

### **Advocacy - Justice Involved Organizations**

Prisoner Visitation and Support (PVS) is a volunteer visitation program to Federal and Military prisoners throughout the United States.

1501 Cherry St  
Philadelphia PA 19102  
Phone: (215) 241-7117  
PVS@afsc.org

<http://www.prisonervisitation.org/>

### **Advocacy - Justice Involved Organizations**

Are you facing a legal issue, or just looking for more information about a specific legal topic? FindLaw's Learn About the Law section is the perfect starting point. Learn About the Law features informational articles about a wide variety of legal topics, as well as specific information about subjects such as how to hire an attorney and understanding your state's unique laws.

<http://www.findlaw.com/>

### **Clothing - Interview and Career Clothing**

10 West Farnum Street  
Lancaster, PA 17603  
(717) 394-8412  
[www.luminaoutreach.org](http://www.luminaoutreach.org)  
Anyone in need of professional clothing for work or job interviews  
<http://www.luminaoutreach.org/professional-clothing-bank/>

### **Clothing - Thrift Store**

29 South 10th Street  
Harrisburg, PA 17101  
Phone: 717-232-1333  
Fax: 717-232-1332  
<https://www.dressforsuccess.org/>

### **Clothing - Thrift Store**

136 South 8th Street  
Lebanon, PA 17042  
Phone: 717-270-5337  
Fax: 717-222-5353  
<http://www.dressforsuccess.org/affiliate.aspx?sisid=119&pageid=1>

### **Education - Free Audio Books**

Free public domain audiobooks. LibriVox has a huge selection of free audiobooks that are recordings of volunteers who have read chapters from books that are in the public domain.  
<https://librivox.org/>

### **Education - Higher Education**

A university that works for you. Our 100% online, tuition-free degree programs are designed to fit your life.  
Programs: Business Administration, Computer Science, Health Science, Education, Associate Degree, Bachelor Degree, Master Degree

<https://www.uopeople.edu/>

### **Employment - Employment Services**

We are dedicated to helping you find your next career! The National Urban League is a historic civil rights organization dedicated to elevating the standard of living in historically underserved urban

### **Advocacy - Justice Involved Organizations**

122 Commerce Street  
Montgomery, AL 36104  
(334) 269-1803  
EJI is committed to ending mass incarceration and excessive punishment in the U.S., challenging racial and economic injustice, and protecting basic human rights for the most vulnerable people in American society. EJI is working to end our misguided reliance on over-incarceration.  
<https://eji.org/criminal-justice-reform/>

### **Citizenship - Community Development**

226 East College Avenue  
York, PA 17403-2344  
(717) 846-4600  
(717) 751-1366  
[www.yorkcpc.org](http://www.yorkcpc.org)  
<http://www.yorkcpc.org/>

### **Clothing - Interview and Career Clothing**

29 South 10th Street  
Harrisburg, Pennsylvania  
17101 / 717.232.1333  
Obtain a referral to visit your local Dress for Success boutique. Our volunteers will work with you to help you choose an interview outfit and will also provide guidance and support for the upcoming interview.  
<https://southcentralpa.dressforsuccess.org>

### **Clothing - Thrift Store**

841 Vogelsong Road  
York, PA 17404  
Phone: 717-764-3330  
Fax: 717-307-3333  
<http://www.dressforsuccess.org/affiliate.aspx?sisid=119&pageid=1>

### **Computers and Technology - Equipment Internet and Training**

Everyone On helps unlock social and economic opportunity by connecting low-income people to affordable internet service and computers, and delivering digital skills trainings. Find Low-Cost Internet Service, Computers and Free Training in Your Area!  
<https://www.everyoneon.org/find-offers>

### **Education - Free Audio Books**

Free cultural and educational media access.  
<https://www.openculture.com/freeaudiobooks>

### **Education - Higher Education**

Freshman Year for Free. Take tuition-free, high quality courses online from top institutions for college credit. Modern States Education Alliance is a non-profit dedicated to making a high quality college education free of cost and accessible to any person who seeks one. Its founding principle is that access to affordable education is fundamental to any philosophy that respects all individuals, and fundamental to the American dream. Modern States' initial program, Freshman Year for Free, is intended to let students earn up to one year of college credit without tuition or textbook expense. Modern States hopes to provide links for students to tutoring, mentoring and college advising groups as well.

communities. Founded in 1910, the National Urban League spearheads the effort of its local affiliates through the development of programs, public policy research and advocacy.  
<http://www.nuljobsnetwork.com/>

**Employment - Employment Services**

841 Vogelsong Road  
York, PA 17404-0868  
(717) 767-7600, ext. 240

**Employment - Employment Services**

32 South Main St.  
Concord, NH 03301  
603-224-3311  
603-228-4145 fax  
<http://www.nhes.nh.gov/>

**Employment - Employment Services**

Pennsylvania Department of Public Welfare  
225 South Franklin St.  
Gettysburg, PA 17325  
1-800-638-6816  
(717) 334-6241  
(717) 334-4104 Fax  
<http://www.psp.pa.gov/Pages/search.aspx?searchBox=Adams+County+Assistance+Office#.VKmHM1GBugY>

**Employment - Employment Services**

3809 Paxton Street, Suite K  
Harrisburg PA 17111  
Phone: 717-558-0450  
<http://www.selectstaffing.com/SelectStaffing/main.cfm?nlvl1=1>

**Employment - Employment Services**

North 155 Main Dunstable Road  
Suite 150  
Nashua, NH, 03060  
603-578-9161  
603-578-9759  
<http://www.coworxstaffing.com/>

**Employment - Employment Services**

40 Chestnut Street  
Suite 2B  
Dover, NH, 03820  
603-834-6002  
603-834-6006  
<http://www.coworxstaffing.com/>

**Employment - Employment Services**

America Works includes work readiness training, vocational training, career placement, career advancement, and employment retention services. Our mission is to equip each individual who comes to our offices with the right tools so that they are able to provide for themselves and their loved ones. People find employment, and employers find talent! Due to the Coronavirus Pandemic, you must contact the office first before you can engage in in-person services. Click on the link above to find the location nearest to you.  
<https://americaworks.com/virtual-contact-info/>

**Employment - Job Training**

153. N. Stratton St.  
Gettysburg, PA 17325

[https://modernstates.org/?gclid=EAlaQobChMIoIO16uee9gIvI\\_3jBx34gQCHEAAYASAAEgKfRfD\\_BwE](https://modernstates.org/?gclid=EAlaQobChMIoIO16uee9gIvI_3jBx34gQCHEAAYASAAEgKfRfD_BwE)

**Employment - Employment Services**

150-V Twin Drive  
Gettysburg, PA 17325  
(717) 334-6610  
Economically disadvantaged and long-term unemployed are served through training and help in finding and keeping jobs.

**Employment - Employment Services**

Pennsylvania Conservation Corps  
1304 Labor & Industry Building  
Harrisburg, PA 17120  
1-888-577-4722  
(717) 783-6385  
<http://www.portal.state.pa.us/portal/server.pt?open=514&objID=554125&mode=2>

**Employment - Employment Services**

150 V Twin Drive  
Gettysburg, PA 17325  
(717) 334-1173  
(717) 334-3869 Fax

[https://www.cwds.pa.gov/cwdsonline/Admin/ViewHomePage/PublicHomePage.aspx?5AtpCz5n9MR99vUK2ao7JelgBD9iBDYG02MuqsQCfoF\\_dIM2N\\_qJBddOd\\_kGMbjqaqkW5ekDDPedpvLrLAKM73mF\\_Y9SksNwAN@emTKn3eY-c4z1nqYwQub0MscedrOI7G085D9hUGdp447q8ov64DtK9a2ji15n1](https://www.cwds.pa.gov/cwdsonline/Admin/ViewHomePage/PublicHomePage.aspx?5AtpCz5n9MR99vUK2ao7JelgBD9iBDYG02MuqsQCfoF_dIM2N_qJBddOd_kGMbjqaqkW5ekDDPedpvLrLAKM73mF_Y9SksNwAN@emTKn3eY-c4z1nqYwQub0MscedrOI7G085D9hUGdp447q8ov64DtK9a2ji15n1)

**Employment - Employment Services**

1016 North Charlotte Street  
Lancaster, PA 17603-2764  
(717) 509-5613  
<http://www.pacareerlink.state.pa.us>

**Employment - Employment Services**

99 Ceda Road  
Charlestown, NH, 03603  
603-826-5264  
603 826 5872  
<http://www.coworxstaffing.com/>

**Employment - Employment Services**

350 Harvey Road  
Manchester, NH, 03101  
603-644-0085  
603-644-0095  
<http://www.coworxstaffing.com/>

**Employment - Employment Services**

PA CareerLink is a free, one-stop shop with highly trained staff ready to assist you with your job search, whether you're looking for your first job or to advance your career. Their services include: resume workshops, career counseling, job search assistance, interview skills training, skills assessment, job fairs, computer training, free access to a computer lab, and career exploration. Please visit the website to find your local office.  
<https://www.pacareerlink.pa.gov/jponline/individual>

**Employment - Job Training**

157 Lefever Street  
Gettysburg, PA 17325

(717) 334-7634  
Referred by Adams County Assistance Office

**Employment - Job Training**

Episcopal Church of St. John the Baptist  
140 North Beaver Street  
York, PA 17401-5324  
(717) 843-9489  
<http://www.ibegin.com/directory/us/pennsylvania/york/york-adult-learning-center/>

**Employment - Job Training**

601 South Queen Street  
Lancaster, PA 17608  
(717) 299-7301  
[www.caplanc.org](http://www.caplanc.org)  
Provides paid work skills training to those 18 and over with poor work history or none at all.  
<http://www.caplanc.org/>

**Employment - Staffing Agency**

Manpower is dedicated to enriching people's lives with meaningful employment and development opportunities, as we have done for more than 60 years.  
<https://www.manpower.com/ManpowerUSA/home>

**Employment - Temporary Staffing Agency**

1 Old Dover Rd # 8  
Rochester, NH 03867  
(603) 330-3400  
(603) 436-9833  
(603) 524-4288

**Employment - Temporary Staffing Agency**

310 Highlander Way  
Manchester, NH 03103  
603-625-6994  
<http://www.manpower.com>

**Employment - Temporary Staffing Agency**

4 Park Plaza #300  
Wyomissing, Pennsylvania 19610  
1-484-335-1000  
<http://www.spherion.com>

**Employment - Temporary Staffing Agency**

4 Park Plaza #300  
Wyomissing, Pennsylvania 19610  
1-484-335-1000  
888-218-4417 (Temporary Employee Hotline).  
<http://www.spherion.com>

**Employment - Workforce Development**

1625 North Front Street  
Harrisburg, PA 17102  
(717) 234-6616  
(800) 888-6770  
PathStone builds family and individual self-sufficiency by strengthening farmworker, rural and urban communities. PathStone promotes social justice through programs and advocacy.

<http://www.pathstone.org/>

**Family - Child Care**

Find information about child care and early learning resources, child welfare and other topics.  
<http://www.nh.gov/nhsl/frc/directory.html>

(717) 334-3065  
(717) 334-6232 Fax  
Adult residents of Pennsylvania, 17 years of age and older, not enrolled in school.  
[http://www.iu12.org/pages/Lincoln\\_IU\\_12/Services/Adult\\_Education/Literacy](http://www.iu12.org/pages/Lincoln_IU_12/Services/Adult_Education/Literacy)

**Employment - Job Training**

Adams County Workshop  
153 N. Stratton Street  
Gettysburg, PA  
717-334-7634 ex. 194  
Fax: 717-334-3173

**Employment - Job Training**

841 Vogelsong Road  
York, PA 17404  
(717) 767-5709  
[www.pasec.org](http://www.pasec.org)

**Employment - Staffing Agency**

PeopleReady has re-imagined and simplified the path that connects people and work. Whether you need workers or you're looking for new job opportunities, we're ready to deliver results for you today.  
<https://www.peopleready.com/>

**Employment - Temp Labor**

88 Hancock St # 5  
Rochester, NH 03867  
(603) 332-7829

**Employment - Temporary Staffing Agency**

51 Islington Street  
Suite 3  
Portsmouth, NH 03801-4454  
603-431-4944  
<http://www.manpower.com>

**Employment - Temporary Staffing Agency**

3512 Trindle Road  
Camp Hill, Pennsylvania 17011  
1-717-651-1200  
<http://www.spherion.com>

**Employment - Temporary Staffing Agency**

1415 East Market Street  
York, Pennsylvania 17403  
1-717-843-1000  
<http://www.spherion.com>

**Employment - Workforce Development**

450 Cleveland Ave  
Chambersburg, PA 17201  
(717) 264-2839  
(800) 888-6770  
PathStone builds family and individual self-sufficiency by strengthening farmworker, rural and urban communities. PathStone promotes social justice through programs and advocacy. Clients are assisted in moving toward self-sufficiency.  
<https://pathstone.org/>

**Employment - Workforce Development**

426 Union Ave,  
Laconia, NH 03246  
Phone: (603) 524-3960

**Family - Family Services**

Hannah Penn Middle School  
415 East Boundary Avenue  
York, PA 17403  
(717) 843-5174  
<http://www.aifmyork.com/>

**Family - Family Services**

Directory of financial assistance for families. A wonderful resource!  
Family Resource Connection  
20 Park Street  
Concord, NH 03301  
Office Hours Monday-Friday: 8:00 am to 4:30 pm  
Toll-Free 1-800-298-4321  
<http://www.dhhs.state.nh.us/>

**Family - Family Services**

NRCCFI at RutgersCamden  
405-7 Cooper St.  
Room 103  
Camden, NJ 08102  
(856) 225-2718  
<http://nrccfi.camden.rutgers.edu/>

**Family - Family Support**

Family Support New Hampshire (FSNH) is a coalition of Family Resource Centers and Family Strengthening Programs throughout New Hampshire that exists to encourage each other, to share best practices, and to better provide for Granite State families.  
<https://www.fsnh.org/>

**Family - Parenting**

Child and Family Services  
841 Central St.  
Franklin, NH 03235  
603-934-4885  
Paste into your browser: [www.circleofparents.org](http://www.circleofparents.org)

**Family - Parenting**

50 East King Street  
York, PA 17401  
(717) 848-2364  
Cooking and Meal Preparation, Health Education, Nutrition Education and Counseling, Parenting Education

**Food - Food Pantry**

WhyHunger Hotline: 866-348-6479  
Call, text or click on the link to their website to find food pantries, soup kitchens, summer meals sites, government nutrition programs and grassroots organizations.  
<http://www.whyhunger.org/find-food>

**Food - Food Pantry**

P.O. Box 2803  
York, PA - 17405  
(717) 852-7345

**Food - Food Pantry**

216 Chestnut Street  
York, PA 17403  
(717) 845-5641  
Call for current hours  
<http://www.jlc.org/resources/county-resource-guide>

If you are looking for a job or thinking about changing careers, you'll want to spend most of your time browsing within the Job Seeker category. You'll find directions to the nearest NH Works Center on the website, too!  
<https://www.nhworks.org/job-seekers/>

**Family - Child Support**

access information such as your payment information, upcoming scheduled events, relevant forms, frequently asked questions, and program information.  
[https://www.humanservices.state.pa.us/CSWS/home\\_controller.aspx?PagelId=General/PayeeHome.ascx&l=E](https://www.humanservices.state.pa.us/CSWS/home_controller.aspx?PagelId=General/PayeeHome.ascx&l=E)

**Family - Family Services**

45 North George Street, 2nd Floor  
York, PA 17401  
800-207-7111  
(717) 771-9605  
[www.childsupport.state.pa.us](http://www.childsupport.state.pa.us)

**Family - Family Services**

Parenting is challenging, and the challenge comes with little direction at times. Just as there are no perfect children, there is no such thing as a perfect parent. At PFSA we believe every parent needs and deserves two things: Information, and support! Our staff and statewide network provide information on topics of interest to parents, a variety of publication and resources. We also encourage that you find support in your neighborhood from organizations and other parents in your community.  
<https://pafsa.org/supporting-parents-caregivers/>

**Family - Family Support**

On any given day, an estimated 2.7 million children in America have at least one parent in prison or jail. NRCCFI is the oldest and largest organization in the U.S. focused on children and families of the incarcerated and programs that serve them. Disseminating accurate and relevant information Guiding the development of family strengthening policy and practice Training, preparing, and inspiring those working in the field Including the families in defining the issues and designing solutions

<https://nrccfi.camden.rutgers.edu/>

**Family - Family Support**

The link leads you to a huge page of support services and resources.  
<https://www.dhhs.nh.gov/foryou/families.htm>

**Family - Parenting**

Call us at 855-427-2736 - English and Spanish 8 am - 8 pm Pacific Standard Time  
We offer free emotional support through innovative, evidence-based programs proven to strengthen the empowerment journey of parents, children, youth, and communities. Parents Anonymous is now a Free Evidence-Based family strengthening program for Parents or anyone in a parenting role, and Children and

/food-clothing-and-financial-resources/food/northeast-community-center?state=york

#### **Food - Food Pantry**

Find local pantries, soup kitchens, food shelves, food banks and other food help.  
<https://www.foodpantries.org/st/pennsylvania>

#### **Food - Food Pantry**

Ample Harvest works to reduce food waste by connecting gardeners to their local food pantries so that excess garden bounty can be shared with those in need. Use the search tool to look for a local food pantry near you.  
<https://ampleharvest.org/find-food/>

#### **Food - Food Stamps**

4109 Derry Street, 1st Floor  
Harrisburg, PA 17111  
800-366-3997  
(717) 561-0001  
[www.pahunger.org](http://www.pahunger.org)  
[http://clinton.pa.networkofcare.org/mh/services/agency.aspx?pid=PAHungerActionCenter\\_773\\_2\\_0](http://clinton.pa.networkofcare.org/mh/services/agency.aspx?pid=PAHungerActionCenter_773_2_0)

#### **Food - Salvation Army**

36 Autumn St  
Rochester, NH 03868  
(603) 332-2623  
<http://www.salvationarmyusa.org/>

#### **Free - Free Phone**

Assurance Wireless  
P.O. Box 5040  
Charleston, IL 61920-9907  
1-888-321-5880  
Assurance Wireless provides eligible consumers with free monthly data, unlimited texting, free monthly minutes plus a free Smartphone. Lifeline enrollment is available to individuals who qualify based on federal or state-specific eligibility criteria. Residents of homeless shelters, nursing homes and temporary addresses may also be eligible.  
<https://www.assurancewireless.com/lifeline-service/what-lifeline>

#### **Free - Free Stuff**

116 South West Street  
York, PA 17404  
(717) 852-7345

#### **Free - Free Stuff**

We are a grassroots and entirely nonprofit movement of people who are giving and getting stuff for free in their own Towns. It's all about reuse and keeping good stuff out of landfills. Membership is free.  
<https://www.freecycle.org/>

#### **Free - Free Stuff**

First Presbyterian Church  
225 East Market Street  
York, PA 17403  
(717) 843-8041  
[www.fpcyork.org](http://www.fpcyork.org)  
<http://www.fpcyork.org/>

#### **Health - Addiction Recovery**

Atkins House

Youth, to address personal, psychological, peer, mental health, or substance abuse concerns.

<https://www.raisingfuture.org/>

#### **Family - Parenting**

1-855-427-2736  
Weekdays: 10:00 am pst to 7:00 pm pst  
The National Parent Helpline is here for you and is open to parents and caregivers of children and youth of all ages. They offer Resources, a Helpline and Printable Materials!  
<https://www.nationalparenthelpline.org/find-support>

#### **Food - Food Pantry**

Feeding Pennsylvania is a partnership among Feeding America food banks across the state. In order to find food banks in your area, please visit the website and use the food bank locator.  
<https://www.feedingpa.org/food-assistance/find-your-food-bank/>

#### **Food - Food Pantry**

825 East Princess Street-Rear  
York, PA 17403  
(717) 854-1047  
<https://pa211sw.communityos.org/zf/profile/service/id/1420263>

#### **Food - Food Pantry**

254 West Princess Street  
York, PA 17401  
(717) 846-6435  
[www.yorkfoodbank.org](http://www.yorkfoodbank.org)

#### **Food - Food Pantry**

Find a food bank near you! The Feeding America nationwide network of food banks secures and distributes more than 3 billion meals each year. Contact your local community food bank to find food.  
<http://www.feedingamerica.org/find-your-local-food-bank/>

#### **Food - Food Pantry**

Find local pantries, soup kitchens, food shelves, food banks and other food help.  
[https://www.foodpantries.org/st/new\\_hampshire](https://www.foodpantries.org/st/new_hampshire)

#### **Food - Food Stamps**

225 South Franklin St.  
Gettysburg, PA 17325  
1-800-638-6816  
(717) 334-6241  
(717) 334-4104 Fax  
<http://www.dpw.state.pa.us>

#### **Food - Salvation Army**

28 Signal St  
Rochester, NH 03867  
(603) 332-2698  
<http://www.salvationarmyusa.org/>

#### **Free - Free Phone**

Assurance Wireless  
P.O. Box 5040  
Charleston, IL 61920-9907  
1-888-321-5880

307 East King Street  
York, PA 17403  
(717) 848-5454  
Residential and outpatient treatment center for women offenders, providing counseling for drug, alcohol and sexual abuse as well as victim awareness, life skills, and mother/child transition after incarceration.  
<http://www.atkinshouse.org>

#### **Health - Addiction Recovery**

Brightwater Landing offers onsite medically monitored detoxification services and innovative treatment for addiction and co-occurring mental health disorders with a focus on healing the wounds of trauma.  
1166 Hilts Road  
Wrightsville, PA 17368 844-876-8685  
<http://www.brightwaterlanding.com/>

#### **Health - Addiction Recovery**

Treatment Services: Intensive Outpatient Programs, Individual Counseling, Couples & Family Counseling, DUI Education Program, Clinical Evaluations, Drug Screenings, Psychiatric Evaluations & Monitoring  
Available Groups: Addictions Awareness Group, Men's / Women's Only Group, Adolescent Only Group, Relapse Prevention Group, Parental & Family Support Group, Chronic Relapse Group  
Sliding scale fee available.  
1725 Oregon Pike  
Suite 205B  
Lancaster, Pennsylvania 17601  
Call Mr. Kevin Walker  
(484) 372-0537

<http://rehabafterwork.com/>

#### **Health - Alcoholics Anonymous**

Welcome to AA New Hampshire, a state-wide recovery resource devoted to supporting the men and women of New Hampshire. AA New Hampshire helps individuals struggling with alcoholism find the help they need on a local basis. Discover New Hampshire Alcoholics Anonymous meetings per county or city, and take the next step to overcome alcohol addiction.  
<https://alcoholicsanonymous.com/aa-meetings/new-hampshire/>

#### **Health - Counseling Services**

1135 Edgar Street  
York, PA 17403  
(717) 851-3222  
[www.wellspan.org](http://www.wellspan.org)

#### **Health - Department of Human Services**

253 East Market Street  
York, PA 17403-2014  
(717) 845-2696

<http://www.hbgdiocese.org/>

#### **Health - Department of Human Services**

The New Hampshire Department of Health and Human Services (DHHS) is the largest agency in

Assurance Wireless provides eligible consumers with free monthly data, unlimited texting, free monthly minutes plus a free Smartphone. Lifeline enrollment is available to individuals who qualify based on federal or state-specific eligibility criteria. Residents of homeless shelters, nursing homes and temporary addresses may also be eligible.  
<https://www.assurancewireless.com/lifeline-service/what-lifeline>

#### **Free - Free Stuff**

Freecycle.org  
<http://www.freecycle.org/>

#### **Free - Free Stuff**

We are a grassroots and entirely nonprofit movement of people who are giving and getting stuff for free in their own Towns. It's all about reuse and keeping good stuff out of landfills. Membership is free.  
<https://www.freecycle.org/>

#### **Health - Addiction Recovery**

A list of recovery facilities and group support meetings.  
<http://www.sobernation.com/rehabs/acworth-nh/>

#### **Health - Addiction Recovery**

1170 South State Street  
Ephrata, PA 17522  
1.866.512.4027  
<https://www.retreat-lc.com/contact-us/>

#### **Health - Addiction Recovery**

Retreat is a private rehab center in PA providing effective drug and alcohol addiction programs as well as detoxification. Patients are treated on an individual basis and receive a custom treatment and recovery regimen to fully address their specific needs.

Location:  
Retreat at Lancaster County  
1170 S State Street  
Ephrata, Pennsylvania 17522  
Call Admissions Department  
(855) 859-8808  
<https://www.retreat-lc.com/>

#### **Health - Alcoholics Anonymous**

There are over 118,000 Alcoholics Anonymous groups around the world. To find a local AA meeting today you can search by state, city, and day of the week. Can't find one close enough? Consider online AA meetings which offer the same wonder community from the comfort of your own home.  
[https://findrecovery.com/aa\\_meetings/](https://findrecovery.com/aa_meetings/)

#### **Health - Alcoholics Anonymous**

Welcome to AA Pennsylvania, a state-wide recovery resource devoted to supporting the men and women of Pennsylvania. AA Pennsylvania helps individuals struggling with alcoholism find the help they need on a local basis. Discover Pennsylvania Alcoholics Anonymous meetings per county or city, and take the next step to overcome alcohol addiction.  
<https://alcoholicsanonymous.com/aa-meetings/pennsylvania/>

New Hampshire state government, responsible for the health, safety and well being of the citizens of New Hampshire. DHHS provides services for individuals, children, families and seniors and administers programs and services such as mental health, developmental disability, substance abuse and public health.

Visit their website to find out more.

<http://www.dhhs.nh.gov/>

#### **Health - Department of Human Services**

The New Hampshire Department of Health and Human Services (DHHS) is the largest agency in New Hampshire state government, responsible for the health, safety and well being of the citizens of New Hampshire. DHHS provides services for individuals, children, families and seniors and administers programs and services such as mental health, developmental disability, substance abuse and public health.

<http://www.dhhs.nh.gov/index.htm>

#### **Health - Free/Sliding Scale Clinic**

18 South George Street, Suite 701

York, PA 17401

(717) 845-8617

#### **Health - Free/Sliding Scale Clinic**

1,400 Free and Charitable Clinics and Pharmacies provide access to healthcare for uninsured and underinsured people in communities across the U.S. Find one near you!

<https://nafcclinics.org/>

#### **Health - Free/Sliding Scale Clinic**

820 5th Ave.

Chambersburg, PA 17201

717-709-7999

Keystone Family Medicine provides comprehensive, primary health care to men, women and children of all ages, races and economic backgrounds. Keystone offers a variety of quality medical and prevention services for the entire family.

<https://keystonehealth.org/keystonefamilymedicine/>

#### **Health - Free/Sliding Scale Clinic with Dental**

Listings that can help low-income and uninsured people connect with a clinic or community health center in their area. These clinics offer free and discounted rates for medical and dental care. Our county listings include contact information, a listing of services and any further remarks that may be pertinent to our users, such as free services provided, discounted services provided and clinic operating hours.

[https://freeclinicdirectory.org/pennsylvania\\_care.html](https://freeclinicdirectory.org/pennsylvania_care.html)

#### **Health - Free/Sliding Scale Dental Clinic**

We continuously update our website with new information on dental clinics. Many of the resources for dental care are free, but many are based on income and/or discounted in other manners. Please review the listings and contact the dental clinics through the websites provided (and/or phone numbers listed), to obtain full details. We do not offer guidance. If you find any of

#### **Health - Crisis Hotline**

Domestic Violence Hotline 1-800-799-7233(SAFE)

StrongHearts Native Helpline 1-844-7NATIVE

(1-844-762-8483)

Runaway Safeline 1-800-RUNAWAY /

1-800-786-2929

Human Trafficking Hotline 1-888-373-7888

Child Abuse Hotline - 1-800-4-A-CHILD

(1-800-422-4453)

Substance Abuse Treatment - 1-800-662-HELP (4357)

Center for Missing and Exploited Children (NCMEC)

Hotline - 800-8435678

Sexual Assault Telephone Hotline - 800-656-HOPE

(4673)

Suicide Prevention Lifeline Hotline - 800-273-8255

<https://www.acf.hhs.gov/acf-hotlines-helplines>

#### **Health - Department of Human Services**

1750 North George Street

York, PA 17404-1807

(717) 771-4505

[www.health.state.pa.us](http://www.health.state.pa.us)

#### **Health - Department of Human Services**

<http://www.dhhs.nh.gov/index.htm>

#### **Health - Department of Human Services**

800-692-7462

COMPASS is an online application for Pennsylvanians to apply for health and human services programs. The application includes Health Care benefits such as Medical Assistance, CHIP, and Medicaid for Former Foster Care Youth. The application also includes Home and Community Based Services Referrals such as Early Intervention Services, Intellectual Disability Services, and Autism Services. Additionally, COMPASS includes Home and Community Based Living Services, Cash Assistance, Low Income Home Energy Assistance Program (LIHEAP), SNAP (food stamps), and other benefits.

<https://www.compass.state.pa.us/compass.web/Public/CMPHome>

#### **Health - Free/Sliding Scale Clinic**

130 North Duke Street

York, PA 17405-7041

800-991-0929

(717) 771-1100

[www.dpw.state.pa.us](http://www.dpw.state.pa.us)

#### **Health - Free/Sliding Scale Clinic**

Clinics listed on our website offer services for free or at a reduced rate. Many clinics are operate under a sliding scale schedule. This means that costs to patients are calculated based on income.

<https://www.freeclinics.com/>

#### **Health - Free/Sliding Scale Clinic with Dental**

Listings that can help low-income and uninsured people connect with a clinic or community health center in their area. These clinics offer free and discounted rates for medical and dental care. Our county listings include contact information, a listing of services and any further remarks that may be pertinent to our users, such as free

our information improper, or if you have any question, please email us at [support@thedentistsnearme.com](mailto:support@thedentistsnearme.com). We will immediately reply to your email.  
[https://www.usdentalservice.com/?gclid=EAlaIQobChMIyaH1p9\\_k9gIVWZcAAB0Irg1FEAEYASAAEgK7c\\_vD\\_BwE](https://www.usdentalservice.com/?gclid=EAlaIQobChMIyaH1p9_k9gIVWZcAAB0Irg1FEAEYASAAEgK7c_vD_BwE)

### **Health - Legal Support for Health Care STATEWIDE SUPPORT!**

The PA Health Law Project works to ensure everyone has access to health care. Outside of advocating for the right to health care, the Law Project provides free legal services to any low-income resident of Pennsylvania having difficulty accessing publicly funded health care, whose health care has been terminated or reduced, or who have been denied Medicare (or similar health care programming). Additionally, the Law Project helps eligible residents apply for Medicare, responds to issues of denial of service (i.e. for prescriptions), and anyone struggling with their health care costs. The only requirement is income related, otherwise, the program is nondiscriminatory - there is a helpline which can be utilized for base information by anyone, regardless of income. If you're in need of assistance, or have a question take advantage of the helpline by dialing: 1-800-274-3258

<https://www.phlp.org/en/>

### **Health - Mental Health**

1145 Sagamore Ave  
Portsmouth, NH 03801  
(603) 431-6703  
<http://www.smhc-nh.org/>

### **Health - Narcotics Anonymous**

Join the millions who have found comfort and hope within these nonjudgmental communities and have successfully freed themselves from the struggles of addiction. Find local NA meetings by location, day of the week, and time.  
<https://findrecovery.com/na-meetings/>

### **Health - Reduced Cost Medication**

HELPLINE (800) 503-6897 in English or Spanish. Find help with the cost of medicine! We offer a free drug discount card that may help you obtain a substantially lower price on your medications.  
<https://www.needymeds.org/drug-discount-card>

### **Money - Finances/Budgeting**

90 Washington Street  
Suite 213  
Dover, NH 03820  
[www.greenpath.com](http://www.greenpath.com)  
GreenPath will work with you to build a personalized plan of action for regaining control of your debt.

### **Money - Finances/Budgeting**

105 Loudon Road  
Building #1  
Concord, NH 03301  
[www.greenpath.com](http://www.greenpath.com)  
GreenPath will work with you to build a personalized plan of

services provided, discounted services provided and clinic operating hours.  
[https://freeclinicdirectory.org/new\\_hampshire\\_care.html](https://freeclinicdirectory.org/new_hampshire_care.html)

### **Health - Free/Sliding Scale Dental Clinic**

767 Fifth Avenue, Suite B-3a  
Chambersburg, PA 17201  
717-709-7940

Services are available to everyone. We have a sliding fee scale for those who qualify, and we will work with patients to set up a payment plan if necessary. Services MAY NOT be free depending on your income. You will be required to prove financial need in order to receive free services or services at a reduced cost.

<https://keystonehealth.org/keystonedentalcare/>

### **Health - Health Department**

The New Hampshire Department of Health and Human Services (DHHS) is responsible for the health, safety and well-being of the citizens of New Hampshire. DHHS provides services for individuals, children, families and seniors, and administers programs and services such as mental health, developmental disability, substance misuse, and public health.  
<https://www.dhhs.nh.gov/>

### **Health - Mental Health**

Assisting people affected by mental illness, developmental disabilities and related disorders  
70 Bay St  
Wolfeboro, NH 03894  
(603) 569-1884  
<http://www.northernhs.org/contact.html>

### **Health - Mental Health**

1195 Roosevelt Avenue  
York, PA 17402  
1-800-315-0951  
Varies by service and duration of time, also clients ability to pay  
<http://www.jlc.org/resources/county-resource-guide/york/crossroads-counseling-services-york-office?state=york>

### **Health - Reduced Cost Medication**

(888) 311-6224 x115  
Save an average of 15-55% on your prescriptions! Print a free card or download the app to your phone.  
<https://www.americasdrugcard.org/index.aspx>

### **Health - Rehabilitation Center**

462 Furnace Road  
Middleburg, PA - 17842  
(570) 837-7551  
<http://www.pathtochange.org/Residential.htm>

### **Money - Finances/Budgeting**

Waumbec Commercial Center  
250 Commercial Street  
Suite 1009  
Manchester, NH 03101  
[www.greenpath.com](http://www.greenpath.com)  
GreenPath will work with you to build a



action for regaining control of your debt.

### **Money - Finances/Budgeting**

800.388.2227

Free Credit Counseling! Our mission is to help all Americans gain control over their finances. For over 60 years, NFCC and its member agencies have helped people just like you pay off debt and grow in their financial capability. Our services help people overcome financial challenges at nearly every stage of life.

<https://www.nfcc.org/>

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<https://www.nfcc.org/>

### **Money - Free Credit Report**

Free credit reports authorized by federal law. Federal law allows you to get a free copy of your credit report every 12 months from each credit reporting company.

<https://www.annualcreditreport.com/index.action>

### **Money - Social Security Benefits after Incarceration**

Social Security and Supplemental Security Income Benefits

Individuals released from incarceration may be eligible for Social Security retirement, survivors, or disability benefits if you have worked or paid into Social Security enough years or Supplemental Security Income benefits if you are 65 or older, or are blind, or have a disability and have little or no income and resources.

If you believe you qualify, call our toll-free telephone number, 1-800-772-1213.

If you are deaf or hard of hearing, call TTY 1-800-325-0778.

<https://www.ssa.gov/reentry/benefits.htm>

### **Reentry Resource - Multiple Resources Available**

Our findhelp technology powers Americas leading social care network. Our network features more than 300,000 free and reduced-cost programs in all 50 U.S. states, territories, and Puerto Rico, powering social care systems for hundreds of customers nationwide.

<https://www.findhelp.org/find-social-services/pennsylvania>

### **Reentry Resource - Multiple Resources Available**

Search for benefits in Education, Grants, Loans, Social Security, Housing and Utilities, Employment and Career Development, Financial Assistance and more.

<https://www.benefits.gov/categories>

### **Reentry Resource - Multiple Resources Available**

personalized plan of

action for regaining control of your debt.

### **Money - Finances/Budgeting**

GreenPath will work with you to build a personalized plan of action for regaining control of your debt. We assess your household budget, find places for you to save, and help you prioritize your payments to creditors and plan a lifestyle that you can afford. It all works toward helping you achieve your financial goals, better manage debt and avoid problems in the future. Available in Spanish.

<http://www.greenpath.com/>

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[https://www.findhelp.org/find-social-services/new-hampshire?ref=ab\\_redirect](https://www.findhelp.org/find-social-services/new-hampshire?ref=ab_redirect)

### **Reentry Resource - Multiple Resources Available**

211 connects you with thousands of nonprofit and government services in your area. If you want personal assistance call the three-digit number 211 or 877-947-2211. A friendly voice to talk with you 24/7/365.

<https://www.pa211.org/>

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211 connects you with thousands of nonprofit and government services in your area. If you want personal assistance call the three-digit number 211 or 877-947-2211. A friendly voice to talk with you 24/7/365.

<https://www.211nh.org/>

### **Reentry Resource - Multiple Resources Available**

Reentry Now coordinates services that assist

Scroll down the page to find your state. Titles in the left column will lead you to resources available nationwide.  
If you scroll down the page to find your state name, you can click on that for statewide resources.

<https://www.needhelppayingbills.com/index.html>

### **Reentry Resource - Multiple Resources Available**

533 S. Main Street  
Chambersburg, PA 17201  
717-778-7758

Our mission is to develop strong collaborative community and professional partnerships that will empower and support formerly incarcerated individuals, and their families, to reduce recidivism and encourage them to become contributing members of the community. We advocate for change that supports successful reentry for all returning individuals. Let us know how we can help!

<https://www.franklintogether.org/resources-1>

### **Shelter - Energy Assistance**

200 Trinity Road (Route 616)  
York, PA 17408  
888-232-6732  
(717) 334-2171  
[www.adamsec.com](http://www.adamsec.com)

### **Shelter - Energy Assistance**

The Low Income Home Energy Assistance Program (LIHEAP) helps families living on low incomes pay their heating bills in the form of a cash grant. Households in immediate danger of being without heat can also qualify for crisis grants.  
<https://www.dhs.pa.gov/Services/Assistance/Pages/LIHEAP.aspx>

### **Shelter - Homeless Assistance**

412 West King Street  
York, PA 17404  
(717) 846-9275  
[www.yorkshelpinghand.org](http://www.yorkshelpinghand.org)

### **Shelter - Homeless Shelter**

151 R. North Stratton Street  
Gettysburg, PA.  
Phone: 717-334-7634  
<http://www.sccap.org>

### **Shelter - Homeless Shelter**

We provide an online directory of shelters in Pennsylvania. We list the cities where we found help for those needing shelter.  
<https://www.shelterlist.com/state/pennsylvania>

### **Shelter - Housing Authority**

436 W. Washington St  
Chambersburg, PA 17201  
(717) 263-4200

The Franklin County Housing Authority provides Section 8 and public housing programs, Section 8 rental assistance plans, the Fresh Express food bank program, and the Elder Share Program. Registration forms can be picked up at the Chambersburg and Waynesboro main offices.

ex-offenders with successful re-entry which promotes public safety including housing, employment, meals and other supportive services. Visit their website for specific information about their services.

1301 Derry Street 2nd Floor Suite 202  
Harrisburg, PA 17104  
(717) 961-9740

<http://www.reentrynow.org/>

### **Shelter - Energy Assistance**

226 East College Avenue  
York, PA 17403-2344  
(717) 846-4600  
[www.yorkcpc.org](http://www.yorkcpc.org)  
<http://www.yorkcpc.org/>

### **Shelter - Energy Assistance**

Energy, heating, and fuel assistance program.  
<http://www.nh.gov/oep/energy/programs/index.htm>

### **Shelter - Financial Counseling**

HUD sponsors housing counseling agencies throughout the country that can provide advice on buying a home, renting, defaults, foreclosures, and credit issues. This link sends you to a page that allows you to select a list of agencies for each state. You may search more specifically for a reverse mortgage counselor or if you are facing foreclosure, search for a foreclosure avoidance counselor.  
<http://hud.gov/offices/hsg/sfh/hcc/hcs.cfm?weblistaction=summary>

### **Shelter - Homeless Assistance**

Are you or someone you know in danger of being evicted from your apartment or home? Or perhaps, you have already been evicted and are currently homeless and do not know where to go for help. The Homeless Assistance Program (HAP) helps to assure that homelessness can be avoided, people who are homeless can find refuge and care and homeless and near homeless clients are assisted in moving toward self-sufficiency.  
<https://www.dhs.pa.gov/Services/Other-Services/Pages/Homeless-Assistance.aspx>

### **Shelter - Homeless Shelter**

223 S Main St  
Chambersburg, PA 17201  
(717) 267-3669

<https://www.shelterlist.com/details/sccap-franklin-county-homeless-shelter>

### **Shelter - Homeless Shelter**

The Homeless Shelter Directory provides listings for Homeless Shelters and Homeless Service Organizations around the country. This includes supportive resources.  
<http://www.homelessshelterdirectory.org>

### **Shelter - Housing Authority**

Find a HUD location near you.  
<https://www.hud.gov/states>

<https://www.fcha.net/>

#### **Shelter - Low Income Housing**

SCS provides housing for Elderly and low income families. They also offer many other services/support. Applicants must be income eligible

Southwestern Community Services - Keene, NH  
63 Community Way  
PO Box 603, Keene, NH 03431  
Phone: 603.352.7512  
Toll Free: 800.529.0005  
Fax: 603.352.3618  
TTY-NH Relay: 800.735.2964  
<http://www.scshehelps.org/>

#### **Shelter - Low Income Housing**

160 South George Street  
York, PA 17401  
(717) 848-5767  
<http://bellsocialization.com/>

#### **Shelter - Low Income Housing**

Mercy Housing Gives a Home to Low-Income Families, Seniors, Individuals, and People with Special Needs Nationwide. Our mission is to create stable, vibrant and healthy communities by providing affordable, service-enriched housing.  
<https://www.mercyhousing.org/regional-offices/>

#### **Shelter - Low Income Housing**

Find low income apartments in New Hampshire along with non profit organizations that help with low income housing along with HUD apartments, public housing apartments, public housing authorities, and housing assistance agencies.  
<https://www.lowincomehousing.us/NH.html>

#### **Shelter - Salvation Army**

Family Services Location  
50 East King Street  
York, PA 17401  
(717) 848-2364  
[www.salvationarmyusa.org](http://www.salvationarmyusa.org)

#### **Shelter - Shelters**

We provide an online directory of shelters in Pennsylvania.  
<https://www.shelterlist.com/state/pennsylvania>

#### **Shelter - Shelters**

Immigration and Refugee Services  
900 North 17th Street  
Harrisburg, PA 17103  
(717) 232-0568  
(717) 234-7142 Fax  
Each applicant is evaluated individually.  
<http://www.hbgdiocese.org/>

#### **Shelter - Transitional Housing**

P.O Box 3052  
York, PA - 17402  
877.602.5211

#### **Shelter - Transitional Housing**

1-855-860-3119  
Transitional, sober housing provides supportive housing along with drug and alcohol treatment for selective locations

#### **Shelter - Low Income Housing**

York Housing Authority  
Social Services Center  
501 North Pershing Avenue  
York, PA 17404  
(717) 812-1194

#### **Shelter - Low Income Housing**

U.S. Department of Housing and Urban Development  
451 7th Street S.W.  
Washington, DC 20410  
Telephone: (202) 708-1112 TTY: (202) 708-1455  
Find the HUD office near you!  
<http://portal.hud.gov/hudportal/HUD>

#### **Shelter - Low Income Housing**

Housing Works fights for funding and legislation to ensure that all people living with HIV/AIDS have access to quality housing, healthcare, HIV prevention, and treatment, among other lifesaving services.  
<http://www.housingworks.org/>

#### **Shelter - Low Income Housing**

Find low income apartments in Pennsylvania along with non profit organizations that help with low income housing along with HUD apartments, public housing apartments, public housing authorities, and housing assistance agencies.  
<https://www.lowincomehousing.us/PA.html>

#### **Shelter - Shelters**

363-373 West Market Street  
P.O. Box 1968  
York, PA 17405-1968  
(717) 845-7662  
[www.yorkrescuemission.org](http://www.yorkrescuemission.org)

#### **Shelter - Shelters**

We provide an online directory of shelters in New Hampshire.  
[https://www.shelterlist.com/state/new\\_hampshire](https://www.shelterlist.com/state/new_hampshire)

#### **Shelter - Supportive Housing**

Pennsylvania has a variety of housing programs and services that can help older adults and people with disabilities, individuals and families with low incomes, or those who are at-risk of, or experiencing, homelessness.  
The information listed on this page will help connect individuals, families, and providers with someone at the local level that can directly assist with housing needs.  
<https://www.dhs.pa.gov/Services/Assistance/Pages/Housing-Resources.aspx>

#### **Shelter - Transitional Housing**

1-855-860-3119  
Transitional, sober housing provides supportive housing along with drug and alcohol treatment for selective locations  
[https://www.transitionalhousing.org/state/new\\_hampshire](https://www.transitionalhousing.org/state/new_hampshire)

#### **Shelter - Transitional Housing**

Transitional housing is supportive housing that helps fight homelessness. Find transitional housing in your state by clicking on the link! We

<https://www.transitionalhousing.org/state/pennsylvania>

### **Transportation - Public Transportation**

York County Public Transit  
1230 Roosevelt Avenue  
York, PA 17404  
(717) 846-RIDE  
(800) 632-9063  
[www.rabbittransit.org](http://www.rabbittransit.org)  
<http://www.rabbittransit.org/>

### **Volunteer - Donate Food**

General Information  
(866) HSH-2141 (866-474-2141)  
Hunters Sharing The Harvest  
6780 Hickory Lane  
Harrisburg, PA  
17112  
Phone: 717-545-1188  
Email: [info@shareddeer.org](mailto:info@shareddeer.org)  
<http://www.shareddeer.org/>

### **Volunteer - Volunteer Opportunities**

29 South 10th Street  
Harrisburg, PA 17101  
Phone: 717-232-1333  
Fax: 717-232-1332  
<https://www.dressforsuccess.org/>

### **Your Leisure Time - Leisure Activities**

The mission of Meetup is to revitalize local community and help people self-organize. Meetup believes that people can change their personal world, or the whole world, by organizing themselves into groups that are powerful enough to make a difference. More than 9,000 groups get together in local communities each day, each one with the goal of improving themselves or their communities.

Please visit the website to join and find a meetup group!

<http://www.meetup.com/>

have over 6,864 transitional housing locations in our database. We also provide as much information on each housing location along with pictures.

<https://www.transitionalhousing.org/>

### **Transportation - Public Transportation**

York County Transit Center  
10:00 AM - 5:00 PM  
103 Carlisle Street  
Gettysburg, PA 17325  
<http://www.rabbittransit.org/Home.aspx>

### **Volunteer - Volunteer Opportunities**

We make it easy for good people and good causes to connect. We are a community that believes in the power of volunteering to enrich our lives and the world around us. Find locations to volunteer near you!

Virtual volunteer opportunities are also available -  
<https://www.volunteermatch.org/virtual-volunteering>

<https://www.volunteermatch.org/>

### **Your Leisure Time - Leisure Activities**

Whatever you're looking to do this year, Meetup can help. For 20 years, people have turned to Meetup to meet people, make friends, find support, grow a business, and explore their interests. Thousands of events are happening every day—join the fun.

<http://www.meetup.com/>