

Citizenship - Legal Assistance

Pine Tree Legal Assistance provides free legal counseling to low income residents of Maine.

Bangor office:

Address:

115 Main Street, 2nd floor

Bangor ME 04401

Telephone: (207) 942-8241

Hours: 9 am - noon & 1 - 3 pm

M, W, Th & F (Closed to walk-in clients and new callers on Tuesdays)

<http://www.ptla.org/welcome>

Employment - Employment Services

The Maine CareerCenter provides a variety of employment and training services at no charge for Maine workers and businesses. Whether you are looking to improve your job qualifications, explore a different profession, find a new career or hire an employee, the CareerCenter can help.

The Maine CareerCenter

45 Oak Street, Suite 3

Bangor, ME 04401-7902

Phone: (207) 561-4050 or 1-888-828-0568

Fax: (207) 561-4066

TTY users call Maine Relay 711

Hours: Monday to Friday, 8 a.m. to 5 p.m.

Email: bangor.careercenter@maine.gov

<http://www.mainecareercenter.com/>

Employment - Staffing Agency

277 State Street, Suite 1A

Bangor, ME 04401

(207) 973-3911

(800) 303-4002

<https://www.mainestaff.com/contact-us/>

Employment - Temporary Staffing Agency

63 Union St.

Bangor ME 04401

(207) 262-6157

<https://www.peopleready.com/location/bangor-me-8031/>

Food - Food Pantry

126 Union Street

Bangor, ME 04402

207.990.2870

Evening meal 5 days/wk. Friday breakfast. Food

pantry M, W, and F.

https://m.facebook.com/100064820133422/about/?_rd=1

Health - Free/Sliding Scale Clinic

304 Hancock St Suite 3B

Bangor, ME 04401

(207) 990-3626

<https://www.mainehealthequity.org/>

Health - Free/Sliding Scale Clinic with Dental

179 Corporate Dr.

Bangor, ME 04401

207-404-8100

Full Health Care (including dental!)Emergency Shelter, + Transitional Living

<https://pchc.com/location/hope-house/>

Employment - Employment Services

559 Union St #2

Bangor, ME 04401

(207) 945-3100

<http://www.bonneystaffing.com/>

Employment - Goodwill Store

805 Stillwater Ave

Bangor, ME 04401

(207) 947-7984

<http://www.goodwill.org/>

Employment - Temp Labor

63 Union St.

Bangor ME 04401

(207) 262-6157

<https://www.peopleready.com/>

Employment - Temporary Staffing Agency

23 Water Street

Suite 304

Bangor, ME 04401-6392

207-942-6178

<https://www.manpowermaine.com/>

Food - Food Stamps

19 Maine Ave

Bangor, ME 04401

Phone: (207) 561-4100

<https://www.maine.gov/dhhs/>

Health - Free/Sliding Scale Clinic

74 Main St

336D Main St - Dental

Bucksport, ME 04416

207-469-7371

207-469-2359 - Dental

Shelter - Homeless Assistance

629 Main St

Bangor, ME 04401

(207) 990-2870

<https://www.womenshelters.org/det/manna-ministries>

Shelter - Homeless Shelter

263 Main St

Bangor, ME 04401

(207) 947-0092

<http://www.bangorareashelter.org/>

Shelter - Low Income Housing

161 Davis Rd

Bangor, ME 04401

(207) 942-6365

<https://www.bangorhousing.org/>

Shelter - Low Income Housing

358 Main St

Old Town, ME 04468

(207) 827-6151

<http://www.oldtownhousing.net/>

Volunteer - Habitat For Humanity

50 Columbia St., Suite 75

Bangor, ME 04401

PO Box 2276

Bangor, ME 04402-2276

tel. 207-942-8977

Shelter - Homeless Assistance

90 School House Rd
Orland, ME 04472
(207) 469-7961

<http://www.habitat.org/>

Shelter - Homeless Shelter

205 Mandala Way
Orland, ME 04472
(207) 469-3018

Shelter - Low Income Housing

15 Colonial Cir # 1
Brewer, ME 04412
(207) 989-7551

Volunteer - Habitat For Humanity

61 Main St # 75
Bangor, ME 04401
(207) 942-8977
<http://www.habitat.org/>