults overcome obstacles to successful employment, including people who are leaving welfare, immigrants and refugees, persons with disabilities, and ex-offenders. Minneapolis Office

Lifetrack / State of Minnesota

2218 Central Avenue NE

Minneapolis, MN 55418

Phone: 612-788-8855

Fax: 612-788-8577

<http://minnesotaunemployed.com/ex-offender-resources.html>

Employment - Employment Services

We envision a future where men who want to build a better life for themselves, can. A future where men, predominantly African American, returning from prison have the supports they need to stay

<http://lifetrack-mn.org/contact>

Employment - Employment Services

Career Planning for People with a Criminal Conviction helps job seekers with felony convictions and other criminal charges know their work options, set goals, get training, and STEP AHEAD to a successful job search.

<http://www.iseek.org/exoffenders/index.html>

Employment - Employment Services

Our services – chemical and mental health, housing supports, career education, and employment – create the strongest paths for life transformation for the nearly 13,000 individuals we serve every year.

Avivo

1900 Chicago Avenue

Minneapolis, MN 55404

612.752.8000

<http://www.resource-mn.org/employment-services/>

Employment - Employment Services

Manpower offers a range of services, including permanent, temporary and temporary-to-permanent placement; employee assessment and selection; training; and consulting.

400 Robert St N, Ste 214

St Paul, MN 55101

(651) 224-5265

<http://www.manpower.us/en/Offices/default.htm?&service;-lob=s&preferred;-language=en&preferred;-country=us&hcmid=fsos-MN002&>

Employment - Employment Services

Guild Incorporated

If you have schizophrenia, bipolar disorder, major depression, or another psychiatric illness, working can increase your self-esteem, help you meet and interact with other people, and provide structure to your day.

Employment Services promote work as part of the recovery process. Staff will help you reach your employment goals whether you are just starting to think about work, are currently looking for work, or have a job and need ongoing support.

130 S Wabasha St, Suite 90

Saint Paul, MN 55107

Administrative Offices

651.450.2220

Service Teams

651.291.0067

<http://guildincorporated.org/services-programs/employment-services/>

Employment - Employment Services

America Works includes work readiness training, vocational training, career placement, career advancement, and employment retention services. Our mission is to equip each individual who comes to our offices with the right tools so that they are able to provide for themselves and their loved ones. People find employment, and employers find talent! Due to the Coronavirus Pandemic, you

out of prison. A future where men who want to succeed are not locked out of opportunities, but they have access to the fundamentals everyone needs to build a healthy, happy life for themselves and their family.

Better Futures Enterprises
2620 Minnehaha Ave S
Minneapolis, MN 55406
612-455-6133

<https://betterfuturesminnesota.com/>

Employment - Employment Services

995 University Ave. W
St Paul, MN 55104
(651) 756-1710

Employment - Employment Services

Offers temporary, temporary to permanent and permanent job placement services.
30 7th St E, #265
St Paul, MN 55101
(651) 221-0208

<http://us.randstad.com/content/aboutrandstad/index.xml>

Employment - Employment Services

AccessAbilitys Career and Educational Pathways (CEP) program is a supportive services program developed for incarcerated people in transition. CEP specifically aims to help participants by designing individual case plans that incorporate education and career assistance, as well as providing them with social service wrap around supports necessary to their personal success. They also offer educational assistance and industry-specific training.

AccessAbility, Inc.
360 Hoover Street NE
Minneapolis, MN 55413
612-331-5958.
<http://www.accessability.org>

Employment - Job Training

Phone: 612-279-5802
800 Washington Avenue North, Suite 203
Minneapolis, Minnesota 55401
cyusten@twincitiesrise.org
<http://twincitiesrise.org/>

Employment - Job Training

The mission of the American Indian OIC is to empower American Indians to pursue career opportunities by providing individualized education, training, and employment services in a culturally rich environment.
1845 E Franklin Ave., Minneapolis, MN 55404
email: info@aioic.org
phone: 612-341-3358
<http://aioic.org/about/>

Employment - Licensing Information

Information about a variety of licensing processes - recreational, employment licensing and more!
<http://mn.gov/elicense/index.jsp>

must contact the office first before you can engage in in-person services. Click on the link above to find the location nearest to you.

<https://americaworks.com/virtual-contact-info/>

Employment - Job Training

180 Degrees, Inc.
236 Clifton Avenue S.
Minneapolis, MN 55403
Phone: 612.813.5000
Fax: 612.813.5039
<http://www.180degrees.org/#offenderemployment>

Employment - Job Training

AccessAbilitys Career and Educational Pathways (CEP) program is a supportive services program developed for incarcerated people in transition. CEP specifically aims to help participants by designing individual case plans that incorporate education and career assistance, as well as providing them with social service wrap around supports necessary to their personal success. They also offer educational assistance and industry-specific training.

AccessAbility, Inc.
360 Hoover Street NE
Minneapolis, MN 55413
Phone: (612) 331-5958

<https://www.accessability.org/>

Employment - Staffing Agency

PeopleReady has re-imagined and simplified the path that connects people and work. Whether you need workers or youre looking for new job opportunities, were ready to deliver results for you today.
<https://www.peopleready.com/>

Employment - Temp Labor

Doherty Top Talent St. Paul/Woodbury
1546 Woodlane Drive
Woodbury, MN 55125
P 651.771.2368
email - stpaul@toptalentmn.com
<http://www.dohertyemployment.com/top-talent/>

Employment - Temporary Staffing Agency

Doherty Top Talent Headquarters
7645 Metro Boulevard
Edina, MN 55439
P: 952.832.8363
<http://www.dohertyemployment.com/top-talent/>

Employment - Temporary Staffing Agency

7767 Elm Creek Blvd. Suite 150
Maple Grove, MN 55369
Phone: (763) 478-5454
Toll Free: (877) 414-JOBS or 5627
<http://www.therightstaff.com>

Employment - Temporary Staffing Agency

3920 Northwoods Drive
Arden Hills, Minnesota 55112
Phone: (651)252-3300
Toll-Free: (877)477-3404
Fax: (651)482-0463
<http://www.aerotek.com>

Employment - Staffing Agency

Manpower is dedicated to enriching people's lives with meaningful employment and development opportunities, as we have done for more than 60 years.

<https://www.manpower.com/ManpowerUSA/home>

Employment - Temporary Staffing Agency

Edina Jobs Office
7645 Metro Blvd
Edina MN 55439
(952) 832-8885
<http://www.dohertyemployment.com/top-talent/>

Employment - Temporary Staffing Agency

7550 France Ave. S. Suite 130
Edina, MN 55435
Phone: (952) 546-1100
Toll Free: (877) 414-JOBS [5627]
<http://www.therightstaff.com>

Employment - Temporary Staffing Agency

1611 County Road B West Suite 103
St. Paul, MN 55113
Phone: (651) 288-2800
Toll Free: (877) 414-JOBS or 5627
<http://www.therightstaff.com>

Employment - Temporary Staffing Agency

2001 Killebrew Dr., Suite 320
Bloomington, Minnesota 55425
Phone: (952)853-9899
Toll-Free: (800)927-6916
Fax: (952)853-1497
<http://www.aerotek.com>

Employment - Temporary Staffing Agency

6900 Wedgwood Road N, Suite 250
Maple Grove, Minnesota 55311
Phone: (763)898-5800
Toll-Free: (888)705-0138
Fax: (763)898-5870
<http://www.aerotek.com>

Employment - Temporary Staffing Agency

222 South Ninth Street
Suite 290
Minneapolis, MN 55402
612-375-9200
<http://www.manpower.com>

Employment - Temporary Staffing Agency

Masterson Staffing Solutions is a Full Service Staffing Operation. For more information, please contact the Business Development Manager.
Masterson Staffing
2850 Cutters Grove Ave.
Anoka, MN 55303
Ph: 763-422-9298
Fax: 763-422-9157
Email: Anoka@mastersonstaffing.com
<http://www.mastersonstaffing.com/locations/Anoka.aspx>

Employment - Temporary Staffing Agency

Masterson Staffing Solutions is a Full Service Staffing Operation. For more information, please contact the Business Development Manager.

Employment - Temporary Staffing Agency

6640 Shady Oak Rd, Suite 200
Eden Prairie, Minnesota 55344
Phone: (952)852-2200
Toll-Free: 1-855-347-1935
Fax: (952)852-2255
<http://www.aerotek.com>

Employment - Temporary Staffing Agency

109 South Seventh Street, Suite 111
Minneapolis, Minnesota 55402
Phone: 612-217-5280
Toll-Free:
Fax: 612-332-0570
<http://www.aerotek.com>

Employment - Temporary Staffing Agency

2098 11th Avenue East
North Saint Paul, MN 55109-5112
651-490-5130
<http://www.manpower.com>

Employment - Temporary Staffing Agency

Masterson Staffing Solutions is a Full Service Staffing Operation. For more information, please contact the Business Development Manager.
Masterson Staffing
8772 Lyndale Avenue South
Bloomington, MN 55420
Ph: 952-881-1071
Fax: 952-881-6142
Email: BloomingtonLI@mastersonstaffing.com
<http://www.mastersonstaffing.com/>

Employment - Temporary Staffing Agency

Masterson Staffing Solutions is a Full Service Staffing Operation. For more information, please contact the Business Development Manager.
Masterson Staffing
1001 1st Avenue East.
Suite 145
Cambridge, MN 55008
Ph: 763-689-1927
Fax: 763-689-3213
Email: Cambridge@mastersonstaffing.com
<http://www.mastersonstaffing.com/locations/Camb ridge.aspx>

Employment - Temporary Staffing Agency

Masterson Staffing Solutions is a Full Service Staffing Operation. For more information, please contact the Business Development Manager.
Masterson Staffing
505 Highway 169 N.
Waterford Park, Suite 700
Plymouth, MN 55441
Ph: 763-233-5600
Fax: 763-233-5635
Email: Plymouth@mastersonstaffing.com
<http://www.mastersonstaffing.com/locations/plymouth.aspx>

Employment - Temporary Staffing Agency

Masterson Staffing Solutions is a Full Service Staffing Operation. For more information, please contact the Business Development Manager.
Masterson Staffing
33 East Wentworth Ave
Suite 300

Masterson Staffing
5001 American Blvd West
Suite 200
Bloomington, MN 55437
Ph: 952-835-4090
Fax: 952-835-4113
Email: BloomingtonOS@mastersonstaffing.com
<http://www.mastersonstaffing.com/locations/BloomingtonOS.aspx>

Employment - Temporary Staffing Agency

Masterson Staffing Solutions is a Full Service Staffing Operation. For more information, please contact the Business Development Manager.
Masterson Staffing
7924 University Avenue
Fridley, MN 55432
Ph: 763-571-6090
Fax: 763-571-5989
Email: Fridley@mastersonstaffing.com
<http://www.mastersonstaffing.com/locations/fridley.aspx>

Employment - Temporary Staffing Agency

Masterson Staffing Solutions is a Full Service Staffing Operation. For more information, please contact the Business Development Manager.
Masterson Staffing
155 1st Avenue East
Shakopee, MN 55379
Ph: 952-496-0640
Fax: 952-496-0951
Email: Shakopee@mastersonstaffing.com
<http://www.mastersonstaffing.com/locations/shakopee.aspx>

Employment - Temporary Staffing Agency

Masterson Staffing Solutions is a Full Service Staffing Operation. For more information, please contact the Business Development Manager.
Masterson Staffing
26357 Forest Blvd
Suite 10
Wyoming, MN 55092
Ph: 651-462-5226
Fax: 651-462-5237
Email: Wyoming@mastersonstaffing.com
<http://www.mastersonstaffing.com/locations/wyoming.aspx>

Employment - Temporary Staffing Agency

Discover exciting new job opportunities or staff your business with employment and staffing services from St. Paul Staffing Inc. in St. Paul, Minnesota.
2724 Rice St
St. Paul MN 55112-2485
(651) 604-8929
http://stpaulstaffing.com/staffing_services.html

Employment - Temporary Staffing Agency

101 5th St E, Ste 206
St Paul, MN 55101
Cross Streets: Between Minnesota St and Robert St
N Neighborhoods: Downtown
(651) 224-4040
<http://www.adecco.com/default.aspx>

Employment - Workforce Development

West St. Paul, MN 55118
Ph: 651-455-4865
Fax: 651-455-4892
Email: WestStPaul@mastersonstaffing.com
<http://www.mastersonstaffing.com/locations/weststpaul.aspx>

Employment - Temporary Staffing Agency

EAC empowers and prepares individuals and families to achieve their education and employment potential, while building diversity and actively opposing racism.

<http://www.eac-mn.org/EAC/EAC-Contact-Us>

Employment - Temporary Staffing Agency

Montu Staffing Solutions, serving Minneapolis, MN and surrounding areas, specializes in staffing for today's work force industry.
4056 Central Ave NE
Minneapolis, MN 55421
(763) 220-2071
<http://www.montustaffing.com/>

Employment - Temporary Staffing Agency

Kelly offers a comprehensive array of outsourcing and consulting services as well as world-class staffing on a temporary, temporary-to-hire, and direct-hire basis. Serving clients around the globe.
444 Cedar St, Ste 206
St Paul, MN 55101
651-221-0006

<http://www.kellyservices.com/Global/Home/>

Employment - Workforce Development

Free, Individualized Support for Your Next Career Move. No matter who you are or what your situation is, Workforce Development, Inc. (WDI) is ready to help you get where you want to go.
<https://workforcedevelopmentinc.org/#>

Employment - Workforce Development

Workforce Development, Inc. serves thousands of people through career planning and pre-vocational skill training. Our vision is to develop and advance the workforce of Southeast Minnesota.
Workforce Development, Inc.
201 S. Lyndale Ave. Ste#1
Faribault, MN 55021
507.333.2088
888.234.5711
<https://www.workforcedevelopmentinc.org/services/job-seeker/>

Family - Child Care

A list of MN support services.
http://www.dhs.state.mn.us/main/idcplg?IdcService=GET_DYNAMIC_CONVERSION

Family - Child Care

Oak Park Center provides free services to parents and children in times of crisis.
1701 Oak Park Avenue N
Minneapolis MN 55411
612-302-2500
9am - 4:30 pm.
<http://www.puc-mn.org/>

Minnesota Department of Employment and Economic Development
390 North Robert St., 1st Fl
St. Paul, MN 55101
651-296-8400
651-296-7516 fax
<http://mn.gov/deed/job-seekers/>

Employment - Workforce Development

332 Minnesota Street, Suite E200
Saint Paul, MN 55101
Lost your job and wondering what's next? Don't know how to begin a job search? Need help with your resume? Looking for job leads? At any stage in your job search, we've got the resources and expertise to help.
<https://mn.gov/deed/job-seekers/>

Employment - Workforce Development

Workforce Development, Inc. serves thousands of people through career planning and pre-vocational skill training. Our vision is to develop and advance the workforce of Southeast Minnesota.
Workforce Development, Inc.
1606 West Third St.
Red Wing, MN 55066
651.385.6402
800.584.6753
<https://www.workforcedevelopmentinc.org/services/job-seeker/>

Family - Child Care

24-hour parent helpline, crisis counseling, 72-hour residential childcare, in-home visits, parent education, referrals
5400 Glenwood Ave
Golden Valley, MN 55422
Helpline - 763-591-0100
Office - 763-391-0400

<http://www.crisisnursery.org/>

Family - Child Support

Minnesota Department of Health

http://www.dhs.state.mn.us/main/idcplg?IdcService=GET_DYNAMIC_CONVERSION&RevisionSelectionMethod=LatestReleased&dDocName=id_000160

Family - Family Services

The Family Service Center provides temporary housing for Ramsey County families experiencing homelessness. Families receive housing and employment search resources and other services to help them transition from homelessness to stable housing.

Housing and employment search assistance

- Activities for children, tutoring and resources
- Parenting education and life skills training
- Three meals per day
- Transportation assistance
- Onsite medical and dental health services
- Laundry facilities
- Computer lab
- Up to 30 consecutive nights of shelter for families

Family Service Center
2001 Van Dyke Street
Maplewood, MN 55109

Family - Family Services

Transitional Conferencing is a Restorative Justice process for incarcerated men and women and their families to help them prepare for reintegration. Meets with families and offenders while incarcerated.

Transitional Conferencing, Inc
attn: Mary Maas
P.O. Box 3152
Minneapolis, MN 55403
Phone (651) 774-8709
<http://www.transitionalconferencing.org/>

Family - Family Services

The Family Place assists families in shelter to gain more confidence in building future goals that will lead to success of the entire family.
244 10th St E. St. Paul, MN 55101
651-225-9354
<http://famplace.org/>

Family - Family Services

Pre-marriage Seminar for Second Marriages
A two-day program for those entering a second marriage after a death or divorce of a partner. This program helps couples consider factors that make their second marriage different from the first. It will help them make a well-informed decision regarding their ability and willingness to enter a second marriage. Call 651-647-3126 for further information and registration.
<http://cctwincities.org/CounselingServicesGroupPrograms>

Family - Family Services

NorthPoint Wellness Center - Gateway Project
What is Gateway?
Gateways goal is to increase family strength. We do this by connecting you to the services you need and working closely with you to achieve your family's goals. If you are on MFIP (Minnesota Family Investment Program) and need assistance, call us today.
(612) 767-9500
NorthPoint Health and Wellness Center
1315 Penn Avenue North
Minneapolis, MN 55411
<http://www.northpointhealth.org/CommunityServices/GatewayProject/tabid/83/Default.aspx>

Family - Family Services

Transitional Conferencing is a Restorative Justice program for incarcerated men, women and their families to help them prepare for reintegration. Meets with families and currently incarcerated individuals. Call to set up services.

PO Box 3152
Minneapolis, MN 55403
641-774-8709
contact: Mary Maas
<http://www.transitionalconferencing.org/>

Family - Family Services

Neighborhood House's Family Centers help stabilize families in crisis by meeting basic needs. Services are tailored to address family history, income and housing status on a case-by-case basis.
Each Family Center location is a one-stop-shop for

651.647.2300
651.779.5429 fax
<http://cctwincities.org/familyservicecenter>

Family - Family Services

Opportunity Center
a daytime resource center for the homeless and near-homeless population in Minneapolis. It provides a welcoming environment while promoting hope, dignity and positive change. Opportunity Center provides basic needs while helping individuals and families through crisis situations and facilitates movement toward self-sufficiency.
740 17th St. E., Minneapolis, MN 55404
612-204-8300
Oct. 16 - March 31 Mon. - Sat. 7 a.m. - 4:30 p.m.
April 1 - Oct. 15 Mon. - Sat. 7 a.m. - 3 p.m.
<http://cctwincities.org/OpportunityCenter>

Family - Family Services

Catholic Charities' Support for Separated and Divorced program collaborates with parishes and other agencies to provide educational and support services for separated and divorced people and their families.
Services: Short-term counseling, Information and referrals, Support group information, Training facilitators, Pre-marriage seminar for second marriages, Divorce education
Fees apply for the pre-marriage seminar, annual conference and facilitator training
Contact:
Counseling Services
Support for Separated and Divorced
1276 University Avenue
St. Paul, MN 55104
<http://cctwincities.org/SeparatedandDivorcedSupport>

Family - Family Services

Urban Ventures Center for Fathering
3023 4th Ave. S.
Minneapolis, MN 55408
612-455-4637
Responsible Parenting Classes, offers reintegration support for men coming out of prison. Meets every Tuesday and Thursday from 5 - 7:30 p.m.
Dinner and childcare provided. (You need not be a father to attend).
<http://www.urbanventures.org/center-for-fathering>

Family - Family Services

Neighborhood House's Family Centers help stabilize families in crisis by meeting basic needs. Services are tailored to address family history, income and housing status on a case-by-case basis.
Each Family Center location is a one-stop-shop for services and referrals. Participants and staff work together to identify needs, discuss potential solutions, and create a plan for the future. Combined, the six Family Centers serve 600 families each year; the majority of requests are related to housing.
The Wellstone Center
179 Robie Street East
Saint Paul, MN 55107
http://www.neighb.org/family_centers.aspx

services and referrals. Participants and staff work together to identify needs, discuss potential solutions, and create a plan for the future.
Highland/Sibley Manor
1293 Maynard Drive #410
Saint Paul, MN 55116
http://www.neighb.org/family_centers.aspx

Family - Family Services

Neighborhood House's Family Centers help stabilize families in crisis by meeting basic needs. Services are tailored to address family history, income and housing status on a case-by-case basis.
Each Family Center location is a one-stop-shop for services and referrals. Participants and staff work together to identify needs, discuss potential solutions, and create a plan for the future.
Dayton's Bluff Elementary
262 Bates Avenue
Saint Paul, MN 55106
http://www.neighb.org/family_centers.aspx

Family - Family Services

Stable families are a cornerstone of a strong Minnesota. The Minnesota Department of Human Services helps keep children safe and provides families with supports to care for their children. This includes child protection services, out-of-home care, permanent homes for children, child support, food assistance programs, child care services and children's mental health services.
<https://mn.gov/dhs/people-we-serve/children-and-families/>

Family - Parenting

Call us at 855-427-2736 - English and Spanish 8 am - 8 pm Pacific Standard Time
We offer free emotional support through innovative, evidence-based programs proven to strengthen the empowerment journey of parents, children, youth, and communities.
Parents Anonymous is now a Free Evidence-Based family strengthening program for Parents or anyone in a parenting role, and Children and Youth, to address personal, psychological, peer, mental health, or substance abuse concerns.

<https://www.raisingfuture.org/>

Family - Parenting

709 University Avenue W, Suite 234
St. Paul, MN 55104
651-523-0099
<http://www.circleofparents.org/>

Family - Parenting

1-855-427-2736
Weekdays: 10:00 am pst to 7:00 pm pst
The National Parent Helpline is here for you and is open to parents and caregivers of children and youth of all ages. They offer Resources, a Helpline and Printable Materials!
<https://www.nationalparenthelpline.org/find-support>

Family - Parenting

Pillsbury Crisis Nursery
612-302-3500

Family - Family Services

Neighborhood House's Family Centers help stabilize families in crisis by meeting basic needs. Services are tailored to address family history, income and housing status on a case-by-case basis.

Each Family Center location is a one-stop-shop for services and referrals. Participants and staff work together to identify needs, discuss potential solutions, and create a plan for the future.

John A. Johnson Elementary

740 York Avenue

Saint Paul, MN 55106

http://www.neighb.org/family_centers.aspx

Family - Family Services

Neighborhood House's Family Centers help stabilize families in crisis by meeting basic needs. Services are tailored to address family history, income and housing status on a case-by-case basis.

Each Family Center location is a one-stop-shop for services and referrals. Participants and staff work together to identify needs, discuss potential solutions, and create a plan for the future.

Saint Paul Music Academy

27 Geranium Street

Saint Paul, MN 55107

http://www.neighb.org/family_centers.aspx

Family - Family Support

On any given day, an estimated 2.7 million children in America have at least one parent in prison or jail.

NRCCFI is the oldest and largest organization in the U.S. focused on children and families of the incarcerated and programs that serve them.

Disseminating accurate and relevant information
Guiding the development of family strengthening policy and practice

Training, preparing, and inspiring those working in the field

Including the families in defining the issues and designing solutions

<https://nrccfi.camden.rutgers.edu/>

Family - Parenting

Minnesota Parents Know is a resource filled with convenient and trusted child development, health and parenting information.

<http://parentsknow.state.mn.us/parentsknow/index.html>

Family - Parenting

414 South 8th Street

Minneapolis, MN 55404

612-339-9101

Through counseling, education programs and advocacy, The Family Partnership supports families in need and empowers them to solve their problems.

<http://www.thefamilypartnership.org/>

Family - Parenting

Parenting with Purpose

7111 West Broadway Suite 206

Brooklyn Park, MN 55428

9AM-4:30PM

(After hours leave a message on the voicemail and you will be called back the next day).

www.puc-mn.org

Oak Park Center provides free services to parents and children in times of crisis.

<http://www.puc-mn.org/>

Family - Parenting

The Kids Matter SRFC Website is designed to provide information and resources for all who care for kids and families in our communities. Raising children and youth is a group effort and everyone - parents, family members, teachers, neighbors, elected officials, communities - has a stake in the health and success of our kids.

Suburban Ramsey Family Collaborative Staff

Contact Information

Email: MarySue.Hansen@isd623.org

Phone number: 651-604-3514

Peggy Huot-Hansen

Project Manager

Email: Peggy.Huot-Hansen@isd623.org

Phone number: 651-604-3585

Suburban Ramsey Family Collaborative

1910 West County Road B

Roseville, MN 55113

Fax number: 651-604-350

<http://kidsmattersrhc.org/>

Food - Food Pantry

WhyHunger Hotline: 866-348-6479

Call, text or click on the link to their website to find food pantries, soup kitchens, summer meals sites, government nutrition programs and grassroots organizations.

<http://www.whyhunger.org/find-food>

Food - Food Pantry

Find a food bank near you! The Feeding America nationwide network of food banks secures and distributes more than 3 billion meals each year. Contact your local community food bank to find food.

<http://www.feedingamerica.org/find-your-local-food-bank/>

Food - Food Pantry

Ample Harvest works to reduce food waste by connecting gardeners to their local food pantries so that excess garden bounty can be shared with those in need. Use the search tool to look for a local food pantry near you.

<https://ampleharvest.org/find-food/>

Food - Food Pantry

The people of Minnesota have a long-standing history of concern and generosity when it comes to helping those who are hungry and in need.

NorthPoint Emergency Food Shelf embodies that concern in North Minneapolis. NorthPoint Emergency Food Shelf has steadily grown over the years as the need to feed the hungry has increased.

The food distributed by our food shelf comes from donations of food and/or cash to purchase food.

Our support comes from the State of Minnesota, various churches, businesses, organizations and individuals that share a common concern: Hunger.

763-503-2892
www.parentingwithpurpose.org
Supports ex-offenders and their families with resources that are in the community. This includes mentoring, parenting classes and school visits.
<http://parentingwithpurpose.org/>

Family - Parenting

Responsible Parenting Classes, offers reintegration support for men coming out of prison. Meetings every Tuesday and Thursday from 5 - 7:30 p.m. Dinner and childcare provided. (You don't have to be a father to attend).
3023 4th Ave. S
Minneapolis, MN 55408
612-455-4637
contact: John Turnipseed
<http://www.urbanventures.org/center-for-fathering>

Family - Parenting

There are a number of resources for fathers to provide help. These resources can range from parenting guides, financial assistance for single fathers, relationship advice and more.

<http://www.resourcesforfathers.org/>

Food - Food Pantry

The Food Shelf is a local non-profit - not a government agency. Clients can receive food by visiting during service hours: Monday and Wednesday 12:00 a.m. - 3:00 p.m., Tuesdays and Thursdays 6:30 pm - 8:30 pm. You can also call to make an appointment: 763-422-0046
2615 9th Avenue North
Anoka, MN

Food - Food Pantry

100 North Oxford
Saint Paul, MN
(651) 251-9015
10am to 130pm M-F
Clothing and food, an appointment is required for the food shelf.
<http://www.stpaulref.org/live-justice-2/hallie-q-brown-food-shelf/>

Food - Food Pantry

Find local pantries, soup kitchens, food shelves, food banks and other food help.
<https://www.foodpantries.org/st/minnesota>

Food - Food Pantry

The Wellstone Center
179 Robie Street East
Saint Paul, MN 55107
(Free parking available in the ramp)
<http://www.neighb.org/locations.aspx>

Food - Food Pantry

Provides food to low-income families in the Frogtown community who need help meeting their basic food needs. Also provides advocacy, information and referral.
595 Arundel Street
St. Paul, MN 55103-1602
Phone: 651-293-1931
Fax: 651-293-1931

1315 Penn Avenue North
Minneapolis, MN 55411
<http://www.northpointhealth.org/FoodShelf/tabid/93/Default.aspx>

Food - Food Pantry

Highland/Francis Basket
1293 Maynard Dr #410
Saint Paul MN 55116
http://www.neighb.org/food_shelf.aspx

Food - Food Pantry

Located in the rear of the large building at 1740 Van Dyke Street, St. Paul, MN 55109.
Call (651) 287-2088 with questions regarding eligibility or making donations.
Open Mondays, Wednesday and Thursdays, Merrick's food shelf serves 60 families a day. To ensure fairness and to prevent the need to arrive early, all eligible participants will enter their name into a drawing for numbers 1-60. You may enter the drawing 30 minutes prior to distribution. Please do not arrive earlier. If your name is not called during the lottery for the day please return on our next business day
1740 Van Dyke Street
St. Paul, MN 55109
<http://www.merrickcs.org/services/food-shelf>

Food - Food Pantry

Salvation Army East St. Paul
1019 Payne Ave., St. Paul, MN 55101
Ramsey County
Phone: 1 651-776-2653
Hours: M-F 8:00am & 1:00pm

Food - Food Pantry

The Department of Indian Work (DIW) has provided emergency services to families for more than 50 years and the need continues. With the help of congregations and individuals, DIW assists low-income individuals who are American Indian with the following emergency services: clothing closet, emergency transportation, food shelf, funeral assistance layettes for infants, and student assistance.
1671 Summit Avenue
Saint Paul, MN - 55105
(651) 644-2768
http://www.spacc.org/index.asp?Type=B_BASIC&SEC={DE4885B1-A271-411E-A738-7B301C3626D6}&DE;=

Food - Food Pantry

South St. Paul, MN 55075
651-455-1508
Neighbors, Inc is a food pantry.

Food pantry service hours: Mon - Fri: 8:15-4:30pm.

Food - Food Pantry

490 Hall Avenue
St. Paul, MN 55107
PHONE NUMBER: 651-224-1060
Food Resource Information: Loaves and Fishes/St. Matthew's Church is a food pantry. .

Food - Food Pantry

https://www.gtcuw.org/our_impact/in_my_community/sharing_korner/

Food - Food Pantry

1457 Rice Street (at Arlington Ave.), St. Paul, MN 55117
Ramsey County
Phone: 651-487-2792, Ext. 100
Description: Walk-in only.
Hours: Monday-Friday, 10am-11:30am and 1-3:30pm

Food - Food Pantry

After more than 20 years in operation, the Concordia University Food Shelf continues to serve a growing number of students. The Food Shelf opens on the second and fourth Tuesday of each month from 12 p.m. - 2 p.m. to allow income eligible off-campus students and members of the local community to select a bag or two of groceries.
1371 Marshall Avenue
Saint Paul, MN - 55104
(651) 641-8236
<http://info.csp.edu/Student-Resources/food-shelf/>

Food - Food Pantry

2833 N. Hamline Ave
Saint Paul, MN
(651) 756-7018
<http://www.keystoneservices.org/our-services/food-shelves-basic-needs>

Food - Food Pantry

St. Paul Park, MN 55016
3.25 miles from city center South St. Paul
651-458-0730
Friends In Need Food Shelf is a food pantry.
Food pantry service hours: Tues: 9:30-6pm

Food - Food Pantry

950 3rd St.
St. Paul Park, MN 55071
PHONE NUMBER: (651)458-9786
Food Resource Information: Our Mission: "To Engage The Community In Supporting Families And Individuals By Providing Access To Quality Used Clothing, Household Items And Furniture In A Convenient, Dignified Manner."

Food - Food Pantry

217 Mackubin Street
St. Paul, MN 55102
PHONE NUMBER: 651-929-4697
Food Resource Information: Bill's Pantry is a food pantry. .

Free - Free Phone

Assurance Wireless
P.O. Box 5040
Charleston, IL 61920-9907
1-888-321-5880
Assurance Wireless provides eligible consumers with free monthly data, unlimited texting, free monthly minutes plus a free Smartphone. Lifeline enrollment is available to individuals who qualify based on federal or state-specific eligibility criteria. Residents of homeless shelters, nursing homes and temporary addresses may also be eligible.

7380 Afton Road
Woodbury, MN 55125
PHONE NUMBER: 651-738-2338
Food Resource Information: Christian Cupboard Emergency Food Shelf is a food pantry.

Food pantry service hours: Fri: 9-1:30pm; 2nd Thurs: 5:30-7pm. .

Food - Food Stamps

Visit the website for more details or call their general information phone number:
651-266-8500
<https://www.co.ramsey.mn.us/hs/financialassistance.htm>

Free - Free Stuff

Clothing and hygiene items available.
3023 4th Avenue South
Minneapolis, MN
(612) 822-1634
<http://www.ibegin.com/directory/us/minnesota/minneapolis/peoples-exchange-3023-4th-ave-s/>

Free - Free Stuff

We are a grassroots and entirely nonprofit movement of people who are giving and getting stuff for free in their own Towns. It's all about reuse and keeping good stuff out of landfills. Membership is free.
<https://www.freecycle.org/>

Health - Addiction Recovery

Chemical Dependency Treatment and other services
1901 44th Avenue North
Minneapolis, MN 55412
612-588-7530
612-522-0694
For appointment scheduling, we are open weekdays from 8am to 4:30pm.
(fax)Email us at information@ctsiservices.org
<http://correctional-transition-service.minneapolis.mn.amfibi.com/company/us/c/91519-correctional-transition-service>

Health - Addiction Recovery

SMART Recovery is the leading self-empowering addiction recovery support group. Our participants

learn tools for addiction recovery based on the latest scientific research and participate in a world-wide community which includes free, self-empowering, science-based mutual help groups.

The SMART Recovery 4-Point Program helps people recover from all types of addiction and addictive behaviors, including: drug abuse, drug addiction, substance abuse, alcohol abuse, gambling addiction, cocaine addiction, prescription drug abuse, sexual addiction, and problem addiction to other substances and activities. SMART Recovery sponsors face-to-face meetings around the world, and daily online meetings. In addition, our online message board and 24/7 chat room are excellent forums to learn about SMART Recovery and obtain addiction recovery support. If you're new to SMART Recovery, get started with our introduction on the website.

<https://www.assurancewireless.com/lifeline-services/what-lifeline>

Free - Free Stuff

We are a grassroots and entirely nonprofit movement of people who are giving and getting stuff for free in their own Towns. It's all about reuse and keeping good stuff out of landfills. Membership is free.
<https://www.freecycle.org/>

Free - Free Stuff

T-Th - line forms at 9 a.m, doors open at 9:30 am - first come, first served.
Bus card available for guests with a new job. Letter on letterhead from supervisor is required.
Bus ticket available one way for an out of town funeral. Immediate family only (parent, child, spouse or sibling)
Bus tokens available only with services/voucher.
Gas card redeemable at any Holiday Station store. Available once every 12 months with picture ID, resident of Minneapolis (bring proof)
Corner of Hennepin Ave and N. 17th st in Minneapolis, MN
1600 Hennepin Ave
Minneapolis, MN 55403
<http://www.mary.org/>

Health - Addiction Recovery

Admissions and Intakes
3231 1st Ave S
Mpls, MN 55408
612-373-3366
Serving individuals with a broad spectrum of addiction issues; from those seeking treatment for the first time, to those who have been struggling with addiction for many years.
<http://www.mntc.org/>

Health - Addiction Recovery

Renaissance Program
The Renaissance Program is licensed outpatient chemical dependency treatment program that provides primary, relapse prevention and co-occurring disorders treatment services to meet the diverse needs of adults with substance use disorders.
Who We Serve:
The program serves adults (18+) who have a substance use disorder. Many of the people served by the program also suffer from a mental illness and are experiencing problems such as homelessness, poverty, violence, legal issues, and unemployment.
For Information please visit the website or call:
(612) 767-9192
<http://www.northpointhealth.org/CommunityServices/RenaissanceProgram/tabid/304/Default.aspx>

Health - Alcoholics Anonymous

There are over 118,000 Alcoholics Anonymous groups around the world. To find a local AA meeting today you can search by state, city, and day of the week. Can't find one close enough? Consider online AA meetings which offer the same wonder community from the comfort of your own home.
https://findrecovery.com/aa_meetings/

<http://www.smartrecovery.org/>

Health - Addiction Recovery

Hazelden offers multiple levels of outpatient care at its St. Paul location: day treatment, intensive out patient, immediate care and recovery housing.
680 Stewart Avenue
Saint Paul, MN - 55102
(651) 292-2400
https://www.hazelden.org/web/public/st_paul_mn_addiction_treatment_recovery_halfway_house.page

Health - Alcoholics Anonymous

Welcome to AA Minnesota, a state-wide recovery resource devoted to supporting the men and women of Minnesota. AA Minnesota helps individuals struggling with alcoholism find the help they need on a local basis. Discover Minnesota Alcoholics Anonymous meetings per county or city, and take the next step to overcome alcohol addiction.
<https://alcoholicsanonymous.com/aa-meetings/minnesota/>

Health - Counseling Services

7575 Golden Valley Rd 230
Golden Valley, MN
(763) 525-8590
Individual, group, children, and family therapy.
<http://pathwayspsych.com>

Health - Counseling Services

Confidential and affordable counseling services are available to people, regardless of religious affiliation or ability to pay, who live in the 12-county Archdiocese of St. Paul and Minneapolis. ??To learn more about Counseling Services or schedule an appointment, please call 651.647.3186. To request a phone call from Intake, e-mail jean.fagerstrom@cctwincities.org with your name and phone number.
<http://cctwincities.org/CounselingServices>

Health - Counseling Services

Counseling, education and support for children, adolescents and adults experiencing distress or disruption in their lives.
Cost:
Most health insurance providers accepted
Sliding fees based on income and family size
No one turned away due to inability to pay
Red Wing Counseling Office
Catholic Charities of Red Wing
Professional and Community Center
1407 West 4th Street, Room 115
Red Wing, MN 55066
Phone: 651.327.2190
<http://cctwincities.org/UrbanCounselingServices>

Health - Counseling Services

A general issues therapy group for men interested in reducing the effects of major life stressors, victimization and mental health issues. Most health insurance is accepted for payment. We also work on a sliding fee scale. The Men's Therapy Group is offered from 6 p.m. - 8 p.m. every Wednesday at Catholic Charities, 1276 University Ave., St. Paul, MN, 55104.
<http://cctwincities.org/CounselingServicesGroupPro>

Health - Counseling Services

2421 Chicago Ave. S
Minneapolis, MN
612-870-0565
M, W, F from 1-3pm and M-Th from 6:30-8:30pm
Short-term, face-to-face counseling, and referrals.
<http://www.walkin.org>
<http://www.walkin.org/>

Health - Counseling Services

Confidential and affordable counseling services are available to people, regardless of religious affiliation or ability to pay, who live in the 12-county Archdiocese of St. Paul and Minneapolis. To learn more about Counseling Services or schedule an appointment, please call 651.647.3186. To request a phone call from Intake, e-mail jean.fagerstrom@cctwincities.org with your name and phone number.
<http://cctwincities.org/CounselingServices>

Health - Counseling Services

Counseling, education and support for children, adolescents and adults experiencing distress or disruption in their lives
Cost:
Most health insurance providers accepted
Sliding fees based on income and family size
No one turned away due to inability to pay
1276 University Avenue
St. Paul, MN 55104
651.647.3100
Intake: 651.647.3186
651.641.1005 (fax)

<http://cctwincities.org/UrbanCounselingServices>

Health - Counseling Services

Learn how to listen and talk more effectively about concerns and differences in a way that helps increase understanding, reduce tension and hostility and enrich relationships. Couple Communication is a five-week program for adult couples. The first week is a 30-minute, required private orientation interview.

Classes are held from 6 p.m. - 8:30 p.m. Tuesday evenings at Catholic Charities, 1276 University Ave., St. Paul, MN 55104. Cost is determined on a sliding fee scale. Childcare may be available upon request.
<http://cctwincities.org/CounselingServicesGroupPrograms>

Health - Counseling Services

Therapeutic Lifestyle Change Group for Depression
A therapy group for people with a primary diagnosis of mood disorders. The group can stand alone or supplement individual counseling and will focus on evidence-based holistic lifestyle changes. Sliding fee scale and most insurance accepted. The group will meet from 6 p.m. - 8 p.m. at Catholic Charities, 215 Old 6th St., St. Paul, MN 55102. Fall dates will be announced shortly.
<http://cctwincities.org/CounselingServicesGroupPrograms>

Health - Crisis Hotline

grams

Health - Counseling Services

A nationally recognized outpatient mental health clinic, Wilders Child Guidance Clinic is open to anyone who is in need of mental health assessment, diagnosis, or treatment. Wilder accepts insurance coverage, private pay and offers sliding scale for those who are uninsured or underinsured. We serve children who may be experiencing social or personal challenges. Wilder also serves children who have experienced significant trauma and may have very complex mental health needs. Our staff are able to diagnose and treat behavioral and emotional disorders including post traumatic stress. We offer culturally competent services for Southeast Asian children and families and employ a bilingual staff and case managers.
Phone: 651-280-2000
The Children and Family Mental Health Clinic is located at 451 Lexington Parkway North - on the corner of Lexington Parkway and University Avenue in Saint Paul.
<http://www.wilder.org/Programs-Services/Children-Family-Mental-Health/Pages/default.aspx>

Health - Free/Sliding Scale Clinic

1,400 Free and Charitable Clinics and Pharmacies provide access to healthcare for uninsured and underinsured people in communities across the U.S. Find one near you!
<https://nafcclinics.org/>

Health - Free/Sliding Scale Clinic

NorthPoint accepts most major medical and dental insurance plans including Medica, Health Partners, BlueCross BlueShield, Preferred One, U Care, Medicare, State of Minnesota, Delta Dental and Metropolitan Health Plan. We will bill services directly to your insurance provider. Patients without insurance will not be turned away. If you are a low-income patient, you may be eligible for one of our reduced fee programs. Please visit the website or call for more information!
Appointments
(612) 543-2522
Transportation
(612) 543-2588
8:30 a.m. - 5:00 p.m.
1315 Penn Avenue North
Minneapolis, MN 55411
<http://www.northpointhealth.org/MedicalClinic/tabid/300/Default.aspx>

Health - Free/Sliding Scale Clinic with Dental

Serves African American adult men living in Hennepin County. Walk-ins welcome, as are referrals from street outreach.
1315 Penn Ave N. Room 86
Minneapolis, MN 55411

<http://www.northpointhealth.org/>

Health - Health Department

All services can be found on the website.
<https://www.health.state.mn.us/people/index.html>

Health - Mental Health

Domestic Violence Hotline 1-800-799-7233(SAFE)
StrongHearts Native Helpline 1-844-7NATIVE
(1-844-762-8483)
Runaway Safeline 1-800-RUNAWAY /
1-800-786-2929
Human Trafficking Hotline 1-888-373-7888
Child Abuse Hotline - 1-800-4-A-CHILD
(1-800-422-4453)
Substance Abuse Treatment - 1-800-662-HELP
(4357)
Center for Missing and Exploited Children (NCMEC)
Hotline - 800-8435678
Sexual Assault Telephone Hotline - 800-656-HOPE
(4673)
Suicide Prevention Lifeline Hotline - 800-273-8255
<https://www.acf.hhs.gov/acf-hotlines-helplines>

Health - Free/Sliding Scale Clinic

Clinics listed on our website offer services for free or at a reduced rate. Many clinics are operate under a sliding scale schedule. This means that costs to patients are calculated based on income.
<https://www.freeclinics.com/>

Health - Free/Sliding Scale Clinic with Dental

Listings that can help low-income and uninsured people connect with a clinic or community health center in their area. These clinics offer free and discounted rates for medical and dental care. Our county listings include contact information, a listing of services and any further remarks that may be pertinent to our users, such as free services provided, discounted services provided and clinic operating hours.
https://freeclinicdirectory.org/minnesota_care.html

Health - Free/Sliding Scale Dental Clinic

We continuously update our website with new information on dental clinics. Many of the resources for dental care are free, but many are based on income and/or discounted in other manners. Please review the listings and contact the dental clinics through the websites provided (and/or phone numbers listed), to obtain full details. We do not offer guidance. If you find any of our information improper, or if you have any question, please email us at support@thedentistsnearme.com. We will immediately reply to your email.
https://www.usdentalservice.com/?gclid=EAlaIqobChMlyH1p9_k9gIVWZcAAB0Irg1FEAEYASAAEgK7c_vD_BwE

Health - Mental Health

3249 Hennepin Ave. # 55
Minneapolis, MN
612-822-5892 (Randy)
Men in Transition- Wednesdays 730-930pm - topics focus on the difficulties men face when reentering the community from prison environment
Choosing Healthy Sexual Boundaries- Saturdays 10 to noon
<http://www.tcmc.org>

Health - Mental Health

Hennepin County Medical Center HCMC
Acute Psychiatric Services
701 Park Avenue
Minneapolis, MN 55415

The Banks Building
615 First Avenue NE, Suite 145
Minneapolis, MN 55413
(612) 436 - 0295

We are proud to support a group of therapists and prescribers with a wide variety of skills and specialties. During your initial phone call, we will ask you a set of questions designed to determine the best therapist to meet your needs.
<http://www.healthcounselingservices.com/>

Health - Mental Health

Women Planting Seeds
Mary Whitney
PO Box 6834
Minneapolis, MN 55406
612-558-5721
sunny@presenter.com
www.womenplantingseeds.org
Provides classes on self-esteem and healthy relationships. Works with victims of domestic violence; also, women and youth exiting Corrections. Offers the only program in the Twin Cities that specifically targets women coming out of incarceration.
<http://www.womenplantingseeds.org/>

Health - Narcotics Anonymous

Join the millions who have found comfort and hope within these nonjudgmental communities and have successfully freed themselves from the struggles of addiction. Find local NA meetings by location, day of the week, and time.
<https://findrecovery.com/na-meetings/>

Health - Reduced Cost Medication

HELPLINE (800) 503-6897 in English or Spanish. Find help with the cost of medicine! We offer a free drug discount card that may help you obtain a substantially lower price on your medications.
<https://www.needymeds.org/drug-discount-card>

Health - Rehabilitation Center

The Second Step Supportive Housing Program was founded by a Fellowship Club Alumnus in 1997, to provide a safe, comfortable and supportive environment for those in early recovery.
PO Box 16281
St Paul 55102
877-570-3982
<http://www.secondstephousing.com/>

Health - Support - Life Coaching

Wednesdays 7:30 - 9:30 p.m. Drop in support group focusing on issues involved in reentering the community after incarceration. Open to men and women.

They also have a number of men's groups, including Survivors of Sexual Abuse, Choosing Healthy Sexual Boundaries, Living with HIV, General Men's Issues, and support for gay and bisexual men.
3249 Hennepin Ave. #55
Minneapolis, MN 55408
612-822-5892
contact: Randy Genrich
<http://www.tcmc.org/>

Money - Finances/Budgeting

24-hour walk-in crisis intervention and call lines.
Crisis Intervention:
612-873-3161
Suicide Prevention:
612-873-2222
www.hcmc.org/depts/psych/cic.htm
Offers crisis counseling, assessment and referral.
<http://www.hcmc.org/index.htm>

Health - Mental Health

A nationally recognized outpatient mental health clinic, Wilder's Child Guidance Clinic is open to anyone who is in need of mental health assessment, diagnosis, or treatment. Wilder accepts insurance coverage, private pay and offers sliding scale for those who are uninsured or underinsured.
Amherst H. Wilder Foundation
451 Lexington Parkway North
Saint Paul, MN 55104

Phone: 651-280-2000
<http://www.wilder.org/Programs-Services/Children-Family-Mental-Health/Pages/default.aspx>

Health - Reduced Cost Medication

(888) 311-6224 x115
Save an average of 15-55% on your prescriptions!
Print a free card or download the app to your phone.
<https://www.americasdrugcard.org/index.aspx>

Health - Rehabilitation Center

Five Stars Recovery Center
102 East 2nd Street, Suite 110B
Chaska, MN 55318
952.448.6557
FAX 952.448.6047
CD Recovery Services, Inc. provides licensed Group Residential Sober Housing for individuals in recovery from alcohol and/or drug addiction.
<http://www.fivestarsrecoverycenter.org/contact-us/>

Health - Rehabilitation Center

Men, Faith-based
Saint Paul Spirit House was established in 2003 to serve a need in the recovery community for Faith Based Mens Sober Housing.
Community, Accountability and Spirituality are the foundations to our program.
<http://stpaulspirithouse.com/home.html>

Money - Finances/Budgeting

965 Payne Ave.
St. Paul, MN 55130
651.717.4950
Financial planning and assistance.

Money - Finances/Budgeting

800.388.2227
Free Credit Counseling! Our mission is to help all Americans gain control over their finances. For over 60 years, NFCC and its member agencies have helped people just like you pay off debt and grow in their financial capability. Our services help people overcome financial challenges at nearly every stage of life.
<https://www.nfcc.org/>

GreenPath will work with you to build a personalized plan of action for regaining control of your debt. We assess your household budget, find places for you to save, and help you prioritize your payments to creditors and plan a lifestyle that you can afford. It all works toward helping you achieve your financial goals, better manage debt and avoid problems in the future. Available in Spanish.
<http://www.greenpath.com/>

Money - Finances/Budgeting

800.388.2227
Free Credit Counseling! Our mission is to help all Americans gain control over their finances. For over 60 years, NFCC and its member agencies have helped people just like you pay off debt and grow in their financial capability. Our services help people overcome financial challenges at nearly every stage of life.
<https://www.nfcc.org/>

Money - Free Credit Report

Get a free copy of your credit report every 12 months from each credit reporting company.
<https://www.annualcreditreport.com/index.action>

Reentry Resource - Multiple Resources Available

2211 Clinton Ave South
Minneapolis, MN 55401
612-874-9292
Contact Richard Amos
Will help find an apartment and employment. he specializes in finding housing for ex-offenders.

Reentry Resource - Multiple Resources Available

If you are experiencing homelessness or are at risk of homelessness, please contact Hennepin County Human Services 612-348-4111.
1800 Chicago Avenue N323
Minneapolis, Minnesota 55404
<http://www.hennepin.us/headinghomehennepin>

Reentry Resource - Multiple Resources Available

Search for benefits in Education, Grants, Loans, Social Security, Housing and Utilities, Employment and Career Development, Financial Assistance and more.
<https://www.benefits.gov/categories>

Reentry Resource - Multiple Resources Available

211 connects you with thousands of nonprofit and government services in your area. If you want personal assistance call the three-digit number 211 or 877-947-2211. A friendly voice to talk with you 24/7/365. This is the general link. Minnesota does not offer one for the state.
<https://www.211unitedway.org/>

Reentry Resource - Multiple Resources Available

180 Degrees, Inc.
236 Clifton Avenue S.
Minneapolis, MN 55403
Phone: 612.813.5000

Money - Free Credit Report

Free credit reports authorized by federal law. Federal law allows you to get a free copy of your credit report every 12 months from each credit reporting company.

<https://www.annualcreditreport.com/index.action>

Money - Social Security Benefits after Incarceration

Social Security and Supplemental Security Income Benefits

Individuals released from incarceration may be eligible for Social Security retirement, survivors, or disability benefits if you have worked or paid into Social Security enough years or Supplemental Security Income benefits if you are 65 or older, or are blind, or have a disability and have little or no income and resources.

If you believe you qualify, call our toll-free telephone number, 1-800-772-1213.

If you are deaf or hard of hearing, call TTY 1-800-325-0778.

<https://www.ssa.gov/reentry/benefits.htm>

Reentry Resource - Multiple Resources Available

180 Degrees, Inc.
236 Clifton Ave. S
Minneapolis, Minnesota 55403

<http://www.mnsecondchancecoalition.org/>

Reentry Resource - Multiple Resources Available

Post-prison outreach
3559 Penn Avenue North
Minneapolis, MN 55412
(612) 522-9007
<http://myfreedomworks.com/>

Reentry Resource - Multiple Resources Available

Our findhelp technology powers Americas leading social care network. Our network features more than 300,000 free and reduced-cost programs in all 50 U.S. states, territories, and Puerto Rico, powering social care systems for hundreds of customers nationwide.

<https://www.findhelp.org/find-social-services/minnesota>

Reentry Resource - Multiple Resources Available

Scroll down the page to find your state. Titles in the left column will lead you to resources available nationwide.

If you scroll down the page to find your state name, you can click on that for statewide resources.

<https://www.needhelppayingbills.com/index.html>

Reentry Resource - Multiple Resources Available

Find free or extremely affordable furniture for your home.

The 180 Degrees residential program provides transitional housing to adult male offenders released from prison.

<http://www.180degrees.org/>

Reentry Resource - Multiple Resources Available

Catholic Charities's Visitation Place provides affordable, permanent housing for low-income adults and families. Visitation Place contains 16 two and three bedroom apartment units in a convenient St. Paul location.

Preference is given to renters with rental subsidies from outside agencies such as Section 8 or Housing Trust Fund.

1034 Lafond Avenue

St. Paul, MN 55104

651-647-2550

<http://cctwincities.org/Visitation>

Reentry Resource - Multiple Resources Available

Emerge Re-entry Services

1101 W. Broadway #200

Minneapolis, MN 55411

612-529-9267

bransone@emerge-mn.org

www.emerge-mn.org

Assists clients with employment, housing placement, retention support, and career-specific training opportunities. Open to any person who has been released from a MN Correctional Facility within the past 2 years.

<http://www.emerge-mn.org/>

Reentry Resource - Multiple Resources Available

Damascus Way

5730 Olson Memorial Highway

Minneapolis, MN 55422

Phone: (763) 545-6558

Fax: (763) 545-7672

Email: weshard@covad.net

Damascus Way was established to assist men being released from prison to find jobs and housing in a structured and caring environment. With two locations, the programming is the same. The Minneapolis facility has 18 beds; the Rochester program has 24 beds.

Damascus Way seeks to provide a structured, caring, Christian-oriented program that will enable adult males involved in the correctional system to remain crime and chemical free, while assisting them in addressing their personal issues and meeting their individual goals, in order to assure their successful integration as productive citizens serving God and their communities.

<http://damascusway.com/>

Reentry Resource - Programs

180 Degrees, Inc.

236 Clifton Avenue S.

Minneapolis, MN 55403

Phone 612.813.5000

The SONIC program provides services to individuals re-entering the community from correctional facilities and other residents from the community facing barriers to employment and housing as a result of a criminal conviction.

201 W 87th St
Bloomington, MN 55420
952-888-1105
<http://www.bridging.org/>

Reentry Resource - Multiple Resources Available

Amicus RECONNECT
3041 Fourth Avenue South 2nd Floor
Minneapolis, MN 55408
612-877-4265
RECONNECT matches ex-offenders with resources to meet their basic needs, including referrals for employment, housing, transportation, and voicemail. Amicus is a program and drop-in center providing information, referrals, and specialized one-on-one planning tailored to the specific challenges that come with having a criminal background. The award-winning staff, some who are former offenders themselves, have expertise in the community and resources available to this population.
<http://www.amicususa.org/programs/reconnect/>

Reentry Resource - Multiple Resources Available

Hennepin County Library
Freedom Ticket Program
612-543-8852
Offers links to library resources, programs and re-entry tools to help people released from correctional facilities rejoin their community.
<http://www.hclib.org/about/outreach>

Reentry Resource - Programs

100 N 6th St Ste 529B
Minneapolis, MN 55403
612-348-8570
Amicus partners with inmates, ex-offenders, juvenile offenders, at risk youth and communities to build successful lives and stronger communities.
<http://www.amicususa.org/>

Reentry Resource - Programs

NorthPoint Health and Wellness Center
African American Men Project
1315 Penn Ave. N. Room 86
Minneapolis, MN 55411
For an appointment: 612-767-9500
Serves African American adult men living in Hennepin County.
Walk-ins welcome, as are referrals from street outreach. If you don't meet the age requirement (18 and over), call a number above for other resources. Re-entry group meets Monday and Wednesday. AAMP provides classes addressing the personal development needs of ex-offenders re-entering society.
<http://www.northpointhealth.org/CommunityServices/AfricanAmericanMenProject/tabid/85/Default.aspx>

Reentry Resource - Programs

The Twin Cities Mens Center
Transitions
3249 Hennepin Ave. # 55
Minneapolis, MN 55408

<http://www.180degrees.org/>

Reentry Resource - Programs

Transitional Conferencing, Inc
P.O. Box 3152
Minneapolis, MN 55403
651-774-8709
www.transitionalconferencing.org
Transitional Conferencing assists in the process of reintegration from prison into community and family life. Our goal is to help re-establish and strengthen relationships between offenders, family members, and the faith community so that the offenders transition home will be a positive and permanent one.
Email: mamaas4@hotmail.com
<http://www.transitionalconferencing.org/>

Reentry Resource - Programs

Assists in clients who are recently released with employment and housing needs. This program has its own housing units and own job placement work crew.
Clients are selected while still in prison for this program.
1017 Olson Memorial Highway
Minneapolis, MN 55405
612-455-6133 X107
contact Jeff Williams
<http://networkforbetterfutures.com/>

Shelter - Energy Assistance

The Energy Assistance Program pays up to \$2,000 towards heat, power and water costs, and is free for all eligible households.
<https://mn.gov/commerce/consumers/consumer-assistance/energy-assistance/>

Shelter - Financial Counseling

HUD sponsors housing counseling agencies throughout the country that can provide advice on buying a home, renting, defaults, foreclosures, and credit issues. This link sends you to a page that allows you to select a list of agencies for each state. You may search more specifically for a reverse mortgage counselor or if you are facing foreclosure, search for a foreclosure avoidance counselor.
<http://hud.gov/offices/hsg/sfh/hcc/hcs.cfm?weblistaction=summary>

Shelter - Homeless Assistance

Catholic Charities' Glenwood Residence offers 80 units of permanent housing to late-stage, chronic alcoholics. Many low-income, homeless, chronic alcoholics have struggled to attain sobriety. Glenwood Residence serves chronic alcoholics in Hennepin County who have had repeated admissions to detoxification centers and a history of failure in traditional chemical dependency treatment programs. Glenwood Residence
173 Glenwood Avenue N.
Minneapolis, MN 55405
612-204-8405
<http://cctwincities.org/Glenwood>

Shelter - Homeless Assistance

Catholic Charities' Trafficking Victims

612-822-5892
www.tcmc.org
Wednesdays 7:30-9:30 PM.
Drop-in support group focusing on issues involved in reentering the community after incarceration.
Open to men and women.
<http://www.tcmc.org/>

Reentry Resource - Programs

AccessAbility's Career and Educational Pathways (CEP) program is a supportive services program developed for incarcerated people in transition. CEP specifically aims to help participants by designing individual case plans that incorporate education and career assistance, as well as providing them with social service wrap around supports necessary to their personal success. They also offer educational assistance and industry-specific training.
AccessAbility, Inc.
360 Hoover Street NE
Minneapolis, MN 55413
<http://www.accessability.org/ProgramsServices/CEP/index.html>

Shelter - Energy Assistance

Hope Street Shelter, located in south Minneapolis, provides emergency shelter and intensive case management services for youth and young adults experiencing homelessness ages 16 - 20 escaping abusive living situations or street life.
Hope Street Emergency Shelter?
1121 46th Street E
Minneapolis, MN 55407
612.204.8211
612.827.9343 fax?
<http://cctwincities.org/page.aspx?pid=478>

Shelter - Homeless Assistance

Catholic Charities' Evergreen Residence offers 88 units of single room occupancy permanent housing for independent, single adults experiencing homelessness.
Evergreen Residence
173 Glenwood Avenue N.
Minneapolis, MN 55405
612-204-8406
<http://cctwincities.org/Evergreen>

Shelter - Homeless Assistance

Hope Street collaborates with Minneapolis Public Schools and northwest suburban schools to provide homelessness prevention services which identify youth at risk of homelessness and provides support services to those individuals. Case managers work with youth and their families.
Hope Street for Homeless Youth
1121 46th Street E.
Minneapolis, MN 55407
612-204-8211
<http://cctwincities.org/page.aspx?pid=583>

Shelter - Homeless Assistance

Open Access Connections
Twin Cities Emergency Shelter: Transitional Housing
Metro Shelter Hotline Info
1-888-234-1329
Info@openaccessconnections.org

Services program assists victims of trafficking in rebuilding their lives and restoring well-being.
Hemlal Kafle
Trafficking Victims Services
1276 University Ave. West
St. Paul, MN 55104
651.647.3176
Hemlal.Kafle@cctwincities.org
<http://cctwincities.org/TraffickingVictimsServices>

Shelter - Homeless Assistance

To Provide/Coordinate Preventive Transitional And Permanent Housing And Supportive Services For Veterans Who Are Experiencing Homelessness Or Who Are In Danger Of Becoming Homeless And Who Are Motivated Towards Positive Change.
360 Robert Street North
St Paul, MN 55101
(651)292-0145

Shelter - Homeless Shelter

651-228-1800 (general)
77 9th St East
St. Paul, MN 55101
<http://ugmtc.org/>

Shelter - Homeless Shelter

Tubman helps women, children and families struggling with relationship violence, substance abuse and mental health. Throughout the Twin Cities, Tubman provides safe shelter, legal services, counseling, elder care resources, youth programming and community education while guiding and sustaining individuals and families on the journey from chaos and fear to healing and restoration.
3111 First Avenue South
Minneapolis, MN 55408
612.825.3333
<http://tubman.org/home/>

Shelter - Homeless Shelter

Open 365 days a year, the emergency homeless shelter near downtown Minneapolis offers a warm place to rest and spend nighttime hours. A light dinner and breakfast are served and shower facilities are available
The Pay-for-Stay facility offers 80 beds, lockers, linens, showers and access to employment resources to men trying to escape the streets. The money guests pay for shelter is held in trust to be used as rental deposits when they move into permanent housing. Pay-for-Stay is located on the second floor of Secure Waiting.
80 spaces
\$7 per night
Fees held in trust for down payments for permanent housing
Light dinner and breakfast
Beds, linens, lockers and showers available
Higher Ground Shelter?
165 Glenwood Avenue?
Minneapolis, MN 55405
612.204.8550
<http://cctwincities.org/highergroundshelter>

Shelter - Homeless Shelter

Free Communication Tools for People in Need
1821 University Ave, Suite N-184
St. Paul, MN 55104
651-643-0883
<http://openaccessconnections.org/>

Shelter - Homeless Shelter

The Homeless Shelter Directory provides listings for Homeless Shelters and Homeless Service Organizations around the country. This includes supportive resources.
<http://www.homelessshelterdirectory.org>

Shelter - Homeless Shelter

1725 Monastery Way
Maplewood, MN 55109
651.789.6770
<http://tubman.org/home/>

Shelter - Homeless Shelter

Exodus Residence provides low-cost supportive housing units for men and women experiencing homelessness. Clients in the Exodus Health Supported Housing program receive intensive RN care coordination and work toward health care stabilization.
Exodus Residence
819 Second Avenue South, Minneapolis, MN 55402
612-204-8330
<http://cctwincities.org/Exodus>

Shelter - Homeless Shelter

Hope Street Outreach targets youth 16-24-years-old who are experiencing homelessness.
Services
Crisis intervention
Access to basic needs including food, clothing, hygiene supplies and transportation assistance
Referrals to medical services, emergency shelters and other support services
Case management
Hope Street for Homeless Youth
1121 46th Street E.
Minneapolis, MN 55407
612-204-8211
<http://cctwincities.org/page.aspx?pid=608>

Shelter - Homeless Shelter

Hispanic Outreach provides culturally appropriate support in meeting the basic needs of members of the Latino community. The program serves those most in need in the Spanish-speaking Latino community.
Services:
Short-term case management
Emergency food and shelter for new Latino immigrants in form of vouchers
Limited assistance with immigration fees
Educational outreach on current issues affecting the Latino community
Information and referrals
Contact:
Hispanic Outreach?
1276 University Ave W?
St. Paul, MN 55104?
651.647.3109
<http://cctwincities.org/HispanicOutreach>

Dorothy Day Center
183 Old 6th St., St. Paul 55102
651-647-2350
More info
Emergency shelter for up to 200 adults and 42-bed shelter for women, housing assistance and placement, meals, medical services, laundry, supportive services
<http://cctwincities.org/HelpFindingHousing>

Shelter - Homeless Shelter

Catholic Charities' Mary Hall Men's Shelter offers 20 beds for single adult men. Services offered help men experiencing homelessness gain the skills to overcome barriers and move onto next step housing. Intake is done at Mary Hall.
Services
Case management
Evening meals
Substance abuse counseling
Employment resources
Housing search resources
Computer lab
Library
Independent living skills training
Contact
Mary Hall
438 Main Street
St. Paul, MN 55102
651-647-2340
<http://cctwincities.org/MaryHallShelter>

Shelter - Homeless Shelter

The Family Place is a welcoming, safe place for homeless families with children to stay during daytime hours.
244 Tenth St East
Saint Paul, MN 55101
651-225-9354

Shelter - Low Income Housing

53 Glenwood
Minneapolis, MN
55403
Phone 612-659-0705
Single room efficiencies. Thirty percent of income. Application and waiting list. Men and women.

Shelter - Low Income Housing

Authorized Section 8 and HRA
651-602-1000
390 Robert St N,
St. Paul, MN

Shelter - Low Income Housing

Mercy Housing Gives a Home to Low-Income Families, Seniors, Individuals, and People with Special Needs Nationwide. Our mission is to create stable, vibrant and healthy communities by providing affordable, service-enriched housing.
<https://www.mercyhousing.org/regional-offices/>

Shelter - Low Income Housing

Alliance Housing Incorporated
2309 Nicollet Avenue
Minneapolis, MN 55404
Phone: 612-872-2310
Fax: 612-870-7446
info@alliancehousinginc.org

Shelter - Homeless Shelter

Hennepin County After-hours Shelter Team
1000 Currie Ave.
612-673-9138

For those with an emergency shelter need after the county offices close.

Hours are 3p.m.-11p.m. Everyday

Shelter - Housing Authority

Find a HUD location near you.

<https://www.hud.gov/states>

Shelter - Low Income Housing

651-247-8818

Contact Michael Davis

Call to set up a meeting.

For ex-offenders re-integrating into society and are in need of permanent housing. Own and rent out several properties in the Minneapolis and St. Paul area.

Most are \$475 - \$840 a month depending on property and location. One bedroom houses, condominium and duplexes are available.

Available to everyone regardless of criminal background Please do not apply from within prison.

Shelter - Low Income Housing

U.S. Department of Housing and Urban Development

451 7th Street S.W.

Washington, DC 20410

Telephone: (202) 708-1112 TTY: (202) 708-1455

Find the HUD office near you!

<http://portal.hud.gov/hudportal/HUD>

Shelter - Low Income Housing

Housing Works fights for funding and legislation to ensure that all people living with HIV/AIDS have access to quality housing, healthcare, HIV prevention, and treatment, among other lifesaving services.

<http://www.housingworks.org/>

Shelter - Low Income Housing

Housing and job opportunities for high risk men.

1017 Olsen Highway

Minneapolis, MN 55405

612-455-5100

<http://betterfuturesenterprises.com/>

Shelter - Low Income Housing

Housing Resource Center

2414 Park Ave., Minneapolis

Mon. - Thurs. 1:30 p.m. - 3:30 p.m.

612-879-5266

<http://cctwincities.org/OpportunityCenter>

Shelter - Low Income Housing

70 units with single room occupancy. Residents must be able to live independently. Rent is \$340 for regular size room and \$435 for a larger room. Damage deposit is required upon move in. Must be employed or have stable income.

651-290-6828 or 651-224-8547

Shelter - Low Income Housing

Find low income apartments in Minnesota along with non profit organizations that help with low

The mission to Alliance Housing is to create, own, and operate housing for low and very low income people in Minneapolis and the wider Twin Cities metropolitan area.

<http://www.alliancehousinginc.org/>

Shelter - Low Income Housing

The Hope Street Permanent Supportive Housing Program assists youth 18 to 24-years-old who are experiencing homelessness in securing permanent housing in the community and becoming self-sufficient. A case manager provides intensive case management, rental assistance, home visits, independent living skills training and educational counseling and referrals.

Hope Street for Homeless Youth

1121 46th Street E.

Minneapolis, MN 55407

612-204-8211

<http://cctwincities.org/pages/get-help/hope-street-permanent-supportive-housing-program>

Shelter - Low Income Housing

Amicus RECONNECT

3041 Fourth Avenue South 2nd Floor

Minneapolis, MN 55408

612-877-4265

RECONNECT matches ex-offenders with resources to meet their basic needs, including referrals for employment, housing, transportation, and voicemail. Amicus is a program and drop-in center providing information, referrals, and specialized one-on-one planning tailored to the specific challenges that come with having a criminal background. The award-winning staff, some who are former offenders themselves, have expertise in the community and resources available to this population.

<http://www.amicususa.org/programs/reconnect/>

Shelter - Low Income Housing

823 E Seventh St

St Paul, MN 55106

(651)297-6227

This is a Non Profit Organization that may be able to provide housing assistance. Review the details below:

The Nhs Network Offers A Comprehensive Package Of Education, Lending, Development, And Home Rehabilitation Services To Strengthen Neighborhoods Throughout The Twin Cities.

Shelter - Shelters

We provide an online directory of shelters in Minnesota.

<https://www.shelterlist.com/state/minnesota>

Shelter - Transitional Housing

719 East 16th Street

Minneapolis, MN

55404

(612) 630-3600

Contact Bridgette Watson

Transitional housing and limited long term rental. 6 months to a year waiting list. No arson and/or sexual assault offenders.

Shelter - Transitional Housing

651-632-8344

income housing along with HUD apartments, public housing apartments, public housing authorities, and housing assistance agencies.
<https://www.lowincomehousing.us/MN.html>

Shelter - Shelters

The Hope Street Transitional Living Program provides housing for 12 homeless males 16 to 21-years-old. Youth counselors and a case manager provide services, including basic needs, goal setting, emotional and therapeutic assistance, independent living skills training and recreational activities. Other services include access to the community health clinic at St. Joseph's Home for Children, education and employment assistance, family counseling and after-care case management services. Youth must apply to the program prior to their twentieth birthday. Hope Street for Homeless Youth
1121 46th Street E.
Minneapolis, MN 55407
612-204-8211
Referrals to the program, call 612-204-8226
<http://cctwincities.org/page.aspx?pid=479>

Shelter - Transitional Housing

952-926-2600
3381 Gorham Ave,
St. Louis Park 55426

Shelter - Transitional Housing

Gentlemen Please Call Callan at 612-309-3322
Women Please Call Crystal Gardner at 651-587-9825
E-mail steppingstones@comcast.net
1361 Wellesley Avenue
Saint Paul, MN 55105
http://www.sfour.org/S4_About.html

Shelter - Transitional Housing

Catholic Faith-Based
For Men 30 and Over
Offers on-site structured spiritual guidance
Provides community living to heal and grow
Life coaching and workforce re-entry training
383 Portland Ave.
St. Paul, MN 55102
701.527.7769
<http://www.trinitysoberhomes.org/Home.html>

Shelter - Transitional Housing

Better Futures Enterprises
1017 Olson Memorial Highway
Minneapolis, MN 55405
Contact: Jeff Williams
612-455-6133 X107
info@betterfutures.net
www.networkforbetterfutures.com
Assists clients who are recently released with employment and housing needs; this program has its own housing units and own job placement work crew. (Clients are selected while still in prison for this program.)
<http://networkforbetterfutures.com/>

Shelter - Transitional Housing

St Paul, MN 55104
(612)227-4184
This is a Non Profit Organization that provides

Ask for Kizzie Downie

Shelter - Transitional Housing

Business Office
651-493-6658 (office)
651-493-6974 (fax)
contact@transitions.pro
1956 Feronia Avenue
Saint Paul, Minnesota 55104
<http://www.transitions.pro/>

Shelter - Transitional Housing

1-855-860-3119
Transitional, sober housing provides supportive housing along with drug and alcohol treatment for selective locations
<https://www.transitionalhousing.org/state/missouri>

Shelter - Transitional Housing

Twin Cities emergency shelter, transitional housing
Metro Shelter Hotline
1-888-234-1329
info@openaccessconnections.org

Shelter - Transitional Housing

670 N Robert St
St Paul, MN 55101
(651)224-1329
This is a Non Profit Organization that provides Transitional Housing. Over the last decade, we have begun providing housing and services to homeless women and most recently to homeless single-parents with four or more children. Fees may apply for this Transitional Housing resource. Contact Emma Norton Residence with the contact information we provided to get full details. Oftentimes you can apply for sliding scale fee payment or other options if you are low income. You will need to speak with them to see if you qualify.
<http://www.emmanorton.org/>

Shelter - Transitional Housing

Hearth Connection offers Supportive Housing through a network of providers in three regional long-term homeless projects. Our program yields tremendous success for people experiencing long-term homelessness. OUR SOLUTION to homelessness is Supportive Housing. We secure, distribute and leverage government funds for housing and services and implement supportive housing best practices with an extensive network of providers.

2446 University Avenue West, Suite 150
Saint Paul, MN 55114
(651) 645-0676
<http://www.hearthconnection.org/>

Shelter - Transitional Housing

Alternate Housing for Adult Males Only,
Counseling, Case Management,
Department of Corrections, Facility Based (Inside)
Reentry Program, Housing - Transitional with Support, Housing with Meals, Spec Services - Ex-offender
236 Clifton Ave S
Minneapolis, MN 55304
612-813-5000

Transitional Housing. Review the details below:
Ain Dah Yung (Our Home) Center's mission is "to assist American Indian youth and families to thrive in safety, wholeness, and a healing place within the community".

Fees may apply for this Transitional Housing resource. Contact Ain Dah Yung Our Home Shelter with the contact information we provided to get full details. Oftentimes you can apply for sliding scale fee payment or other options if you are low income. You will need to speak with them to see if you qualify.

<http://www.aindahyung.com>

Shelter - Transitional Housing

This is a Non Profit Organization that provides Transitional Housing. Fees may apply for this Transitional Housing resource. Contact Ywca Of St. Paul Minnesota with the contact information we provided to get full details. Oftentimes you can apply for sliding scale fee payment or other options if you are low income. You will need to speak with them to see if you qualify.

375 Selby Ave
St Paul, MN 55102
(651)222-3741

<http://www.ywcaofstpaul.org/>

Shelter - Transitional Housing

1691 Oakbrooke Ct
Saint Paul, MN 55122

Shelter - Transitional Housing

Transitional housing is supportive housing that helps fight homelessness. Find transitional housing in your state by clicking on the link! We have over 6,864 transitional housing locations in our database. We also provide as much information on each housing location along with pictures.

<https://www.transitionalhousing.org/>

Transportation - Public Transportation

EMERGE Staffing Transportation Services
1101 W. Broadway
Minneapolis, MN 55411
612-529-9267

www.emerge-mn.org

Participants in EMERGE Staffing's job program can receive free rides to and from work. Provides free transportation for temporary employees to the worksite.

<http://www.emerge-mn.org/>

Transportation - Public Transportation

Will provide bus tokens to individuals who are working to overcome their barriers. Must be a resident of Minneapolis

511 Groveland (enter off Lyndale Ave)
Minneapolis, MN 55403
612-435-1315

Drop in hours : M, W, F 9:00 - 11:30 a.m.

<http://hennepinchurch.org/>

Transportation - Public Transportation

Will provide transportation assistance if enrolled in a jobs programs

2211 Clinton Ave. South
Minneapolis, MN 55404

<http://www.180degrees.org/>

Special Considerations - Veteran Support

3041 4th Ave. S.
Minneapolis, MN 55408
612-877-4250

Mondays through Thursday – 9 a.m. to noon, 1 p.m. – 3 p.m., Fridays – 9 a.m. to noon. No appointment is needed to see our counselors. All veterans are welcome to attend, whatever your rank, branch of service, Military Occupation Status, or discharge status. Attendance is never required, so feel free to check it out. Hope to see you there.

<http://www.amicususa.org/amicus-news/incarcerated-veterans-find-support/>

Transportation - Public Transportation

Participants in EMERGE Staffing's job program can receive free rides to and from work. Provides free transportation for temporary employees to the worksite.

1101 W. Broadway
Minneapolis, MN 55411
612-529-9267

<http://www.emerge-mn.org/>

Transportation - Public Transportation

helps working families purchase cars through a loan program. Also guides them through the car buying process. There are state income guidelines

Contact Mya
651-603-5880
450 Syndicate Street North
Saint Paul, MN 55104

<http://www.caprw.org/about-us/contact-us/>

Volunteer - Community Involvement

St. Stephen's Human Services Street Outreach At Central Lutheran Church

St. Stephen's Human Services, a 501c3 nonprofit, helps thousands of people secure housing and other support each year, but its beginnings were modest. In the 1960s, members of St. Stephen's Church began offering programs for the poor and homeless.

333 South 12th St., Minneapolis
Drop-in hours Mon. - Fri. 9:00 a.m. - 11:00 a.m.
612-879-7624 or free from a payphone
1-888-550-762

<http://www.ststephensmpls.org/about>

Volunteer - Volunteer Opportunities

Catholic Charities of St. Paul and Minneapolis invites you to volunteer your time to serve people most in need in our community. We welcome people of all faiths and will work with you to find an opportunity that matches your skills and interests. We offer on site and off site opportunities for individuals and groups.

Catholic Charities of St. Paul & Minneapolis

1200 2nd Ave. South,
Minneapolis, MN 55403

Tel: 612.204.8500

<http://cctwincities.org/pages/volunteer/volunteer-with-catholic-charities>

612-874-0311

<http://www.ststephensmpls.org/>

Volunteer - Donate Food

Hunter-Harvested only.

The Minnesota Department of Natural Resources, in cooperation with the Minnesota Department of Agriculture, has a program that allows Minnesota deer hunters to donate deer carcasses to food shelves and feeding programs. This program provides an excellent source of protein to people in need while helping reduce local deer populations.

<http://www.dnr.state.mn.us/hunting/deer/donation/index.html>

Volunteer - Volunteer Opportunities

We make it easy for good people and good causes to connect. We are a community that believes in the power of volunteering to enrich our lives and the world around us. Find locations to volunteer near you!

Virtual volunteer opportunities are also available -
<https://www.volunteermatch.org/virtual-volunteering>
<https://www.volunteermatch.org/>

Volunteer - Volunteer Opportunities

AccessAbility's Career and Educational Pathways (CEP) program is a supportive services program developed for incarcerated people in transition. CEP specifically aims to help participants by designing individual case plans that incorporate education and career assistance, as well as providing them with social service wrap around supports necessary to their personal success. They also offer educational assistance and industry-specific training.

AccessAbility, Inc.

360 Hoover Street NE
Minneapolis, MN 55413

<http://www.accessability.org/ProgramsServices/CEP/index.html>

Your Leisure Time - Leisure Activities

The mission of Meetup is to revitalize local community and help people self-organize. Meetup believes that people can change their personal world, or the whole world, by organizing themselves into groups that are powerful enough to make a difference. More than 9,000 groups get together in local communities each day, each one with the goal of improving themselves or their communities.

Please visit the website to join and find a meetup group!

<http://www.meetup.com/>

Your Leisure Time - Leisure Activities

The Y remains the nations leader in quality programs for healthy living, it has expanded over the years to include several programs and classes for the arts and humanities. Please visit the website to learn more, or just stop by!

Blaisdell YMCA

3335 Blaisdell Avenue
Minneapolis, MN 55408
612-827-5401

Volunteer - Volunteer Opportunities

We make it easy for good people and good causes to connect. We are a community that believes in the power of volunteering to enrich our lives and the world around us. Find locations to volunteer near you!

Virtual volunteer opportunities are also available -
<https://www.volunteermatch.org/virtual-volunteering>

<https://www.volunteermatch.org/city/Minneapolis%2C+MN%2C+USA>

Your Leisure Time - Leisure Activities

Whatever you're looking to do this year, Meetup can help. For 20 years, people have turned to Meetup to meet people, make friends, find support, grow a business, and explore their interests. Thousands of events are happening every day—join the fun.

<http://www.meetup.com/>

Your Leisure Time - Leisure Activities

The Y remains the nations leader in quality programs for healthy living, it has expanded over the years to include several programs and classes for the arts and humanities. Please visit the website to learn more, or just stop by!

Andover YMCA

15200 Hanson Blvd.

Andover, MN 55304

763-230-9622

<http://www.ymcatwincities.org/>

Your Leisure Time - Leisure Activities

The Y remains the nations leader in quality programs for healthy living, it has expanded over the years to include several programs and classes for the arts and humanities. Please visit the website to learn more, or just stop by!

Burnsville YMCA

13850 Portland Avenue

Burnsville, MN 55337

952-898-9622

<http://www.ymcatwincities.org/>

Your Leisure Time - Leisure Activities

The Y remains the nations leader in quality programs for healthy living, it has expanded over the years to include several programs and classes for the arts and humanities. Please visit the website to learn more, or just stop by!

Hastings YMCA

85 Pleasant Drive

Hastings, MN 55033

651-480-8887

<http://www.ymcatwincities.org/>

Your Leisure Time - Leisure Activities

The Y remains the nations leader in quality programs for healthy living, it has expanded over the years to include several programs and classes for the arts and humanities. Please visit the website to learn more, or just stop by!

Minneapolis Downtown

30 South 9th Street

Minneapolis, MN 55402

612-371-9622

<http://www.ymcatwincities.org/>

Your Leisure Time - Leisure Activities

The Y remains the nations leader in quality programs for healthy living, it has expanded over the years to include several programs and classes for the arts and humanities. Please visit the website to learn more, or just stop by!

Emma B. Howe - Coon Rapids YMCA
8950 Springbrook Drive NW
Coon Rapids, MN 55433
763-785-7882

<http://www.ymcatwincities.org/>

Your Leisure Time - Leisure Activities

The Y remains the nations leader in quality programs for healthy living, it has expanded over the years to include several programs and classes for the arts and humanities. Please visit the website to learn more, or just stop by!

Heritage Park YMCA
1015 4th Avenue North
Minneapolis, MN 55405
612-821-2193

<http://www.ymcatwincities.org/>

Your Leisure Time - Leisure Activities

The Y remains the nations leader in quality programs for healthy living, it has expanded over the years to include several programs and classes for the arts and humanities. Please visit the website to learn more, or just stop by!

New Hope YMCA
7601 42nd Avenue North
New Hope, MN 55427
763-535-4800

<http://www.ymcatwincities.org/>

Your Leisure Time - Leisure Activities

The Y remains the nations leader in quality programs for healthy living, it has expanded over the years to include several programs and classes for the arts and humanities. Please visit the website to learn more, or just stop by!

River Valley
3575 N. Berens Road NW
Prior Lake, MN 55379
952-230-9622

<http://www.ymcatwincities.org/>

<http://www.ymcatwincities.org/>

Your Leisure Time - Leisure Activities

The Y remains the nations leader in quality programs for healthy living, it has expanded over the years to include several programs and classes for the arts and humanities. Please visit the website to learn more, or just stop by!

North Community YMCA
1711 West Broadway Ave
Minneapolis, MN 55411
612-588-9484

<http://www.ymcatwincities.org/>

Your Leisure Time - Leisure Activities

The Y remains the nations leader in quality programs for healthy living, it has expanded over the years to include several programs and classes for the arts and humanities. Please visit the website to learn more, or just stop by!

Southdale YMCA
7355 York Avenue South
Edina, MN 55435
952-835-2567

<http://www.ymcatwincities.org/>