

**Citizenship - Legal Assistance**

Provides referrals; handles limited number of prison condition cases. Download or fill out complaint form from website at Get Help link. ACLU of Kansas and Western Missouri  
3601 Main Street  
Kansas City, MO 64111  
Phone: (816) 756-3113  
Fax: (816) 756-0136  
<https://aclukansas.org/>

**Clothing - Thrift Store**

Kansas City North/Parkville  
6520 NW Prairie View Road  
Kansas City, MO 64151  
Hours: Monday-Saturday, 10am-6pm (Dock open 10am-5pm)  
Phone: (816) 505-0200  
Hillcrest Transitional Housing offers homeless families, singles and youth a disciplined educational program within a caring, supportive environment. Unlike many organizations whose focus is one-time or emergency care, Hillcrest's primary objective is to move clients from homelessness to self-sufficiency within 90 days by addressing the total life situation of the homeless families they serve; longer term transitional housing options may be available to clients with excessive barriers to housing. Hillcrest also provides a transitional housing program for homeless teens and young adults, ages 16-20, who have an educational goal. This unique program offers housing and supportive services for up to 24 months.  
<http://www.hillcresttransitionalhousing.org/>

**Clothing - Thrift Store**

Lees Summit  
936 E. 3rd Street  
Lees Summit, MO 64064  
Hours: Monday-Saturday, 10am-6pm (Dock open 10 am-5pm)  
Phone: (816) 272-1976

**Employment - Job Training**

301 S. 7th Street  
St. Joseph, MO 64501  
Phone: (816) 387-9675  
Fax: (816) 387-8799

**Employment - Temporary Staffing Agency**

4264 North Oak Trafficway  
Kansas City, MO 64116  
Phone: 816-455-0304  
<http://www.qpsemployment.com>

**Free - Free Stuff**

Free stuff in your city. Please visit the website, look at the middle column once you're there, and under the FOR SALE header you will see a little link that says FREE. Follow that link and see all of the free stuff listed in your city! It is constantly being updated, so check back often.  
<http://craigslist.org>

**Health - Counseling Services**

ReDiscover provides help and hope for people of all ages. Men, women, children and families come

**Clothing - Thrift Store**

Synergy In Style Thrift Store serves Synergy, Synergy's clients, and the Northland with quality new and used merchandise. 816-468-0404  
Synergy Services, Inc.  
400 E. 6th Street  
Parkville, Missouri 64152  
24 Hour Youth Crisis Hotline  
816-741-8700  
888-233-1639  
<http://www.synergyservices.org/>

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Platte City  
1305 Branch Street  
Platte City, MO 64079  
Hours: Monday-Friday, 10am-6pm (Dock open 10am-4:30pm), Saturdays, 10am-5pm  
Phone: (816) 858-7717  
<http://www.hillcresttransitionalhousing.org/contact>

**Employment - Employment Services**

3600 S. Noland Rd  
Independence, MO 64055  
Branch Hours  
8am - 5pm Monday - Friday  
Phone: (816) 254-1000  
Fax: (816) 254-1008  
<http://www.spartanstaffing.com>

**Employment - Second Chance Employers**

Salvation Army Adult Rehabilitation Center  
1351 E. 10th Street  
Kansas City, MO 64106  
8:00 AM - 4:00 PM  
This program has ties with parole officers, prisons and probation officers throughout the country, offering services such as job placement for felons, through work programs and more. Job applicants with a desire to get help may be referred by families, friends, courts, clergy and community leaders or may simply call the Intake Office at 1-800-SA-TRUCK (728-7825) to make an appointment or get more information about local ARC programs. Please use the link to view a salvation army near you, for more help, and information.  
<http://satruck.org/national-rehabilitation>

**Employment - Temporary Staffing Agency**

7287 N. Oak Trafficway  
Gladstone, MO 64118  
Branch Hours

to ReDiscover at different stages of personal crisis. Our focus is on wellness. ReDiscover helps people who are struggling to cope with life find ways to enhance the quality of daily life, take needed steps to meet individual goals, and manage mental wellness.

ReDiscover provides child, adult, and family counseling by licensed professionals including psychologists, social workers, counselors, and nurses. Psychiatric services are provided by MDs or our DO who evaluates each client and, if needed, prescribes and monitors medication. Case management services support the client and family.

South Kansas City, Missouri  
6801 E. 117th Street  
Kansas City, MO 64134  
816.966.0903  
<http://rediscovermh.org/>

### **Health - Counseling Services**

Lighthouse Cisis Center  
949 NE Columbus  
Lee's Summit, MO  
816.966.0900

ReDiscover provides help and hope for people of all ages. Men, women, children and families come to ReDiscover at different stages of personal crisis. Our focus is on wellness. ReDiscover helps people who are struggling to cope with life find ways to enhance the quality of daily life, take needed steps to meet individual goals, and manage mental wellness.

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<http://rediscovermh.org/contactus.htm>

### **Reentry Resource - Multiple Resources Available**

UMOS, a non-profit advocacy organization, provides programs and services which improve the employment, educational, health and housing opportunities of under-served populations.

1218 South Noland Road  
Suite 300  
Independence, MO 64055  
Phone: (816) 836-5887  
Fax: (816) 836-7330  
<http://www.umos.org/>

### **Shelter - Energy Assistance**

(Main administration office)  
817 Monterey  
P.O. Box 3068  
St. Joseph, MO 64484  
Phone: (816) 233-8281  
Fax: (816) 233-8262  
<http://www.communityaction.org/>

### **Shelter - Energy Assistance**

4800 South Hocker  
Kansas City, MO 64136  
816-350-3134

8am - 5pm Monday - Friday  
Phone: (816) 468-8787  
Fax: (816) 468-8788  
<http://www.spartanstaffing.com>

### **Health - Counseling Services**

Synergys trained and caring therapeutic staff helps strengthen families and prevent abuse and violence by specializing in four primary areas: marriage and family treatment, domestic violence, sexual abuse treatment and adolescent sex offender treatment. Services are provided on a sliding scale fee basis. No one is denied care due to an inability to pay.

Counseling services include:

Individual, Marriage and Family Therapy  
Support and Therapeutic Groups including Art and Play Therapy, Parenting Classes and Survival Skills for Women.

Substance Abuse Services including assessments, screenings, referrals and counseling for children, teens and their parents.

Positive Alternatives to Aggression in Relationships, a therapeutic support program for perpetrators and survivors of domestic violence. Contact us at 816-587-4100.

Synergy Services, Inc.

400 E. 6th Street  
Parkville, Missouri 64152

[http://www.synergyservices.org/?page=main\\_our\\_services\\_family\\_counseling](http://www.synergyservices.org/?page=main_our_services_family_counseling)

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ReDiscover provides child, adult, and family counseling by licensed professionals including psychologists, social workers, counselors, and nurses. Psychiatric services are provided by MDs or our DO who evaluates each client and, if needed, prescribes and monitors medication. Case management services support the client and family.

301 East Armour Blvd.  
Kansas City, MO 64111  
816.931.6500  
<http://rediscovermh.org/adultfamily.htm>

### **Health - Mental Health**

1502 East 50th Street  
Kansas City, MO 64110  
913-945-0872  
<http://kscounseling.org/>

### **Reentry Resource - Multiple Resources Available**

UMOS, a non-profit advocacy organization, provides programs and services which improve the employment, educational, health and housing opportunities of under-served populations.

Lexington Center  
735 S. Business Hwy 13  
Lexington, MO 64067

816-350-3119  
<http://wcmcaa.org/>

#### **Shelter - Low Income Housing**

Low Income Housing Assistance  
1304 N. Walnut, Suite 200  
P.O. Box 422  
Cameron, MO 64429  
(at Bank Midwest)  
Phone: (816) 632-7345  
Fax: (816) 632-6434

#### **Shelter - Low Income Housing**

West Central Missouri Community Action Agency will act as a catalyst within the community to empower economically disadvantaged individuals and families to reach their highest possible level of success. Find resources for Section 8 Housing vouchers, learn about the LiHeap energy assistance program, and much more!  
Cass County Outreach  
109 Congress  
P.O. Box 859  
Belton, MO 64012  
816-322-0502  
816-322-9017  
<http://wcmcaa.org/>

#### **Shelter - Transitional Housing**

This high-risk youth mentoring program offers intense, long-term mentoring for a select group of high-risk urban adolescents ages 11-18. Higher M-Pact also provides life and social skills training, spiritual development, education, job training, guidance counseling and recreational services. Our approach differs from the conventional Mentor v. Mentee relationship between adults and youth. We embrace a Mentor v. Mentor relationship that allows the youth to better communicate how the adults can assist them in meeting their needs through on-going individual and group interaction. As long youth remain in the Kansas City Metropolitan area, they remain in the program.  
Higher M-Pact  
P.O. Box 11718, Kansas City, MO 64138  
(816) 353-8103  
[info@higherpact.org](mailto:info@higherpact.org)  
<http://www.higherpact.org/what-we-do/leaders-of-tomorrow>

#### **Shelter - Transitional Housing**

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In exchange for rent/utility-free housing, adults are required by written agreement to find full-time

Phone: (660) 259-4512  
Fax: (660) 259-4540  
<http://www.umos.org/>

#### **Shelter - Energy Assistance**

200 N. Oakland  
P.O. Box 95  
Harrisonville, MO 64701  
816-380-5375 / 5377  
816-380-5275  
<http://wcmcaa.org/>

#### **Shelter - Homeless Assistance**

reStart offers a full range of services for homeless men and women. From emergency shelter to transitional living, permanent housing for individuals with special needs to assistance and support, reStart provides the tools to help the homeless transition into permanent housing.  
918 East Ninth Street  
Kansas City, Mo 64106  
24-Hour Access Line to reStart Inc.  
(816) 472-5664  
<http://www.restartinc.org/programs/permanent-housing/>

#### **Shelter - Low Income Housing**

104 Monroe  
Lancaster, MO 63548  
660-457-3859  
Community Action changes people's lives, embodies the spirit of hope, improves communities, and makes America a better place to live. We care about the entire community, and we are dedicated to helping people to help themselves and each other. Many resources are available.  
<http://www.nmcaa.org/>

#### **Shelter - Low Income Housing**

1515 Jones Ave.  
Grandview MO 64030  
816-767-1445  
816-761-0046  
<http://wcmcaa.org/>

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In exchange for rent/utility-free housing, adults are required by written agreement to find full-time employment, obey program guidelines and attend weekly volunteer-taught classes in life skills, employment, community living and budgeting.  
Kansas City North/Parkville Housing Site

employment, obey program guidelines and attend weekly volunteer-taught classes in life skills, employment, community living and budgeting.  
Platte City Housing Site  
220 N. Second Street  
Platte City, MO 64079  
Phone: (816) 431-6914 Fax: (816) 431-6915  
<http://www.hillcresttransitionalhousing.org/>

### **Shelter - Transitional Housing**

Independence Housing Site  
401 N. Spring Street, Independence, MO 64051  
Phone: (816) 461-0468 Fax: (816) 461-0472  
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Independence Housing Site  
401 N. Spring Street  
Independence, MO 64051  
Phone: (816) 461-0468 Fax: (816) 461-0472  
<http://www.hillcresttransitionalhousing.org>

### **Volunteer - Volunteer Opportunities**

We make it easy for good people and good causes to connect. We are a community that believes in the power of volunteering to enrich our lives and the world around us. Find locations to volunteer near you!  
Virtual volunteer opportunities are also available -  
<https://www.volunteermatch.org/virtual-volunteering>  
<https://www.volunteermatch.org/city/Kansas+City%2C+MO%2C+USA>

### **Youth - Youth Programs**

Higher M-Pact doesn't look for kids who are at risk. We seek out high-risk urban youth who are already engaged in the juvenile system or delinquent activities. Higher M-Pact develops peer-to-peer relationships to help these kids realize their potential as the future leaders of tomorrow.  
Higher M-Pact  
P.O. Box 11718, Kansas City, MO 64138  
(816) 353-8103  
[info@higherpact.org](mailto:info@higherpact.org)  
<http://www.higherpact.org/>

5609 N. Northwood, 1,  
Kansas City, MO 64151  
Phone: (816) 587-9037 Fax: (816) 442-8022  
<http://www.hillcresttransitionalhousing.org/>

### **Shelter - Transitional Housing**

St. Joseph Housing Site  
3000 Parkway A, #7, St. Joseph, MO 64504  
Phone: (816) 689-1383  
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<http://www.hillcresttransitionalhousing.org>

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Lees Summit Housing Site  
503-B SW Mission Rd.  
Lees Summit, MO 64063  
Phone: (816) 600-2681 Fax: (816) 600-2683  
<http://www.hillcresttransitionalhousing.org>

### **Your Leisure Time - Leisure Activities**

The mission of Meetup is to revitalize local community and help people self-organize. Meetup believes that people can change their personal world, or the whole world, by organizing themselves into groups that are powerful enough to make a difference. More than 9,000 groups get together in local communities each day, each one with the goal of improving themselves or their communities.  
Please visit the website to join and find a Meetup group!  
<http://www.meetup.com/>

### **Youth - Youth Programs**

There are more than 6,000 teens and young adults in the Kansas City metro area, either living on the street or couch surfing from one friend's house to the next with no permanent home of their own.

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Offering a range of services, including transitional and permanent housing, reStart reaches out to these young people and helps them get their lives back on track.  
918 East Ninth Street  
Kansas City, Mo 64106  
24-Hour Youth Hotline (816) 309-9048  
<http://www.restartinc.org/programs/youth-services/>