REENTRY PACKET

Your Customized Guide to Support your Successful Transition



National Web-based Reentry Resource Center www.fairshake.net

This Reentry Packet has been customized for: Holmes 41902-013

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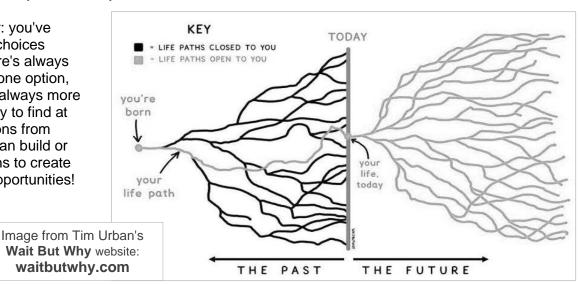
PRE-RELEASE INVENTORY

Additional items to add to your list!

- 1. List the gifts that you bring with you!
 - Include your courage, determination and authenticity.
 - Your ability to listen well and offer the greatest gift a person can give: your attention.
 - The special tools and skills you've developed to share with employers, coworkers, customers and clients.
 - Expanded knowledge, compassion and commitment to those who are close to you.
 - The unique perspective, and pro-social community-building skills that you have to construct the future with others!



- 2. Prepare for tough times. Write down book titles, articles, names of friends and family, and community resources you can turn to when things are tough; or when you feel down or vulnerable. When it's difficult to reach out to people; books may be a good place to start.
- 3. Check for "Over-Confidence". It's crucial to be confident...but foolish to be over-confident! Here are a couple of ideas to locate and address possible points of overconfidence:
 - + Play "Devil's Advocate". Be critical and pessimistic. If possible, solicit the help of a friend or a young person. (In general, the young are better at this than adults.)
 - + Resist comparing yourself to others. Everyone does things differently!
 - + Listen to, and address, concerns or criticisms from others. This doesn't mean you need to argue with them or change course. Just check to see if you are fully considering their perspective.
 - + Mix modesty and humility with enthusiasm.
- 4. Remember: you've got a lot of choices ahead! There's always more than one option, and almost always more than two. Try to find at least 4 options from which you can build or blend options to create your best opportunities!



AGENCY and ACTION

What can we do, with what we have, where we are, right now



- *** We can get ready for change; ready to build what comes next; ready for the unknown! We can read, write, plan, draw, and think – as a strategic problem solver and community building collaborator.
- We can stay flexible...mentally and physically...so that whatever comes, we will be ready and able to adjust and contribute.
- *** We can reflect, and deepen our understanding and compassion.
- *** We can consider the things that we would most love to give our deep attention to and consider how our unique gifts could bring strength to the areas we are most passionate about.
- *** We can gather tools and build skills that we will need such as attending to issues with anxiety, depression, loneliness, self-doubt; or deepening skills we already have and which are so hard to find such as listening and caring.
- *** We could learn something important for community building, so we can share it with any community we join.
- *** Feel free to reach out to Fair Shake to see if we can connect you with a group of people who are working in the area where you would like to invest your efforts: outreach@fairshake.net.

Wishing you all the best through your transitions to come! Your success is important to me...and to our future together. **Ubuntu!**

Fair Shake's

MYTH-BUSTERS



Myth: FALSE DICHOTOMIES – The idea that you must choose between two options: Yes or No. Good or Bad. Right or Wrong. Candidate A or B. Rise or Fall. With Us or Against Us. Science vs Religion. Rational vs. Emotional. Individual vs. Group. and one that I've heard a lot in my life: "That's a man's (sport, job, perspective); it's not for women". (a form of yes or no) Whenever you need to make a choice, see if you can find 4, 5, or even 10 options!



Myth: WE STOP LEARNING – If I had never touched a flame before I turned 58 years old, I would learn to never touch one in the future if I touched one today. We acquire information constantly and we organize it into meaning. We may even care enough to find out how what we learned relates to what we already know and believe. One thing school failed to teach us is how to learn, and how to discern what we learn. The 'information sources' today are louder, strangely influential, and grossly incomplete. To get the full picture, we have to dig for information and ask good questions, while also trying to avoid getting overwhelmed or trapped. We must keep learning, and as we learn, we can learn to live together better! We do not have to accept limitations or acceptable levels of suffering. We are NOT STUCK. We can learn...and then change...whatever we want. "There is no inevitability as long as there is a willingness to contemplate what is happening." - Marshall McLuhan (author of The Medium is the Message)



Myth: MERITOCRACY' - The more you learn the more you earn', 'you can make it if you try', 'pull yourself up', etc. Many ways to reinforce the idea that the people who have the money and the stuff are successful because they earned what they have, they got all their money through hard work and a shrewd (including a 100% respectful, environmentally-sound and firearms-free!) investment strategy. If only. Investing is almost never in line with our humanity values...yet it is always in our best interest to invest in humanity. Meritocracy is justified stratification; people above others for their achievements. Michael Sandel said: "We've slid into the assumption that the money people make is the measure of their contribution to the common good." I wonder how the merit idea would work if we increase accolades and 'status' based on care about others?



Myth: INCARCERATION PAYS A 'DEBT TO SOCIETY' - Why do we keep repeating this? Members of society believe that incarceration and the judicial system costs them money; they do not feel that they have been paid in any way. How could they? The only debt that has been paid is the one requested and required by a heartless and hungry punitive system. Society has little faith that 'the system' is providing the information necessary to reengage successfully. Together, we can change this. The 'justice system' is the only group getting paid.



Myth: WE ARE FRAGILE - The "Helping" Industry relies on us being weak. ACE (Adverse Childhood Experiences) scores may describe some aspects of people, but they in no way represent who we are. Many of us with high ACE scores have also become even more than resilient, we are now anti-fragile because of our challenges. This means that the adverse conditions made us stronger than we would have been without them.



Myth: TV NEWS INFORMS YOU OF WHAT IS GOING ON All you get from any single news source is what they want you to see and believe. What they show us is what their sponsors want them to show us. Sponsors demand support, so the advertisements determine the 'news' you'll see on TV. Social Media cannot be counted on to inform us of anything but an opinion. To get more pieces of the whole story, we must consider information offered by many news sources.

Fair Shake's MYTH_BUSTERS



Myth: WE NEED AUTHORITY AND MONEY TO 'FIX' OUR CHALLENGES - Why would we ask the institutions, and the people who are complicit in maintaining them, to fix the problems they created? Winona LaDuke says: "You shouldn't let your dealer tell you what you need." Are we frustrated enough yet to work on the solutions together? We've been trained to believe these myths:

- Experts and 'science' have the solutions to our challenges; they will provide the relief for our suffering. Q: What if they are the cause of our suffering?
- Money will fix our problems. Does money build trust, cooperation and feelings of confidence? We have gifts to share with each other. Our focus on money continues to take away our power. Money does not give us power. Feelings of agency, support and capability give us power!



<u>Myth: INDIVIDUALISM</u> – Individualism is said to be a "fundamental American principle" so is authoritarianism, lying, stealing, false superiority and also the myth of the 'self-made' person and "united we stand".

INTERDEPENDENCE, on the other hand, is a fundamental planetary principle. We can easily see our impact on the environment and on each other because of our insatiable pursuit of more stuff; a belief created to fill the hole created by 'individualism'. The Rev. Desmond Tutu reminded us that "the solitary individual' is a contradiction in terms.



Myth: "FREE-MARKET CAPITALISM" - You'll find that file between Easter Bunny and Santa Clause. The game is rigged. Capitalism offers some opportunity, but 'the market' does not **respond to our needs**. Instead, it manufactures our desires and externalizes unhealthy costs.



Myth: NOTHING WORKS: Roger Martinson wrote, "the represent array of correctional treatments has no appreciable effect - positive or negative - on rates of recidivism of convicted offenders." In the magazine Public Interest (1974), he stated, "rehabilitative efforts that have been reported so far have no appreciable effect on recidivism." The way that I read this is: the ineffective 'programs' supplied by the prisons (or whomever else) did not impact the already low (compared to today) recidivism rate. He said that no single thing works because we are unique. We are not robots. One thing that always works is 100% pro-social: it's us working together!



EMPLOYMENT AND EDUCATION REDUCE RECIDIVISM Only YOU "reduce recidivism". You and nothing else. It is up to you to utilize education or employment opportunities to support your reentry success; YOU get full credit for how you apply your gifts. After all, employment and higher education did not keep Jeff Skilling, Bernie Madoff, Martha Stewart, Bill Cosby, Charles Kushner, or several elected representatives, out of prison.



<u>CRIMINOGENIC NEEDS</u> Incarcerated people have basic human needs; the same needs we all have. You are not different. This is yet another attempt to scientize othering.



Myth: EXPERTS KNOW WHAT'S BEST

Experts have agendas. Always consider who is paying the 'expert'. Non-profit status does not automatically indicate integrity. Professional 'fixers' are often poor listeners. Prisons, schools and hospitals tell us what we need, they rarely ask what we think or feel. How can they 'help' if they don't hear? We can learn to listen to ourselves and each other by asking questions. We can work, care, and grow together to build our capacity for complexity, cooperation, constructive learning, critical thinking, and agency! We are the 'experts' we've been waiting for.

Maurice Sprewer

414.874.1657 (list the BEST contact number you have)

Maurice.sprewer@dwd.wisconsin.gov

(be sure that your email address is professional)

EXAMPLE of a FUNCTIONAL Resume'

Production Worker and General Laborer Committed to Safety and Quality

(personal branding statement - describes position and a quality that makes you great at it)

Summary of Skills: (make sure the skills are relevant to the job you are applying for - usually found in the job description)

- Sorting, grading, weighing, and inspecting products, verifying and adjusting product weight or measurement to meet specifications.
- Observing machine operations to ensure quality and conformity of filled or packaged products to standards.
- Monitoring the production line, watching for problems such as pile-ups, jams, or glue that isn't sticking properly.
- Attaching identification labels to finished packaged items, or cut stencils and stencil information on containers, such as lot numbers or shipping destinations.
- Stocking and sorting product for packaging or filling machine operation, and replenishing packaging supplies, such as wrapping paper, plastic sheet, boxes, cartons, glue, ink, or labels.
- Packaging the product in the form in which it will be sent out, for example, filling bags with flour from a chute or spout.
- Inspecting and removing defective products and packaging material.
- Starting machine by engaging controls.
- Removing finished packaged items from machine and separate rejected items.
- Counting and recording finished and rejected packaged items.
- Stopping or resetting machines when malfunctions occur, clearing machine jams, and reporting malfunctions to a supervisor.
- Removing products, machine attachments, or waste material from machines.
- Transferring finished products, raw materials, tools, or equipment between storage and work areas of plants and warehouses, by hand or using hand trucks.
- Packing and storing materials and products.
- Helping production workers by performing duties of lesser skill, such as supplying or holding materials or tools, or cleaning work areas and equipment.
- Counting finished products to determine if product orders are complete.
- Measuring amounts of products, lengths of extruded articles, or weights of filled containers to ensure conformance to specifications.
- Following procedures for the use of chemical cleaners and power equipment to prevent damage to floors and fixtures.
- Mixing water and detergents or acids in containers to prepare cleaning solutions, according to specifications.
- Loading and unloading items from machines, conveyors, and conveyances.
- Operate machinery used in the production process, or assist machine operators.
- Placing products in equipment or on work surfaces for further processing, inspecting, or wrapping.

Relevant Production and General Labor Experience

General Laborer (Position while incarcerated)	year - year
State of Wisconsin / Badger State Industries / FBOP (whichever applies)	City, State
Previous Relevant Employment	vear - vear
• ,	year - year
Previous Employer	City, State
Other Experience	
Previous Relevant Employment	year - year
Previous Employer	City, State

Education

Relevant Education (Relevant Degree / Diploma)

Created by Maurice Sprewer Employment & Training Specialist / Reentry Coordinator DWD / Job Service 4201 N. 27th Street Suite 602 Milwaukee, WI 53216

Your Name Milwaukee, WI Your email 111-222-3333

Re: Letter of Explanation

Insert Date Here.

Dear Sir or Madam,

EXAMPLE of a Letter of Explanation

The things I value most are honesty, integrity and directness. Therefore, in anticipation of the criminal background check, you will find that in October of 2006 I was convicted of the offense of Armed Robbery - Use of Force. I served 24 months in prison for my crime. Upon release in 2008, I unfortunately, returned to the same negative influences and the same circle of negative associations and as a result, I re-offended in 2009. The charge was again, Armed Robbery this time as a Party to a Crime. I know that what I did was wrong. It was a result of poor decision making on my part and it hurt a lot of people. I've learned a great lesson and won't repeat those past mistakes.

While incarcerated, I completed my HSED through the Warren Young School. In addition, after a period of careful self-examination, I began working on ME. I successfully completed coursework in Walking the Line - the Vow to Succeed Program, Cognitive Intervention Phases I and II, and Re-Entry bridge to Success programs. I then continued my education, gaining certifications in Telecommunications Technologies as a Network Cabling Specialist in Copper Based Systems. Since my release I have done some full time work as laborer in a tannery and volunteered my time at my 11 year old son's school. However, I am looking forward to getting back to work full-time in the field of Telecommunications as an installer so I may further demonstrate the changes in my life and be a responsible member of society.

I can understand why you may be hesitant to hire someone with my background. However, I am eligible for The Fidelity Bonding Program which can insure you for up to \$25,000 against any act of dishonesty on my part. Additionally, when you hire me, you will be eligible for Work Opportunity Tax Credits to save you up to \$9,000 this year. I will be happy to provide you more information about those programs during our interview. Lastly, I recently successfully completed the Pipeline to Employment Training Program for Former Offenders sponsored by the State of Wisconsin Department of Workforce Development and I can provide a letter of recommendation from them at your request.

I am eager to pursue this or other opportunities with your company because I am confident my skills and experiences will dovetail with the needs of your business.

Thank you for your time and consideration.

Sincerely,

Your name here

Created by Maurice Sprewer Employment & Training Specialist / Reentry Coordinator DWD / Job Service 4201 N. 27th Street Suite 602 Milwaukee, WI 53216



Fair Shake's Guide to TRUCKING OPPORUTNITIES!

American Trucking Associations

ATA Headquarters 950 North Glebe Road, Suite 210 Arlington, VA 22203-4181



https://www.trucking.org/

From their website: American Trucking Associations is the largest and most comprehensive national trade association for the trucking industry. ATA is an 86-year old federation with state trucking association affiliates in all 50 states. We represent every sector of the industry, from LTL to truckload, agriculture and livestock to auto haulers, and from large motor carriers to small mom-and-pop operations.

Owner-Operator Independent Drivers Association

OOIDA HEADQUARTERS 1 NW OOIDA Dr. Grain Valley, MO 64029 816-229-5791 800-444-5791 https://www.ooida.com/



The mission of the Owner-Operator Independent Drivers Association, Inc. is to serve owner-operators, small fleets and professional truckers; to work for a business climate where truckers are treated equally and fairly; to promote highway safety and responsibility among all highway users; and to promote a better business climate and efficiency for all truck operators. More than 150,000 members of OOIDA are men and women in all 50 states and Canada who collectively own and/or operate more than 240,000 individual heavy-duty trucks and small truck fleets. All OOIDA officers and directors are now, or have been, professional truckers, and are elected from the membership, by the membership. The 22-member board helps define OOIDA's position on all major trucking issues. They offer information and education in all areas of independent truck ownership and responsibility.



Gary's Job Board: www.garysjobboard.com

Truck Drivers wanted! Since 2004.

Gary can find you a better truck driving job, with or without a CDL.

Gary's Job Board was created to help Truck Drivers find Driving Jobs, and to help Dispatchers find Drivers. Gary's Job Board is 100% unaffiliated. We DO NOT recruit for any carriers. Our service will always be FREE to drivers because drivers' rock. Here's how garysjobboard.com works: (this is NOT a run-of-the-mill trucker job board. No one will call you, you have all the power).

- Complete your Driver Profile, it takes 2 minutes.
- Companies will see your first name, type of CDL, and experience level.
- They will not see your email address.
- You will receive a company invite by email and the email will come from our system.
- Check out what they are offering. Answer the email or not. You'll receive another invite down the road.



AllTrucking.com <u>www.alltrucking.com</u>

PO Box 26330,

Overland Park, KS, 66213

"Welcome to AllTrucking.com, your source for finding information to become a truck driver and find a trucking

career. Whether you are looking for your next truck driving job or want to learn how to earn your CDL, we have guides for you. We have even organized some of the more common questions that might be found on a CDL exam, and put them into a simple practice test! "



They have a library of guidebooks - from career support and paying for school to helping veterans – "we've got a resource to help anybody." Here are a few of our most frequently requested pages:

- How to Pay for Truck Driving School
- Truck Driving Jobs: Careers in Commercial Truck Driving
- Company-Paid CDL Training Programs: A Comprehensive Guide



Trucking Truth

www.truckingtruth.com

A Positive Yet Honest View Of The Trucking Industry With Friendly Advice From Experienced Drivers

Trucking Truth (TT) was created in 2007 to give new drivers a true picture of what a career as a truck driver is all about and a straightforward strategy for surviving that first year of their career. I wanted people to know that trucking can be an awesome career for the right person and it's totally doable if you work hard, keep a great attitude, and have a solid strategy in place.

A huge informational website that includes:

- Trucker's Forum
- Truck Driver's Career Guide
- Free CDL Practice test
- A list of companies that hire people with a criminal history.
- "The Road Home" podcast
- All things CDL
- **Trucking Company Reviews**
- Trucking Wiki...where you can find out FAQ's, physical health tests and issues, limitations and opportunities for drivers with a criminal history, driving with pets and much more.



Get Paid While Training For Your CDL?

Upon completion of your paid CDL training, you will sign an agreement to work for the company for a specified amount of time. This is how they recoup the time and money they've invested in your CDL training, which is a very fair deal for both sides.

If you quit working for the company before your obligation is complete, you will owe the company a prorated amount of money for the schooling. At some companies, your training will be free once your obligation is complete. Others may require you to make payments from your paycheck to cover the tuition for the schooling.

TT offers a review of the companies that offer paid CDL training.

Citizenship - Community Development 1310 South Street Andrews Place

Los Angeles, CA 90019 (323) 733-9022 Special Service for Groups, incorporated in 1952, is a nonprofit health and human service organization dedicated to building and sustaining community-based programs that address the needs of vulnerable communities. http://www.ssg.org/

Employment - Birth Certificate

6920 Santa Fe Ave Huntington Park, CA 90255 Store Phone: (323) 585-6430 https://www.smithsfoodanddrug.com/topic/careers-

Employment - Employment Services 5211 Washington Blvd, Suite 14

City of Commerce CA 90040 Phóne: 323-838-1020 http://www.selectstaffing.com/SelectStaffing/main. cfm?nlvl1=1

Employment - Employment Services

801 S Grand Ave., Suite 125 Los Angeles CA 90017 Phone: 213-408-0262 http://www.selectstaffing.com/SelectStaffing/main. cfm?nlvl1=1

Employment - Job Training

Unemployment, job searches and other job related support,

http://www.edd.ca.gov/

Employment - Second Chance Employers

Chrysalis is a nonprofit organization dedicated to creating a pathway to self-sufficiency for homeless and low-income individuals by providing the resources and support needed to find and retain employment.

Chrysalis Downtown 522 S. Main St Los Angeles, CA 90013 Ph: 213-806-6300 Fx: 213-895-0073 http://www.changelives.org/

Employment - Staffing Agency

PeopleReady has re-imagined and simplified the path that connects people and work. Whether you need workers or youre looking for new job opportunities, were ready to deliver results for you

https://www.peopleready.com/

Employment - Temporary Staffing Agency 516 South Main Street

Los Angeles, CA 90013 (213) 806-6300 http://www.changelives.org/

Employment - Temporary Staffing Agency

521 W 6th St Los Angeles, California 90017 (213) 785-7946

Citizenship - Legal Assistance (800) 834-5001

725 W. Rosecrans Compton, California 90222 9-5, Monday - Friday

http://www.legal-aid.com/

Employment - Employment Services

We are dedicated to helping you find your next career! The National Urban League is a historic civil rights organization dedicated to elevating the standard of living in historically underserved urban communities. Founded in 1910, the National Urban League spearheads the effort of its local affiliates through the development of programs, public policy research and advocacy. http://www.nuljobsnetwork.com/

Employment - Employment Services 6011 Pacific Blvd. Suite 106

Huntington Park CA 90255 Phone: 323-587-7769 http://www.selectstaffing.com/SelectStaffing/main. cfm?nlvl1=1

Employment - Employment Services

America Works includes work readiness training, vocational training, career placement, career advancement, and employment retention services. Our mission is to equip each individual who comes to our offices with the right tools so that they are able to provide for themselves and their loved ones. People find employment, and employers find talent! Due to the Coronavirus Pandemic, you must contact the office first before you can engage in in-person services. Click on the link above to find the location nearest to you. https://americaworks.com/virtual-contact-info/

Employment - Licensing Information

California Department of Tax and Fee Administration (CDTFA) Apply for Business License, Permit, or Account General Information: 800-400-7115 https://www.ca.gov/service/?item=apply-for-busine ss-license

Employment - Second Chance Employers

130 Bruno St, Los Angeles, CA 90012 Phone:(323) 526-1254

Homeboy Industries provides hope, training, and support to formerly gang-involved and previously incarcerated men and women allowing them to redirect their lives and become contributing members of our community.

http://www.homeboyindustries.org/what-we-do/em ployment-services/

Employment - Staffing Agency

Manpower is dedicated to enriching people's lives with meaningful employment and development opportunities, as we have done for more than 60 years.

https://www.manpower.com/ManpowerUSA/home

Employment - Temporary Staffing Agency

660 South Figueroa Street

http://www.manpower.com/

Employment - Temporary Staffing Agency

900 Wilshire Boulevard Los Angeles, CA 90017 (213) 228-1830 http://www.helpmates.com/

Employment - Temporary Staffing Agency

330 South Hope Street Los Angeles, CA 90071-3108 (213) 623-8166 http://www.act-1.com/

Reentry Resource - Multiple Resources Available

Los Angeles 400 N. Vermont Ave. Los Angeles, CA 90004 323-644-4122 Paste into your browser: http://www.delanceystreetfoundation.org/ http://www.delanceystreetfoundation.org

Reentry Resource - Multiple Resources Available

Re-Entry Services of all kinds

https://211la.org/resources

Reentry Resource - Reentry Coalition

LARRP is a network of public, community and faith-based agencies and advocates working together to ensure that our reentry system meets the needs of our agencies, communities, and the people we serve, both in terms of capacity and public policy. LARRP is the successor organization to several other reentry groups including the LASD Reentry Advisory Board and the 21st Century Reentry Project.

contact: lareentry.org http://lareentry.org/Regional-Coalitions.html Los Angeles, CA 90017-3464 (213) 236-9200 http://www.yelp.com/biz/talent-tree-sacramento

Employment - Temporary Staffing Agency

350 South Grand Avenue Los Angeles, CA 90071-3484 (213) 687-9300 http://www.staffmark.com/home/

Employment - Temporary Staffing Agency

888 South Figueroa Street Los Angeles, CA 90017 (213) 892-0234 http://www.appleone.com/

Employment - Workforce Development

job seekers assistance, training and economic development services http://www.labor.ca.gov/

Reentry Resource - Multiple Resources Available

PO Box 875288 Los Angeles, CA 90087 323.563.3575

A New Way of Life provides housing and support services to formerly incarcerated women in South Central Los Angeles.

http://www.anewwayoflife.org/

Reentry Resource - Programs

ARC changes lives and creates safe, healthy communities by providing a support and advocacy network for, and comprised of formerly incarcerated young men and women. Together we are a bridge to transformation, purpose, and redemption.

448 South Hill Street, Suite 908 Los Angeles, CA 90013 Ph: 213-955-5885 Fax: 213-955-5903

http://www.antirecidivism.org/

COMPANY OR EMPLOYER NAME:		POSITIO	N APPLIED FO	OR:	
Cross laves			APPL	ICANT TELEPHONE	E:
Employm	ent Appli	cation	SOCIAL	SECURITY NUMBER	R:
YOUR NAME:		Cinat		M: al al I	_
Last ADDRESS:		Yes	No G A PERMANI	Middle SLE FOR EMPLOYME (If yes, verification with ENT POSITION: JOB I AM ABLE TO:	ENT IN THE U.S.A.?
Are you able to perform the es of the position with or without Yes		Work o	which shifts)? vertime? a valid Alaska	Drivers License?	
IF NECESSARY FOR THE JOB, A				18 19 21_	_
EDUCATION: High School			Yrs. Completed	Field of Study	Graduate or Degree
College/University					
Business/Technical					
Other (May include grammar school)					
Duty/Specialized Training: REFERENCES: List two personal r	Yes No	r former supervisors.			
Name	Address	Tele	ohone	Occupation	Years known
Name	Address	Tele	ohone	Occupation	Years known
	oyment first. Include summer or te listed here, in the summary (follo				
Employer Name and Address	Position Title/Duties	s Skills			Dates Employed from to Reason for leaving
	Supervisor's Name:		Telepho	one:	
Employer Name and Address	Position Title/Duties	s Skills			Dates Employed from to
					Reason for leaving
	Supervisor's Name:		Telepho	one:	1

EMPLOYMENT CONTINUED				
Employer Name and Address	Position Title/Duties Skills	Position Title/Duties Skills		
	_		Reason for leaving	
	Supervisor's Name:	Telephone:		
Employer Name and Address	Position Title/Duties Skills		Dates Employed from to	
			Reason for leaving	
	Supervisor's Name:	Telephone:		
Summarize other employment related to this job:				
Types of computers, other electronic or m equipment that you are qualified to operate Typing speed: per minute.				
per minute.				
Professional Licenses, Certifications or R	egistrations:			
Additional skills including supervision skill regarding the career/occupation you wish				
In case of accident or illness please conta	ct: Name:	D	aytime phone:	
Address:	· · · · · · · · · · · · · · · · · · ·			
references may be checked. If you have n	our procedure for processing your employme nisrepresented or omitted any facts on this ap ny make a written request for information deriv	plication, and are subsequently his	red, you	
	required to: supply your birth certificate or oth g test, or to sign a conflict of interest agreeme		n the US,	
I understand and agree to the information	shown above:			
Signature:		Date:		
employers are required to provide equal e	e many employers are required by federal law mployment opportunity and may ask your nati is optional and failure to provide it will have no	onal origin, race and sex for plann	ing and	
Employer Section:				



Interview Questions for You to Ask

In an interview both you and the employer are finding out about each other. Asking these questions will show general interest in the business, and the team you are applying to work with. These questions show you care about the position and how you might fit. Asking questions will also help you understand if you think the environment is suitable for you.

Please tell me important information I should consider about working with this company:

- On average, how long do people keep the position for which I am applying?
- What strengths and skills do you think I should have to best fill this position?
- What employee qualities are encouraged here?
- Is this a friendly environment or are people pretty serious?
- Would you tell me about the challenges I might find working here?
- Which companies, products or services are our competitors?
- Is there an opportunity for promotion from this position?
- How often will I be evaluated?
- What are the businesses strengths? What aspects need improvement?
- What will be expected of me in the first 3 months? 6 months? Year?
- Are we encouraged to participate in things outside of work, like a softball league?
- In what ways does the company recognize and honor work that has been done?
- Will I have an employment agreement?
- Will I work with alone or with a group?
- Who will I report to? What kind of person are they?
- Are we anticipating any major changes in the workplace?
- How many applicants do you have for this position?
- What training do you provide?
- Does the company provide or support higher education or advanced training for employees?
- Is there anything else I can provide you to help you make a decision?
- How soon can I expect to hear from you?

Not all of these questions would apply to any one position. These questions are just examples to either pick from or open your mind to asking questions that will help you make sure the job is acceptable for you!