

Citizenship - Legal Assistance

151 N. Delaware Suite 1800
Indianapolis, IN 46204
(317) 631-9410

Education - Continuing Education

Inside-Out Prison Exchange Program (Plainfield & Indianapolis)
420 University Blvd,
Indianapolis, IN 46202
317-274-5555
Plainfield Re-Entry Educational Facility and
Indiana-Women-Prison - Incarcerated students and
IUPUI students
The Inside-Out Prison Exchange Program increases
opportunities for men and women, inside and
outside of prison, to have transformative learning
experiences that emphasize collaboration and
dialogue, inviting participants to take leadership in
addressing crime, justice, and other issues of
social concern.

<http://www.insideoutcenter.org/>

Education - Free Audio Books

Free cultural and educational media access.
<https://www.openculture.com/freeaudiobooks>

Employment - Employment Services

1209 S. High School Road
Indianapolis, IN, 46241
317-247-0025
317-247-0409
<http://www.coworxstaffing.com/>

Employment - Employment Services

7940 N. Michigan Rd. Suite 6
Indianapolis, IN 46203
Phone: 317-275-6904
Fax: 317-275-6909
Email:
indianapolishnorthwest.in@elwoodstaffing.com
<http://www.elwoodstaffing.com>

Employment - Employment Services

America Works includes work readiness training,
vocational training, career placement, career
advancement, and employment retention services.
Our mission is to equip each individual who comes
to our offices with the right tools so that they are
able to provide for themselves and their loved
ones. People find employment, and employers find
talent! Due to the Coronavirus Pandemic, you
must contact the office first before you can engage
in in-person services. Click on the link above to
find the location nearest to you.
<https://americaworks.com/virtual-contact-info/>

Employment - Staffing Agency

PeopleReady has re-imagined and simplified the
path that connects people and work. Whether you
need workers or you're looking for new job
opportunities, we're ready to deliver results for you
today.
<https://www.peopleready.com/>

Employment - Temporary Staffing Agency

We are always in need of dependable people who
are ready to serve the growing needs of our
customers. Labor Ready is an equal opportunity

Clothing - Interview and Career Clothing

The mission of Dress for Success is to empower
women to achieve economic independence by
providing a network of support, professional attire,
and the development tools to help women thrive in
work and in life.

<https://dressforsuccess.org/affiliate-list/>

Education - Free Audio Books

Free public domain audiobooks. LibriVox has a
huge selection of free audiobooks that are
recordings of volunteers who have read chapters
from books that are in the public domain.
<https://librivox.org/>

Employment - Employment Services

We are dedicated to helping you find your next
career! The National Urban League is a historic
civil rights organization dedicated to elevating the
standard of living in historically underserved urban
communities. Founded in 1910, the National Urban
League spearheads the effort of its local affiliates
through the development of programs, public
policy research and advocacy.
<http://www.nuljobsnetwork.com/>

Employment - Employment Services

9520 Uptown Drive Suite J
Indianapolis, IN 46256
Phone: 317-849-5800
Fax: 317-849-5844
Email:
indianapolishnortheast.in@elwoodstaffing.com
<http://www.elwoodstaffing.com>

Employment - Employment Services

4908 South Emerson Ave.
Indianapolis, IN 46203
Phone: 317-782-8100
Fax: 317-782-8190
Email:
indianapolishsoutheast.in@elwoodstaffing.com
<http://www.elwoodstaffing.com>

Employment - Job Training

1125 Brookside Avenue, Suite D12
Indianapolis, Indiana 46202
Tel: 317.532.1367

Electronics Recycling and Workforce Training

RecycleForce helps ex-offenders break down the
barriers to employment by providing transitional
jobs for up to six months, as well as
comprehensive services designed to get their lives
back on track.
<http://www.recycleforce.org/workforce-training>

Employment - Staffing Agency

Manpower is dedicated to enriching people's lives
with meaningful employment and development
opportunities, as we have done for more than 60
years.
<https://www.manpower.com/ManpowerUSA/home>

Employment - Workforce Development

402 West Washington St.
Room W195
Indianapolis, IN 46204

employer and encourages diverse candidates to apply for employment.
800-24-LABOR
<http://www.laborready.com/jobs/search?q=Indiana>

Employment - Workforce Development

Job seeker resources, training, GED, job fairs and much more.
<https://www.in.gov/dwd/>

Family - Family Services

All services can be found on the website.
<https://www.in.gov/fssa/>

Family - Parenting

Call us at 855-427-2736 - English and Spanish 8 am - 8 pm Pacific Standard Time
We offer free emotional support through innovative, evidence-based programs proven to strengthen the empowerment journey of parents, children, youth, and communities.
Parents Anonymous is now a Free Evidence-Based family strengthening program for Parents or anyone in a parenting role, and Children and Youth, to address personal, psychological, peer, mental health, or substance abuse concerns.

<https://www.raisingfuture.org/>

Family - Parenting

1-855-427-2736
Weekdays: 10:00 am pst to 7:00 pm pst
The National Parent Helpline is here for you and is open to parents and caregivers of children and youth of all ages. They offer Resources, a Helpline and Printable Materials!
<https://www.nationalparenthelpline.org/find-support>

Food - Food Pantry

WhyHunger Hotline: 866-348-6479
Call, text or click on the link to their website to find food pantries, soup kitchens, summer meals sites, government nutrition programs and grassroots organizations.
<http://www.whyhunger.org/find-food>

Food - Food Pantry

Ample Harvest works to reduce food waste by connecting gardeners to their local food pantries so that excess garden bounty can be shared with those in need. Use the search tool to look for a local food pantry near you.
<https://ampleharvest.org/find-food/>

Free - Free Stuff

Freecycle.org
<http://www.freecycle.org>

Free - Free Stuff

Free stuff in your city. Please visit the website, look at the middle column once you're there, and under the FOR SALE header you will see a little link that says FREE. Follow that link and see all of the free stuff listed in your city! It is constantly being updated, so check back often.
<http://craigslist.org>

Health - Addiction Recovery

317-232-2655
<http://www.in.gov/dol/>

Family - Child Support

Visit this website to find information about your child support account and other services
<http://www.in.gov/dcs/2663.htm>

Family - Family Support

On any given day, an estimated 2.7 million children in America have at least one parent in prison or jail.
NRCCFI is the oldest and largest organization in the U.S. focused on children and families of the incarcerated and programs that serve them.
Disseminating accurate and relevant information
Guiding the development of family strengthening policy and practice
Training, preparing, and inspiring those working in the field
Including the families in defining the issues and designing solutions

<https://nrccfi.camden.rutgers.edu/>

Family - Parenting

Find information about child care and family services
<http://www.in.gov/dcs/index.htm>

Food - Food Pantry

There are several food pantries and food banks in the state of Indiana!
<https://www.foodpantries.org/st/indiana>

Food - Food Pantry

Find a food bank near you! The Feeding America nationwide network of food banks secures and distributes more than 3 billion meals each year. Contact your local community food bank to find food.
<http://www.feedingamerica.org/find-your-local-food-bank/>

Free - Free Phone

Assurance Wireless
P.O. Box 5040
Charleston, IL 61920-9907
1-888-321-5880
Assurance Wireless provides eligible consumers with free monthly data, unlimited texting, free monthly minutes plus a free Smartphone. Lifeline enrollment is available to individuals who qualify based on federal or state-specific eligibility criteria. Residents of homeless shelters, nursing homes and temporary addresses may also be eligible.
<https://www.assurancewireless.com/lifeline-service/s/what-lifeline>

Free - Free Stuff

We are a grassroots and entirely nonprofit movement of people who are giving and getting stuff for free in their own Towns. It's all about reuse and keeping good stuff out of landfills. Membership is free.
<https://www.freecycle.org/>

Health - Addiction Recovery

2506 Willowbrook Parkway, Suite 300,

SMART Recovery is the leading self-empowering addiction recovery support group. Our participants

learn tools for addiction recovery based on the latest scientific research and participate in a world-wide community which includes free, self-empowering, science-based mutual help groups.

The SMART Recovery 4-Point Program helps people recover from all types of addiction and addictive behaviors, including: drug abuse, drug addiction, substance abuse, alcohol abuse, gambling addiction, cocaine addiction, prescription drug abuse, sexual addiction, and problem addiction to other substances and activities. SMART Recovery sponsors face-to-face meetings around the world, and daily online meetings. In addition, our online message board and 24/7 chat room are excellent forums to learn about SMART Recovery and obtain addiction recovery support. If you're new to SMART Recovery, get started with our introduction on the website.

<http://www.smartrecovery.org/>

Health - Alcoholics Anonymous

Welcome to AA Indiana, a state-wide recovery resource devoted to supporting the men and women of Indiana. AA Indiana helps individuals struggling with alcoholism find the help they need on a local basis. Discover Indiana Alcoholics Anonymous meetings per county or city, and take the next step to overcome alcohol addiction. <https://alcoholicsanonymous.com/aa-meetings/indiana/>

Health - Free/Sliding Scale Clinic

PO Box 1367
Indianapolis, IN 46206
(317) 962-1001

Health - Free/Sliding Scale Clinic

Clinics listed on our website offer services for free or at a reduced rate. Many clinics are operate under a sliding scale schedule. This means that costs to patients are calculated based on income. <https://www.freeclinics.com/>

Health - Free/Sliding Scale Dental Clinic

We continuously update our website with new information on dental clinics. Many of the resources for dental care are free, but many are based on income and/or discounted in other manners. Please review the listings and contact the dental clinics through the websites provided (and/or phone numbers listed), to obtain full details. We do not offer guidance. If you find any of our information improper, or if you have any question, please email us at support@thedentistsnearme.com. We will immediately reply to your email. https://www.usdentalservice.com/?gclid=EAlaIQobChMIyaH1p9_k9gIVWZcAAB0Irg1FEAEYASAAEgK7cvD_BwE

Health - Narcotics Anonymous

Join the millions who have found comfort and hope within these nonjudgmental communities and have successfully freed themselves from the struggles of addiction. Find local NA meetings by location,

Indianapolis, IN
317-257-3903

OUTPATIENT SERVICES

Adult, Child/Adolescent, HIV/AIDS, Addiction services for Adults and Adolescents, Medication Management <http://www.aspireindiana.org>

Health - Alcoholics Anonymous

There are over 118,000 Alcoholics Anonymous groups around the world. To find a local AA meeting today you can search by state, city, and day of the week. Can't find one close enough? Consider online AA meetings which offer the same wonder community from the comfort of your own home. https://findrecovery.com/aa_meetings/

Health - Crisis Hotline

Domestic Violence Hotline 1-800-799-7233(SAFE)
StrongHearts Native Helpline 1-844-7NATIVE (1-844-762-8483)
Runaway Safeline 1-800-RUNAWAY / 1-800-786-2929
Human Trafficking Hotline 1-888-373-7888
Child Abuse Hotline - 1-800-4-A-CHILD (1-800-422-4453)
Substance Abuse Treatment - 1-800-662-HELP (4357)
Center for Missing and Exploited Children (NCMEC) Hotline - 800-8435678
Sexual Assault Telephone Hotline - 800-656-HOPE (4673)
Suicide Prevention Lifeline Hotline - 800-273-8255 <https://www.acf.hhs.gov/acf-hotlines-helplines>

Health - Free/Sliding Scale Clinic

1,400 Free and Charitable Clinics and Pharmacies provide access to healthcare for uninsured and underinsured people in communities across the U.S. Find one near you! <https://nafcclinics.org/>

Health - Free/Sliding Scale Clinic with Dental

Listings that can help low-income and uninsured people connect with a clinic or community health center in their area. These clinics offer free and discounted rates for medical and dental care. Our county listings include contact information, a listing of services and any further remarks that may be pertinent to our users, such as free services provided, discounted services provided and clinic operating hours. https://freeclinicdirectory.org/indiana_care.html

Health - Health Department

Every Hoosier reaches optimal health regardless of where they live, learn, work, or play. All services can be found on the website. <https://www.in.gov/health/>

Health - Narcotics Anonymous

Statewide. NA Help Line 1-866-258-6329 <https://www.narcotics.com/na-meetings/indiana/>

Health - Reduced Cost Medication

HELPLINE (800) 503-6897 in English or Spanish. Find help with the cost of medicine! We offer a free drug discount card that may help you obtain a

day of the week, and time.
<https://findrecovery.com/na-meetings/>

Health - Reduced Cost Medication

(888) 311-6224 x115
Save an average of 15-55% on your prescriptions!
Print a free card or download the app to your phone.
<https://www.americasdrugcard.org/index.aspx>

Money - Finances/Budgeting

GreenPath will work with you to build a personalized plan of action for regaining control of your debt. We assess your household budget, find places for you to save, and help you prioritize your payments to creditors and plan a lifestyle that you can afford. It all works toward helping you achieve your financial goals, better manage debt and avoid problems in the future. Available in Spanish.
<http://www.greenpath.com/>

Money - Finances/Budgeting

800.388.2227
Free Credit Counseling! Our mission is to help all Americans gain control over their finances. For over 60 years, NFCC and its member agencies have helped people just like you pay off debt and grow in their financial capability. Our services help people overcome financial challenges at nearly every stage of life.
<https://www.nfcc.org/>

Money - Free Credit Report

Free credit reports authorized by federal law. Federal law allows you to get a free copy of your credit report every 12 months from each credit reporting company.
<https://www.annualcreditreport.com/index.action>

Money - Social Security Benefits after Incarceration

Social Security and Supplemental Security Income Benefits
Individuals released from incarceration may be eligible for Social Security retirement, survivors, or disability benefits if you have worked or paid into Social Security enough years or Supplemental Security Income benefits if you are 65 or older, or are blind, or have a disability and have little or no income and resources.
If you believe you qualify, call our toll-free telephone number, 1-800-772-1213.
If you are deaf or hard of hearing, call TTY 1-800-325-0778.
<https://www.ssa.gov/reentry/benefits.htm>

Reentry Resource - Multiple Resources Available

Our findhelp technology powers Americas leading social care network. Our network features more than 300,000 free and reduced-cost programs in all 50 U.S. states, territories, and Puerto Rico, powering social care systems for hundreds of customers nationwide.
<https://www.findhelp.org/find-social-services/indiana>

Reentry Resource - Multiple Resources Available

substantially lower price on your medications.
<https://www.needymeds.org/drug-discount-card>

Money - Finances/Budgeting

800.388.2227
Free Credit Counseling! Our mission is to help all Americans gain control over their finances. For over 60 years, NFCC and its member agencies have helped people just like you pay off debt and grow in their financial capability. Our services help people overcome financial challenges at nearly every stage of life.
<https://www.nfcc.org/>

Money - Financial Management Literacy

Operation HOPE Headquarters
91 Peachtree Street NE, Suite 3840
Atlanta, GA 30303
888-388-HOPE (4673)
Operation HOPE has a series of programs to support your path to successfully improving your credit, reducing debt, increasing savings, buying a home or starting a business. Our programs and services, which serve youth and adults, are offered at no cost to you.
<https://operationhope.org/>

Money - Free Credit Report

Get a free copy of your credit report every 12 months from each credit reporting company.
<https://www.annualcreditreport.com/index.action>

Reentry Resource - Multiple Resources Available

Search for benefits in Education, Grants, Loans, Social Security, Housing and Utilities, Employment and Career Development, Financial Assistance and more.
<https://www.benefits.gov/categories>

Reentry Resource - Multiple Resources Available

Scroll down the page to find your state. Titles in the left column will lead you to resources available nationwide.
If you scroll down the page to find your state name, you can click on that for statewide resources.

<https://www.needhelppayingbills.com/index.html>

Shelter - Energy Assistance

The Energy Assistance Program (EAP) can help you pay your heat and electric bills! EAP is a federally-funded program through the U.S. Department of Health and Human Services (HHS) called the Low-Income Home Energy Assistance Program (LIHEAP). EAP provides a one-time annual benefit that can assist you with the high cost of home energy and can help if you are disconnected, or are about to get disconnected. However, an EAP benefit will not cover all of your annual heating and electric costs, so you should continue to pay your bills regularly.
<https://www.in.gov/ihcda/homeowners-and-renters/low-income-home-energy-assistance-program-liheap/>

Shelter - Homeless Assistance

211 connects you with thousands of nonprofit and government services in your area. If you want personal assistance call the three-digit number 211 or 877-947-2211. A friendly voice to talk with you 24/7/365.
<https://in211.communityos.org/>

Shelter - Financial Counseling

HUD sponsors housing counseling agencies throughout the country that can provide advice on buying a home, renting, defaults, foreclosures, and credit issues. This link sends you to a page that allows you to select a list of agencies for each state. You may search more specifically for a reverse mortgage counselor or if you are facing foreclosure, search for a foreclosure avoidance counselor.
<http://hud.gov/offices/hsg/sfh/hcc/hcs.cfm?weblistaction=summary>

Shelter - Homeless Shelter

The Homeless Shelter Directory provides listings for Homeless Shelters and Homeless Service Organizations around the country. This includes supportive resources.
<http://www.homelessshelterdirectory.org>

Shelter - Low Income Housing

U.S. Department of Housing and Urban Development
451 7th Street S.W.
Washington, DC 20410
Telephone: (202) 708-1112 TTY: (202) 708-1455
Find the HUD office near you!
<http://portal.hud.gov/hudportal/HUD>

Shelter - Low Income Housing

Housing Works fights for funding and legislation to ensure that all people living with HIV/AIDS have access to quality housing, healthcare, HIV prevention, and treatment, among other lifesaving services.
<http://www.housingworks.org/>

Shelter - Shelters

We provide an online directory of shelters in Indiana.
<https://www.shelterlist.com/state/indiana>

Shelter - Transitional Housing

Transitional housing is supportive housing that helps fight homelessness. Find transitional housing in your state by clicking on the link! We have over 6,864 transitional housing locations in our database. We also provide as much information on each housing location along with pictures.
<https://www.transitionalhousing.org/>

Volunteer - Volunteer Opportunities

At JustServe, we believe that nothing should get in the way of organizations and volunteers coming together to do good things for the community.
<https://www.justserve.org/>

Your Leisure Time - Leisure Activities

The mission of Meetup is to revitalize local community and help people self-organize. Meetup believes that people can change their personal

Phone: 317-605-6904
3623 Graceland
Indianapolis, Indiana 46208
suzettmoffitt@yahoo.com

Shelter - Housing Authority

Find a HUD location near you.
<https://www.hud.gov/states>

Shelter - Low Income Housing

Mercy Housing Gives a Home to Low-Income Families, Seniors, Individuals, and People with Special Needs Nationwide. Our mission is to create stable, vibrant and healthy communities by providing affordable, service-enriched housing.
<https://www.mercyhousing.org/regional-offices/>

Shelter - Low Income Housing

Find low income apartments in Indiana along with non profit organizations that help with low income housing along with HUD apartments, public housing apartments, public housing authorities, and housing assistance agencies.
<https://www.lowincomehousing.us/IN.html>

Shelter - Transitional Housing

1-855-860-3119
Transitional, sober housing provides supportive housing along with drug and alcohol treatment for selective locations.
<https://www.transitionalhousing.org/state/indiana>

Transportation - Public Transportation

For more information, schedule, and ticket Info Call 317-635-3344
<http://www.indygo.net/>

Volunteer - Volunteer Opportunities

We make it easy for good people and good causes to connect. We are a community that believes in the power of volunteering to enrich our lives and the world around us. Find locations to volunteer near you!
Virtual volunteer opportunities are also available -
<https://www.volunteermatch.org/virtual-volunteering>
<https://www.volunteermatch.org/city/Indianapolis%2C+IN%2C+USA>

world, or the whole world, by organizing themselves into groups that are powerful enough to make a difference. More than 9,000 groups get together in local communities each day, each one with the goal of improving themselves or their communities.

Please visit the website to join and find a Meetup group!

<http://www.meetup.com/>