REENTRY PACKET

Your Customized Guide to Support your Successful Transition



National Web-based Reentry Resource Center www.fairshake.net

Table of Contents

Website

Reentry Packet Cover Page

Employment

Resume Examples

School

Relationships

Employment

Functional resume Letter of Explanation

Resource Directory

Employment

Basic Writing Tips Employment Tips Job Application Example Employer Support Sheet

ASA J. PETERS

1514 Campbell, D1 Jefferson City, Missouri 64108 (816) 667-0421 (816) 992-1421

AREAS OF RELEVANT SKILL

Multi-dimensional individual with experience as **heavy equipment operator**, **driver**, or **laborer** with technical knowledge in surveying, welding, and general maintenance. Excellent safety record and willingness to do more than what is expected. Communicate and interact effectively with diverse cultures.

- Heavy Equipment Operations: Forklift, Tractor, Loader, Backhoe, Motor Grader, Track Loader, Bulldozer, Bobcat Skid/Steer Loader, Scraper
- Driver: Dump Truck, Over-the-Road
- Technical: Surveying, Welding
- Maintenance: General, Preventative, Carpentry, Painting

EDUCATIONAL BACKGROUND

Linn State Technical College

Heavy Equipment Operator Certificate Course Welding; Blueprint Interpretation; Surveying; Preventative Maintenance

American Truck Driving School

Over-the-Road Truck Driving Certificate Course

Northwest Missouri Community College

Introduction to Computer Information Systems; Basic Programming; Data Files; Structural Programming; Microcomputer Operating Systems

EMPLOYMENT HISTORY

TEMPORARY ASSIGNMENTS, Jefferson City & Cameron, MO

- Store Clerk/Stocker
- Library Clerk/Data Entry Clerk
- Computer Operator/Data Entry Clerk
- Chapel Head Clerk
- AM/PM Baker/Store Clerk

LINN TECHNICAL COLLEGE, Linn, MO

Maintenance Technician – General maintenance, cleaning, carpentry, and lawn care.

SPRINGFIELD PARKS AND RECREATION DEPARTMENT, Springfield, MO

Laborer, Park Maintenance

MAZZIO'S PIZZA, Springfield, MO

Delivery Driver

DRIVEWAY PAVING. Toledo. OH

Dump Truck Driver/Laborer

NORTH AMERICAN VAN LINES, Ft. Wayne, IN

Over-The-Road Driver

ARTHUR F. ECK, JR.

639 Arcadia Street Rochester, NY 12239 387-458-3241

OBJECTIVE

BREAKFAST and LUNCH COOK

To assist a restaurant in attracting and retaining a strong customer base, by applying a passion for the culinary arts and a strong work ethic.

PERSONAL PROFILE

- Experience working in a kitchen environment, filling orders and developing menu items.
- Ability to get the job done by employing critical thinking and problem resolution skills.
- Work well as a team player and independently with very little supervision.
- Received commendations for being dependable and hardworking.
- Bilingual, Spanish and English.

COOKING SKILLS

- Prepared a selection of entrees, vegetables, desserts, and refreshments.
- Cleaned the grill, food preparation surfaces, counters, and floors.
- Met high quality standards for food preparation, service, and safety.
- Trained and supervised workers.
- Maintained inventory logs and placed orders to replenish stocks of tableware, linens, paper, cleaning supplies, cooking utensils, food, and beverages.
- Received and checked the content of deliveries and evaluated the quality of meats, poultry, fish, vegetables, and baked goods.
- Oversaw food preparation and cooking.

RESTAURANT EXPERIENCE

Kitchen Worker – State of New York (Coxsackie Correctional Facility); Coxsackie, NY Short Order Cook – Rockies Breakfast Bar; Rochester, NY Prep Cook/Laborer – New World Diner; Rochester, NY Lunch and Dinner Cook – Albany's Italian American Restaurant; Albany, NY

MILITARY SERVICE

U.S. Navy – Machinist Mate E-3 – *Honorable Discharge GED obtained*



Relationships - Proceed With Caution

The Mental Health Foundation defines relationships as 'the way in which two or more people are connected, or the state of being connected'. Relationships include the intimate relationships we have with our partners, ties that we form with our parents, siblings and grandparents; and th bonds that we form socially with our friends, work colleagues, teachers, healthcare professionals and community.

If you don't trust people, people will not trust you. - Lao Tzu

You don't see things as they are. You see them as you are. - Talmud

More from the Mental Health Foundation:

Relationships are one of the most important aspects of our lives, yet we can often forget just how crucial our connections with other people are for our physical and mental health and wellbeing. People who are more socially connected to family, friends, or their community are happier, physically healthier and live longer, with fewer mental health problems than people who are less well connected.

It's not the number of friends you have, and it's not whether or not you're in a committed relationship; it's the quality of your close relationships that matters. Living in conflict or within a toxic relationship is more damaging than being alone. As a society and as individuals, we must invest in building and maintaining good relationships and tackling the barriers to forming them.

Having close, positive relationships can give us a purpose and sense of belonging. Loneliness and isolation remain the key predictors for poor psychological and physical health. Having a lack of good relationships and long-term feelings of loneliness have been shown by a range of studies to be associated with higher rates of mortality, poor physical health outcomes and lower life satisfaction. In seeking to combat loneliness and isolation, however, we need to be aware that poor-quality relationships can be toxic and worse for our mental health than being alone. Research shows that people in unhappy or negative relationships have significantly worse outcomes than those who are isolated or have no relationships.

Longer working hours, money problems and less time to spend with family have been reported as some of the most important stress factors for relationships. Having few close relationships has been linked to higher rates of depression and stress in older adults.

Engaging in community helps us feel connected, supported and gives us a sense of belonging. Involvement in local activities, such as volunteering or playing sports as part of a team, has been shown to improve mental health and wellbeing.

When it comes to keeping physically well, we recognize that exercise and eating well require commitment and dedication. We need to adopt a similar approach to building and maintaining good relationships! For many of us, our approach to building and maintaining relationships is passive – it is something we do subconsciously and without deliberate effort. We often overlook that it requires an investment of time to maintain good relationships.

Five things we can do to build our feelings of connection:

- 1. Put more time aside to connect with friends and family.
- 2. Try to be present in the moment and be there for your loved ones.
- 3. Actively listen to what others are saying and concentrate on their needs in that moment.
- 4. Share how you are feeling, honestly, and allow yourself to be listened to and supported.
- 5. Foster healthy relationships: being around positive people can increase our mental and our physical health!

www.fairshake.net



Tips for building relationships and learning to trust:

- Be honest with yourself. If you are honest with yourself, you can be honest with other people
- Express your concerns
- Go slowly! Do not idealize the situation; consider the relationship clearly and thoughtfully
- Build trust step by step. Start trusting each other in small matters
- Trust is a perception of honesty; competence and value similarly are essential
- · We creatively build our reality through social interaction using social structure as our guiding behavior
- Remember: The judgments we make about others depend not only on their behavior but on our interpretation of the social situation

Love and Relationships

Regardless of how old we are, if we can think, we have thought about love. We know the definition is very broad, but we often allow ourselves to be duped into thinking "love" means "romantic relationship". Love certainly includes romantic relationships, but it is really so much more.

Almost everyone wants:

- To feel valued / valuable.
- To love and feel loved.
- To feel safe.
- To make sense of our life.
- To share joys and sorrows with close friends or family.

Why do we lie?

- To look good. We choose to present an image of ourselves as attractive and desirable. We are afraid to share information that may make us look bad.
- To avoid unpleasantness. We conceal information that we believe may cause conflict. We go to great lengths to create false, superficial harmony. We get to know ourselves and each other better as we reveal and negotiate our differences.
- To avoid hurting feelings. We don't want to upset people by saying something that might hurt or make them angry.

Detecting lies can be difficult. Scrutinize three elements: voice, body language, and facial expression. Other possible signs of loss of trust: withholding information, mixed messages, refusing to negotiate.



Basic Sociological and Relationship Concepts

Uncertainty Reduction Theory:

Uncertainty is unpleasant and therefore motivational; people communicate to reduce it.

Strangers, upon meeting, go through certain steps and checkpoints in order to reduce uncertainty about each other and form an idea of whether one likes or dislikes the other. The contents of the exchanges are often demographic and transactional. Where are you from? Do you have any pets? Demographic information is obtained: sex, age, economic, or social status.

When the new acquaintances are ready to get to know each other better, they begin to explore the attitudes and beliefs of the other by asking questions about values, morals, and personal issues. They feel less constrained by rules and norms and tend to communicate more freely with each other. One factor which reduces uncertainty between communicators is the degree of similarity individuals perceive in each other (in background, attitudes, and appearance).

Three basic ways people seek information about another person:

- Passive observation only, no contact
- Active ask others about the person in question
- Interactive communicate directly with the person

The primary determinant of individual behavior is the social situation in which that behavior occurs. Social roles, competition, or the mere presence of others can profoundly influence how we behave. We usually adapt our behavior to the demands of the social situation, and in ambiguous situations we take our cues from the behavior of others.

Terms

Social Construction of Reality: Refers to the process by which individuals build reality through social interaction. While statuses and roles structure our lives, we shape our patterns of interaction with others. People build reality from the surrounding culture. Therefore, perceptions of reality vary both within a single society and among societies the world over.

Social Norms: "Unwritten rules." Adjustment to a group typically involves discovering its social norms. Two ways: Noticing uniformities and observing negative consequences.

Social Reality: Subjective interpretations of other people and of our relationships. Social Reality determines whom we find attractive, whom we find threatening, whom we seek out and whom we avoid. The judgments we make about others depend not only on their behavior but on our interpretations of the social situation.

Principle of Proximity: Frequent contact best predicts our closest relationships.

Self-Disclosure: Sends signals of trust. "Here is a piece of information that I want you to know about me, and I trust you not to hurt me with it."

Nonverbal Communication: This concept refers to communication using, not speech, but body movements, gestures, and facial expressions. Types of body language – smiles, eye contact, and hand movements. Most nonverbal communication is culture-specific. Three ways in which emotional life differs cross-culturally include: (1) what triggers an emotion, (2) how people display emotions according to the norms of culture, and (3) how people cope with emotions.

Similarity: People usually find it more rewarding to strike up a friendship with someone who shares their attitudes, interests, values, and experiences. If we have just discovered that we share tastes in music, politics, and attitudes toward education, we will probably hit it if off because we have, in effect, exchanged compliments that reward each other for our tastes and attitudes. Most people find marriage partners of the same age, race, social status, attitudes, and values.



Terms Continued...

Expectancy-Value Theory: People usually decide whether to pursue a relationship by weighing the value they see in another person against their expectation of success in the relationship (Will the other person be attracted to me?). People with low opinions of themselves tend to establish relationships with people who share their views, that is, with people who devalue them. On the other hand, individuals who appear to be extremely competent can be intimidating; we fear they will reject our approaches. When highly competent individuals commit minor blunders, however, we like them better.

Cognitive Dissonance Theory: Mental adjustments that account for people who voluntarily undergo unpleasant experiences. When people's cognitions and actions are in conflict (dissonance) they often reduce the conflict by changing their thinking (cognition) to fit their behavior. This explains why smokers rationalize their habit.

Becoming an Ex: This experience is common to most people in modern society. Unlike individuals in earlier cultures who usually spent their entire lives in one career, one marriage, one religion, or one geographic locality; people living in today's world tend to move in and out of many roles in the course of a lifetime. It's hard to shake former roles, however, so the 'ex' must repeatedly demonstrate the behaviors of the new roles they are in.

Cooperation can change people: Working with diverse people we learn all people are just people, not objects to be hated and/or loved for their perceived and distant media or culture-derived social value. We share a small country and a small planet! We are mutually interdependent on each other. Whether we recognize this or not, we have a working relationship based on shared goals.

Power of the Situation: Can have a strong influence! What happens when you put good people in an evil place? Check out this simulation study of the psychology of imprisonment, called the Stanford Prison Experiment, conducted in 1971: http://www.prisonexp.org/

Discrimination: A negative behavior, an action taken against an individual as a result of her or his group membership.

The source of discrimination and prejudice that is perhaps the most pervasive is an unthinking tendency to maintain conditions the way they are:

- Even when those conditions involve unfair assumptions prejudices and customs. If similarity breeds liking, then dissimilarity can breed disdain.
- Find commonalities! Social distance can make it easier to treat members of an 'out-group' with contempt.

Fundamental Attribution Error: We tend to attribute other peoples actions and misfortunes to their personal traits rather than to situational forces. This helps explain why we often hear attribution of laziness or low intelligence to people who aren't wildly financially successful.

For ourselves, however, we attribute our success to internal factors, such as motivation, talent or skill. We attribute our failures to external factors beyond our control, called a self-serving bias; probably rooted in the need for self-esteem due to social pressures to excel.

Prejudice: A negative attitude toward an individual based solely on his or her membership in a particular group. Prejudiced attitudes serve as filers that influence the way others are perceived and treated. Discrimination is a negative behavior, an action taken against an individual as a result of her or his group membership.

Maurice Sprewer

414.874.1657 (list the BEST contact number you have)

Maurice.sprewer@dwd.wisconsin.gov

(be sure that your email address is professional)

EXAMPLE of a FUNCTIONAL Resume'

Production Worker and General Laborer Committed to Safety and Quality

(personal branding statement - describes position and a quality that makes you great at it)

Summary of Skills: (make sure the skills are relevant to the job you are applying for - usually found in the job description)

- Sorting, grading, weighing, and inspecting products, verifying and adjusting product weight or measurement to meet specifications.
- Observing machine operations to ensure quality and conformity of filled or packaged products to standards.
- Monitoring the production line, watching for problems such as pile-ups, jams, or glue that isn't sticking properly.
- Attaching identification labels to finished packaged items, or cut stencils and stencil information on containers, such as lot numbers or shipping destinations.
- Stocking and sorting product for packaging or filling machine operation, and replenishing packaging supplies, such as wrapping paper, plastic sheet, boxes, cartons, glue, ink, or labels.
- Packaging the product in the form in which it will be sent out, for example, filling bags with flour from a chute or spout.
- Inspecting and removing defective products and packaging material.
- Starting machine by engaging controls.
- Removing finished packaged items from machine and separate rejected items.
- Counting and recording finished and rejected packaged items.
- Stopping or resetting machines when malfunctions occur, clearing machine jams, and reporting malfunctions to a supervisor.
- Removing products, machine attachments, or waste material from machines.
- Transferring finished products, raw materials, tools, or equipment between storage and work areas of plants and warehouses, by hand or using hand trucks.
- Packing and storing materials and products.
- Helping production workers by performing duties of lesser skill, such as supplying or holding materials or tools, or cleaning work areas and equipment.
- Counting finished products to determine if product orders are complete.
- Measuring amounts of products, lengths of extruded articles, or weights of filled containers to ensure conformance to specifications.
- Following procedures for the use of chemical cleaners and power equipment to prevent damage to floors and fixtures.
- Mixing water and detergents or acids in containers to prepare cleaning solutions, according to specifications.
- Loading and unloading items from machines, conveyors, and conveyances.
- Operate machinery used in the production process, or assist machine operators.
- Placing products in equipment or on work surfaces for further processing, inspecting, or wrapping.

Relevant Production and General Labor Experience

General Laborer (Position while incarcerated)	year - year
State of Wisconsin / Badger State Industries / FBOP (whichever applies)	City, State
Previous Relevant Employment	vear - vear
• ,	year - year
Previous Employer	City, State
Other Experience	
Previous Relevant Employment	year - year
Previous Employer	City, State

Education

Relevant Education (Relevant Degree / Diploma)

Created by Maurice Sprewer Employment & Training Specialist / Reentry Coordinator DWD / Job Service 4201 N. 27th Street Suite 602 Milwaukee, WI 53216

Your Name Milwaukee, WI Your email 111-222-3333

Re: Letter of Explanation

Insert Date Here.

Dear Sir or Madam,

EXAMPLE of a Letter of Explanation

The things I value most are honesty, integrity and directness. Therefore, in anticipation of the criminal background check, you will find that in October of 2006 I was convicted of the offense of Armed Robbery - Use of Force. I served 24 months in prison for my crime. Upon release in 2008, I unfortunately, returned to the same negative influences and the same circle of negative associations and as a result, I re-offended in 2009. The charge was again, Armed Robbery this time as a Party to a Crime. I know that what I did was wrong. It was a result of poor decision making on my part and it hurt a lot of people. I've learned a great lesson and won't repeat those past mistakes.

While incarcerated, I completed my HSED through the Warren Young School. In addition, after a period of careful self-examination, I began working on ME. I successfully completed coursework in Walking the Line - the Vow to Succeed Program, Cognitive Intervention Phases I and II, and Re-Entry bridge to Success programs. I then continued my education, gaining certifications in Telecommunications Technologies as a Network Cabling Specialist in Copper Based Systems. Since my release I have done some full time work as laborer in a tannery and volunteered my time at my 11 year old son's school. However, I am looking forward to getting back to work full-time in the field of Telecommunications as an installer so I may further demonstrate the changes in my life and be a responsible member of society.

I can understand why you may be hesitant to hire someone with my background. However, I am eligible for The Fidelity Bonding Program which can insure you for up to \$25,000 against any act of dishonesty on my part. Additionally, when you hire me, you will be eligible for Work Opportunity Tax Credits to save you up to \$9,000 this year. I will be happy to provide you more information about those programs during our interview. Lastly, I recently successfully completed the Pipeline to Employment Training Program for Former Offenders sponsored by the State of Wisconsin Department of Workforce Development and I can provide a letter of recommendation from them at your request.

I am eager to pursue this or other opportunities with your company because I am confident my skills and experiences will dovetail with the needs of your business.

Thank you for your time and consideration.

Sincerely,

Your name here

Created by Maurice Sprewer Employment & Training Specialist / Reentry Coordinator DWD / Job Service 4201 N. 27th Street Suite 602 Milwaukee, WI 53216

Computers and Technology - Equipment Internet and Training

Everyone On helps unlock social and economic opportunity by connecting low-income people to affordable internet service and computers, and delivering digital skills trainings. Find Low-Cost Internet Service, Computers and Free Training in Your Area!

https://www.everyoneon.org/find-offers

Employment - Employment Services America Works includes work readiness training, vocational training, career placement, career advancement, and employment retention services. Our mission is to equip each individual who comes to our offices with the right tools so that they are able to provide for themselves and their loved ones. People find employment, and employers find talent! Due to the Coronavirus Pandemic, you must contact the office first before you can engage in in-person services. Click on the link above to find the location nearest to you. https://americaworks.com/virtual-contact-info/

Employment - Staffing Agency

Manpower is dedicated to enriching people's lives with meaningful employment and development opportunities, as we have done for more than 60 years.

https://www.manpower.com/ManpowerUSA/home

Employment - Workforce Development 123 W. Missouri Ave.

Pierre, SD 57501

The first stop in your job search Create and post a resume Explore Careers Eligible Training Providers List Get job alerts https://dlr.sd.gov/workforce services/individuals/de fault.aspx

Food - Food Pantry

Find a food bank near you! The Feeding America nationwide network of food banks secures and distributes more than 3 billion meals each year. Contact your local community food bank to find food.

http://www.feedingamerica.org/find-your-local-food bank/

Food - Food Pantry

Find local pantries, soup kitchens, food shelves, food banks and other food help. https://www.foodpantries.org/st/south dakota

Free - Free Stuff

We are a grassroots and entirely nonprofit movement of people who are giving and getting stuff for free in their own Towns. It's all about reuse and keeping good stuff out of landfills. Membership is free. https://www.freecycle.org/

Health - Free/Sliding Scale Clinic

232 Capital St Yankton, SD 57078 Phone: (605) 760-0192 **Employment - Employment Services**

We are dedicated to helping you find your next career! The National Urban League is a historic civil rights organization dedicated to elevating the standard of living in historically underserved urban communities. Founded in 1910, the National Urban League spearheads the effort of its local affiliates through the development of programs, public policy research and advocacy. http://www.nuljobsnetwork.com/

Employment - Staffing Agency

PeopleReady has re-imagined and simplified the path that connects people and work. Whether you need workers or youre looking for new job opportunities, were ready to deliver results for you today.

https://www.peopleready.com/

Employment - Workforce Development 3113 Spruce St Suite #124 Yankton, SD 57078 Phone: (605) 668-2900

https://dlr.sd.gov/localoffices/yankton/

Food - Food Pantry WhyHunger Hotline: 866-348-6479 Call, text or click on the link to their website to find food pantries, soup kitchens, summer meals sites, government nutrition programs and grassroots organizations.

http://www.whyhunger.org/find-food

Food - Food Pantry

Ample Harvest works to reduce food waste by connecting gardeners to their local food pantries so that excess garden bounty can be shared with those in need. Use the search tool to look for a local food pantry near you. https://ampleharvest.org/find-food/

Free - Free Phone

FREE Smartphone + FREE Unlimited Talk, Text + Data every month! https://www.safelinkwireless.com

Health - Alcoholics Anonymous

Welcome to AA South Dakota, a state-wide recovery resource devoted to supporting the men and women of South Dakota. AA South Dakota helps individuals struggling with alcoholism find the help they need on a local basis. Discover South Dakota Alcoholics Anonymous meetings per county or city, and take the next step to overcome alcohol addiction.

https://alcoholicsanonymous.com/aa-meetings/sou th-dakota/

Health - Free/Sliding Scale Clinic with Dental

There are many types of health clinics nationwide. There are low cost, affordable, sliding scale, medicaid accepted, community health care clinics, emergency clinics and regular medical clinics. Our directory provides not only the clinics listed, but also information, pictures, comments, and reviews on these clinics.

https://www.clinicdirectory.org/state/south dakota.

Health - Health Department

Multiple resources and services can be found on this page.

https://doh.sd.gov/

Multiple Resources - Multiple Resources

920 Broadway Ave Ste 1 Yankton, SD 57078

Phone: (605) 665-6766

According to their website - For over 65 years, United Way of Greater Yankton has been the most collaborative, efficient, and accountable way to invest in our community. If you need help, call 211.

https://www.yanktonunitedway.org/

Reentry Resource - Multiple Resources Available

Search for benefits in Education, Grants, Loans, Social Security, Housing and Utilities, Employment and Career Development, Financial Assistance and

https://www.benefits.gov/categories

Reentry Resource - Multiple Resources Available

County Government Center 321 W 3rd St B02 Yankton, SD 57078 (605) 260-4400 ext. 1

The mission of Yankton County is to provide citizens with high quality public services that create a foundation of trust, unity, safety, and collaboration.

http://www.co.yankton.sd.us/custom/contact-cente

Reentry Resource - Multiple Resources Available

Scroll down the page to find your state. Titles in the left column will lead you to resources available

If you scroll down the page to find your state name, you can click on that for statewide resources.

https://www.needhelppayingbills.com/index.html

Shelter - Homeless Shelter

The Homeless Shelter Directory provides listings for Homeless Shelters and Homeless Service Organizations around the country. This includes supportive resources.

http://www.homelessshelterdirectory.org

Shelter - Low Income Housing

Find low income apartments in South Dakota along with non profit organizations that help with low income housing along with HUD apartments, public housing apartments, public housing authorities, and housing assistance agencies.

https://www.lowincomehousing.us/SD.html

Shelter - Shelters

We provide an online directory of shelters in South

https://www.shelterlist.com/state/south dakota

html

Money - Finances/Budgeting 800.388.2227

Free Credit Counseling! Our mission is to help all Americans gain control over their finances. For over 60 years, NFCC and its member agencies have helped people just like you pay off debt and grow in their financial capability. Our services help people overcome financial challenges at nearly every stage of life.

https://www.nfcc.org/

Native Resources - General

The Administration for Children and Families Tribal and Native American Affairs (ACF) is committed to working with tribal nations and Indigenous communities across the United States to improve the economic and social well-being of children and families. ACF oversees more than 60 programs that empower families and communities, improve access to an array of services, and build strong and healthy communities. ACFs discretionary and mandatory programs award more than \$1 Billion each year to tribes, tribal organizations, and Native American organizations to:

Protect and promote the vitality of Native American Languages

Promote healthy prenatal outcomes and healthy development of children

Provide affordable, high-quality early care and afterschool programs

Prevent and protect children from abuse and neglect

Reduce the causes of poverty and foster family economic security

Improve the financial, emotional, and medical support children receive from their parents Reduce the risk of youth homelessness, adolescent pregnancy, and domestic violence

Prevent human trafficking of Native people and assist survivors

https://www.acf.hhs.gov/tribal-affairs

Reentry Resource - Multiple Resources Available

Our findhelp technology powers Americas leading social care network. Our network features more than 300,000 free and reduced-cost programs in all 50 U.S. states, territories, and Puerto Rico, powering social care systems for hundreds of customers nationwide.

https://www.findhelp.org/find-social-services/south -dakota

Reentry Resource - Multiple Resources Available

211 connects you with thousands of nonprofit and government services in your area. If you want personal assistance call the three-digit number 211 or 877-947-2211. A friendly voice to talk with you 24/7/365.

https://www.helplinecenter.org/

Shelter - Energy Assistance

Energy Assistance helps low-income South Dakotans pay for home heating costs. Keep in mind, energy assistance may not pay for all of your home heating cost.

Shelter - Transitional Housing

415 Linn St Yankton, SD 57078 Phone: (605) 665-0210

Stephens House is a faith-friendly non-profit organization that combines mentoring and programming to address the challenges men face as they transition from treatment and the criminal justice system.

https://stephenshouse.org/

Special Considerations - Disability Support

Government agencies and disability rights organizations in South Dakota.

https://www.olmsteadrights.org/self-helptools/advo cacy-resources/item.7065-South Dakota Disability Resources and Advocacy Organizations

Special Considerations - Veteran Support

425 E. Capitol Pierre, SD 57501 Phone: 605-773-3269

The South Dakota Department of Veterans Affairs (SDDVA) is a state agency which was created to assist military veterans, and their dependents, in preparing claims for benefits from the US Department of Veterans Affairs (VA). These benefits include, but are not limited to: compensation for service connected disabilities, hospital care at a VA Medical Center, pension benefits for certain wartime veterans, VA Home Loan programs, Burial Benefits, etc. https://vetaffairs.sd.gov/benefits/State/intro%20to %20state%20benefits.aspx

Volunteer - Volunteer Opportunities

We make it easy for good people and good causes to connect. We are a community that believes in the power of volunteering to enrich our lives and the world around us. Find locations to volunteer

Virtual volunteer opportunities are also available https://www.volunteermatch.org/virtual-volunteeri

https://www.volunteermatch.org/

https://dss.sd.gov/economicassistance/energyassis tance/lowincome.aspx

Shelter - Homeless Shelter

412 East 4th Street Yankton, SD 57078 (605) 665-8994

Our mission is to serve the immediate needs of individuals and families experiencing homelessness within the Yankton area, while engaging partners in developing long-term solutions. The shelter was founded on the belief that everyone deserves a home.

https://www.yanktonpathways.org/

Shelter - Low Income Housing

City of Yankton 416 Walnut St or PO Box 176 Yankton, SD 57078 605.668.5200

The Yankton Housing and Redevelopment Commission is committed to providing safe, sanitary, affordable housing to our citizens, through the proper administration of the Section 8 Housing Choice Voucher Program, redevelopment efforts in our older neighborhoods, and working with local agencies to provide families with appropriate supportive services.

https://www.cityofyankton.org/departments-servic es/housing-redevelopment

Shelter - Transitional Housing

1-855-860-3119

Transitional, sober housing provides supportive housing along with drug and alcohol treatment for selective locations

https://www.transitionalhousing.org/state/south_da kota

Shelter - Transitional Housing

Transitional housing is supportive housing that helps fight homelessness. Find transitional housing in your state by clicking on the link! We have over 6,864 transitional housing locations in our database. We also provide as much information on each housing location along with pictures.

https://www.transitionalhousing.org/

Special Considerations - Disability Support

3800 East Hwy 34 Hillsview Plaza c/o 500 E Capitol Avenue

Pierre, SD 57501 605-773-5990

The mission of the Division of Long Term Services and Supports (LTSS) is & amp; quot; To provide opportunities to enable older South Dakotans and adults who are disabled to live independent, meaningful, and dignified lives while maintaining close family and community ties by promoting long term services.

https://dhs.sd.gov/developmentaldisabilities/defaul t.aspx

Volunteer - Community Development Since 1987, the South Dakota Community

Foundation has helped people reach their philanthropic goals and strengthen communities by making your charitable donations do more. Every day we work to simplify the process and grow charitable donations through careful investmentâ??so these donations can go further and do more good throughout the state of South Dakota. http://sdcommunityfoundation.org/



Employment Tips

We often have to work our way up to the job we want; either because it is not available when we go to find it or we need more experience, education, preparation or time to get ready. Although we will spend time working at jobs that are not our preference, we can enjoy the interim more when we stay focused on our goals.

Start by asking yourself:

- What kind of job or career do I want?
- What am I willing to do, learn or sacrifice to get that job or career?

Before venturing out into the world of work you will have to obtain necessary documents.

The most frequently requested documents are:

- Birth Certificate
- Driver's license or Basic Identification
- Social Security Card

The birth certificate and driver's license forms offered in our Employment Documents are samples. You can find links to the applications that you need in our Resource Directory!

Next, ask yourself the following questions

- What occupations or industries in your area are in need of employees?
- What are your employment limitations due to your particular crime?
- What is the income you need in order to pay for housing, food, energy, phone, child support, restitution, transportation, etc? (check out our <u>Build a Budget Worksheet</u>)
- Which strategies do you think would be most effective for "selling" your attributes?

To prepare to apply for a job you may want to create the following worksheets:

- Inventory your work history in and out of prison
- List your training, skills, limitations, and health considerations
- Gather all the information you will need to fill out employment applications. Are you ready to fill them out online? (Several companies only accept online applications.)

Considerations and Preparation

What are your employment resources?

- Classified ads (in the paper or locally found on-line)
- Applying for jobs with companies you want to work for
- Job Assistance and Job Training centers
- Craigslist, Monster.com, other job-search websites

Skills Assessment and Personal Strengths Evaluation

Consider taking a free online self-assessment test help us see what careers we are suited for. If you type the phrase 'self-assessment test' into any search engine, several options will be available for you to check out.

Do you need clothes for your interview or new job?

Check out Dress for Success, a global program that may have a location near you! (www.dressforsuccess.org)



Resume' and Interview tips:

Two good places where you get the chance to show a company why they cannot afford NOT to hire you. Keep these tips in mind as you write your application or resume', and prepare for job interviews:

- Be cheerful in your in-person or telephone job interviews.
- Talk about the benefits of your experience and the relevant expertise you offer.
- Speak about the value you would bring to the company.
- Share stories in the job interview about success in prior assignments.
- Talk about your ability to work with a diverse group of people.

Typical Barriers to Employment:

- Lack of updated resume
- Appropriate clothing for job search
- Transportation
- Stable housing
- Substance abuse

- Poor interview skills
- Poor job search skills
- Not a high school graduate
- No documentation (ID, Social Security card)

SMART: What is your strategy for overcoming barriers and creating success?

You can create a clear strategy by following SMART guidelines:

Specific Measurable Attainable Realistic Timely (or Tangible)

Specific – what is the specific goal you wish to achieve?

Can you answer these questions?

- Who do you need to be involved?
- What do you really want to accomplish?
- When do you want to accomplish it?
- Where do you need to be to accomplish it?
- Why do you want to achieve this goal?
- Which things do you need to get in order and which are the constraints to achieving your goal?

Measurable – How will you know when you've achieved your goal? What criteria have you set up to measure your progress and reach your target dates?

Attainable – Can you see yourself achieving this goal? Can you see the path to get there and then see yourself in that place of having reached the goal?

Realistic – Are you willing and able to achieve the goal?

Timely – How long do you need to achieve your goal? Work out your goal date and then the smaller goals that must be met to meet that goal date?

Tangible – Imagine: can you taste, touch, smell, see or hear the results of achieving your goal?

COMPANY OR EMPLOYER NAME:		POSITIO	N APPLIED FO	OR:	
Cross laves			APPL	ICANT TELEPHONE	E:
Employm	ent Appli	cation	SOCIAL	SECURITY NUMBER	R:
YOUR NAME:		Cinat		M: al al I	_
Last ADDRESS:		Yes	No G A PERMANI	Middle SLE FOR EMPLOYME (If yes, verification with ENT POSITION: JOB I AM ABLE TO:	ENT IN THE U.S.A.?
Are you able to perform the es of the position with or without Yes		Work o	which shifts)? vertime? a valid Alaska	Drivers License?	
IF NECESSARY FOR THE JOB, A				18 19 21_	_
EDUCATION: High School			Yrs. Completed	Field of Study	Graduate or Degree
College/University					
Business/Technical					
Other (May include grammar school)					
Duty/Specialized Training: REFERENCES: List two personal r	Yes No	r former supervisors.			
Name	Address	Tele	ohone	Occupation	Years known
Name	Address	Tele	ohone	Occupation	Years known
	oyment first. Include summer or te listed here, in the summary (follo				
Employer Name and Address	Position Title/Duties	s Skills			Dates Employed from to Reason for leaving
	Supervisor's Name:		Telepho	one:	
Employer Name and Address	Position Title/Duties	s Skills			Dates Employed from to
					Reason for leaving
	Supervisor's Name:		Telepho	one:	1

EMPLOYMENT CONTINUED				
Employer Name and Address	Position Title/Duties Skills	Position Title/Duties Skills		
	_		Reason for leaving	
	Supervisor's Name:	Telephone:		
Employer Name and Address	Position Title/Duties Skills		Dates Employed from to	
			Reason for leaving	
	Supervisor's Name:	Telephone:		
Summarize other employment related to this job:				
Types of computers, other electronic or m equipment that you are qualified to operate Typing speed: per minute.				
per minute.				
Professional Licenses, Certifications or R	egistrations:			
Additional skills including supervision skill regarding the career/occupation you wish				
In case of accident or illness please conta	ct: Name:	D	aytime phone:	
· · · · · · · · · · · · · · · · · · ·		Relationship:		
references may be checked. If you have n	our procedure for processing your employme nisrepresented or omitted any facts on this ap ny make a written request for information deriv	plication, and are subsequently his	red, you	
	required to: supply your birth certificate or oth g test, or to sign a conflict of interest agreeme		n the US,	
I understand and agree to the information	shown above:			
Signature:		Date:		
employers are required to provide equal e	e many employers are required by federal law mployment opportunity and may ask your nati is optional and failure to provide it will have no	onal origin, race and sex for plann	ing and	
Employer Section:				



www.fairshake.net PO Box 63 Westby, WI 54667 608-634-6363

Fair Shake Employer Support

All of this information and much more can be found at https://www.fairshake.net/employers

Although tremendous responsibility is on the shoulders of those transitioning from prison to society, their success is made possible only when the entire community is involved.

Employers have the opportunity to help create one of the first and most stable bridges to reentry success. Fair Shake supports an employer's desire to understand formerly incarcerated applicants by offering tools and information to help you make informed, careful hiring decisions.

Fair Shake has also created tools for our members to more fully demonstrate their character than may be available on a standard job application through our free "office in the clouds", which includes a Personal Web Page.

The FAIR SHAKE PERSONAL WEB PAGE (PWP): What you learn about these applicants

Building a Fair Shake personal web page is not an easy feat! Formerly incarcerated people who create this page demonstrate many things to you:

- HONESTY: They are open, honest and direct by letting you know s/he has been incarcerated. As you may well imagine, this takes an enormous amount of courage. We know that honesty is imperative to building trust. Is honesty something you are looking for in your employees?
- SELF-MOTIVATION: Creating this page demonstrates the applicant's perseverance tenacity, and desire to succeed. S/he had no coercion in building this page; there was no class for it nor did anyone recommend they do this. They built the page of their own volition.
- TECH-SKILLS: A variety of computer skills were required to create the Personal Web Page including: scanning, storage, typing, and understanding 'cloud' technology; to name a few.
- HUMANNESS: In addition to the above, the applicant offers information here that describes more than skills and experiences; you learn who they are and what they bring to your organization. This information is very important in building company culture, but is not requested on standard job applications.

Why hire a formerly incarcerated person?

- To keep your options open for hiring the best possible candidate!
- Many formerly incarcerated people have received extensive training
- Many formerly incarcerated people are motivated to work
- Many formerly incarcerated people have a job coach or advisor
- Support is available for training and reducing risk

www.fairshake.net 95



Support for hiring formerly incarcerated people:

Fidelity Bonding Program

The **Fidelity Bonding Program** offers six months of free bonding support to businesses across the country to lower their risk when hiring applicants who have been incarcerated.

Federal Fidelity Bonding Program: http://bonds4jobs.com

Bonding can:

- Reduce your risk when you hire formerly incarcerated people
- Provide six months of FREE insurance against employee theft
- Be obtained quickly and easily by just a phone call to confirm your hire

To bond a formerly incarcerated new hire today call toll-free: 877-US2-JOBS (877-872-5627)

Work Opportunity Tax Credit (WOTC)

The WOTC is a special tax credit available for hiring former felons (and others) and must occur within one year of their release date. The WOTC is available to any size business from small organizations to national corporations. The credit is also available for any type of job. The work can be full-time, part-time, temporary, or seasonal.

Facts about the WOTC tax credit:

- Employers can save as much as \$2,400 in taxes
- · Applies to the first year of employment
- The new employee must work 120 hours for the employer to begin to receive credit Exceptions:
 - Not for independent contractor work
 - Not for a business owned by a close relative

To find out more: http://www.doleta.gov/business/incentives/opptax/wotcEmployers.cfm
Or call: 1-800-829-4933

Employee Training Support

Your business may be eligible for a state or federal training grant (or other funding). To find out what you may qualify for, check with your Workforce Investment Board, Small Business Development Center, or economic development agency.

- Workforce Investment Board: http://www.servicelocator.org/contactspartners.asp
- Small Business Development Center: https://www.sba.gov/tools/local-assistance
- Economic Development Agency: https://www.sba.gov/content/economic-development-agencies

Ban the Box:

Are you ready to remove the box that says 'Have you ever been convicted of a felony?' from your job application forms? If so, we can help! https://www.fairshake.net/ban-the-box/
On our page you will find:

- Best Practices and Model Policies
- Fair Chance Fact Sheet
- Community Hiring Model
- Which states, cities and counties Ban the Box
- Learn from dedicated states like Minnesota who have Banned the Box for both public- and private-sector jobs. They freely share information for you to do this, too.

96 www.fairshake.net