

Citizenship - Birth Certificate

Division of Data, Research, and Vital Statistics
220 Capitol Street
11 State House Station
Augusta, Maine 04333-0011
Telephone: (207) 287-1919
Toll Free: 1-888-664-9491

<https://www.maine.gov/dhhs/mecdc/public-health-systems/data-research/vital-records/>

Citizenship - Consumer Services

Find out what consumer services are available to you.
http://maine.gov/portal/residents/consumer_protection.html

Citizenship - Legal Assistance

Pine Tree Legal Assistance provides free legal help to Maine people with low incomes. They also have regional offices. We have listed those addresses by zip code.

Main office address:
88 Federal Street
P.O. Box 547
Portland ME 04112
Telephone: (207) 774-8211

<http://www.ptla.org/welcome>

Employment - Workforce Development

Adding strength to Maine's workforce. Workforce Solutions staff works with individuals, like you, looking for employment that is fulfilling, meaningful and supportive in Maine's six coastal counties - Cumberland, Knox, Lincoln, Sagadahoc, Waldo, and York.

<https://www.workforcesolutionsme.org/>

Family - Child Care

<http://www.maine.gov/dhhs/families.shtml>

Family - Family Support

All services can be found on the website.
<https://www.maine.gov/dhhs/programs-services/human-services>

Food - Food Pantry

Find local pantries, soup kitchens, food shelves, food banks and other food help.
<https://www.foodpantries.org/st/maine>

Free - Free Stuff

We are a grassroots and entirely nonprofit movement of people who are giving and getting stuff for free in their own Towns. It's all about reuse and keeping good stuff out of landfills. Membership is free.

<https://www.freecycle.org/>

Health - Alcoholics Anonymous

Welcome to AA Maine, a state-wide recovery resource devoted to supporting the men and women of Maine. AA Maine helps individuals struggling with alcoholism find the help they need on a local basis. Discover Maine Alcoholics Anonymous meetings per county or city, and take the next step to overcome alcohol addiction.

Citizenship - Community Development

Maine Community Foundation is a statewide nonprofit that helps people invest charitable resources in the future of Maine. Their giving does good within their communities and often throughout the state. Yours can, too.
<http://www.mainecef.org/>

Citizenship - Department of Motor Vehicles

29 State House Station
Augusta, ME 04333-002
207-624-9000
Driver Licenses & IDs
<https://www.maine.gov/sos/bmv/licenses/index.html>

Employment - Licensing Information

Information is available on the website, available to all.
<http://maine.gov/pfr/professionallicensing/>

Employment - Workforce Development

The Maine Department of Labor helps improve opportunities for workers and businesses through workforce development. This page includes information and links on Maine workforce development policy and initiatives. For more information on Maine's workforce services for job seekers or employers, visit your local Career Center.
https://www.maine.gov/labor/workforce_dev/index.shtml

Family - Child Support

The division is responsible for the development and implementation of the rules, regulations, policies and procedures necessary to assure that all non-custodial parents are contributing to the economic support of their children.
<http://www.maine.gov/dhhs/ofi/dser/index.html>

Family - Parenting

Find all of the state resources available to families residing in Maine.
<http://www.maine.gov/dhhs/families.shtml>

Free - Free Phone

Assurance Wireless
P.O. Box 5040
Charleston, IL 61920-9907
1-888-321-5880
Assurance Wireless provides eligible consumers with free monthly data, unlimited texting, free monthly minutes plus a free Smartphone. Lifeline enrollment is available to individuals who qualify based on federal or state-specific eligibility criteria. Residents of homeless shelters, nursing homes and temporary addresses may also be eligible.
<https://www.assurancewireless.com/lifeline-services/what-lifeline>

Health - Addiction Recovery

SMART Recovery is the leading self-empowering addiction recovery support group. Our participants learn tools for addiction recovery based on the latest scientific research and participate in a world-wide community which includes free, self-empowering, science-based mutual help

<https://alcoholicsanonymous.com/aa-meetings/maine/>

Health - Health Department

All services can be found on the website.

<https://www.maine.gov/dhhs/programs-services/health-prevention-services>

Money - Free Credit Report

Free credit reports authorized by federal law.

Federal law allows you to get a free copy of your credit report every 12 months from each credit reporting company.

<https://www.annualcreditreport.com/index.action>

Reentry Resource - Multiple Resources Available

211 connects you with thousands of nonprofit and government services in your area. If you want personal assistance call the three-digit number 211 or 877-947-2211. A friendly voice to talk with you 24/7/365.

<https://211maine.org/>

Shelter - Low Income Housing

MaineHousing Section 8 Housing Choice Voucher program provides rental assistance to income-eligible tenants by subsidizing a portion of their monthly rent and utilities and paying it directly to their landlords. Where utilities are not included in rent, the program may pay a larger portion of the rent so that the tenant is able to cover utility payments.

Housing Choice Vouchers Questions/Assistance
(866) 357-4853

(207) 624-5789

Fax: (207) 624-5713

<http://www.mainehousing.org/programs-services/rental/rentaldetail/HousingChoiceVouchers>

Shelter - Low Income Housing

Find low income apartments in Maine along with non profit organizations that help with low income housing along with HUD apartments, public housing apartments, public housing authorities, and housing assistance agencies.

<https://www.lowincomehousing.us/ME.html>

Special Considerations - Aging and Disability Resource Center ARDC

The Office of Aging and Disability Services (OADS) supports Maine's older and disabled adults by providing Adult Protective, Brain Injury, Other Related Conditions, Intellectual and Developmental Disability, Long Term Care, and Aging and Community services to the people of Maine.

<https://www.maine.gov/dhhs/oads>

Special Considerations - Elders

Through the department of Health and Human Services

<http://www.maine.gov/dhhs/elderly.shtml>

Volunteer - Community Development

Competitive Grants

Grant programs that accept proposals can be found on the Available Grants page.

Detailed descriptions, including eligibility,

groups.

The SMART Recovery 4-Point Program helps people recover from all types of addiction and addictive behaviors, including: drug abuse, drug addiction, substance abuse, alcohol abuse, gambling addiction, cocaine addiction, prescription drug abuse, sexual addiction, and problem addiction to other substances and activities. SMART Recovery sponsors face-to-face meetings around the world, and daily online meetings. In addition, our online message board and 24/7 chat room are excellent forums to learn about SMART Recovery and obtain addiction recovery support. If you're new to SMART Recovery, get started with our introduction on the website.

<http://www.smartrecovery.org/>

Health - Free/Sliding Scale Clinic with Dental

Listings that can help low-income and uninsured people connect with a clinic or community health center in their area. These clinics offer free and discounted rates for medical and dental care. Our county listings include contact information, a listing of services and any further remarks that may be pertinent to our users, such as free services provided, discounted services provided and clinic operating hours. Listings that can help low-income and uninsured people connect with a clinic or community health center in their area. These clinics offer free and discounted rates for medical and dental care. Our county listings include contact information, a listing of services and any further remarks that may be pertinent to our users, such as free services provided, discounted services provided and clinic operating hours. Listings that can help low-income and uninsured people connect with a clinic or community health center in their area. These clinics offer free and discounted rates for medical and dental care. Our county listings include contact information, a listing of services and any further remarks that may be pertinent to our users, such as free services provided, discounted services provided and clinic operating hours. Listings that can help low-income and uninsured people connect with a clinic or community health center in their area. These clinics offer free and discounted rates for medical and dental care. Our county listings include contact information, a listing of services and any further remarks that may be pertinent to our users, such as free services provided, discounted services provided and clinic operating hours.

https://freeclinicdirectory.org/maine_care.html

Money - Finances/Budgeting

800.388.2227

Free Credit Counseling! Our mission is to help all Americans gain control over their finances. For over 60 years, NFCC and its member agencies have helped people just like you pay off debt and grow in their financial capability. Our services help people overcome financial challenges at nearly every stage of life.

<https://www.nfcc.org/>

Reentry Resource - Multiple Resources Available

Our findhelp technology powers Americas leading

application guidelines and deadlines can be found on the individual grant program pages.
Successful proposals meet three criteria:
They use existing resources to strengthen community life
They strengthen communities' and organizations' ability to meet future challenges
They are sustainable or have a lasting impact after MaineCF grant funding is complete.
<http://www.maineecf.org/Grants.aspx>

social care network. Our network features more than 300,000 free and reduced-cost programs in all 50 U.S. states, territories, and Puerto Rico, powering social care systems for hundreds of customers nationwide.
<https://www.findhelp.org/find-social-services/maine>

Shelter - Energy Assistance

Energy assistance, housing placement, affordable housing, and more.
<http://www.mainehousing.org/>

Shelter - Low Income Housing

MaineHousing is an independent state agency that bridges public and private housing finance, combining them to benefit Maines low and moderate-income people. MaineHousing brings millions of new private and federal housing funds to invest in Maine to create safe, affordable, warm housing.
The mission of MaineHousing is to assist Maine people in obtaining and maintaining quality affordable housing and services suitable to their housing needs.
<http://www.mainehousing.org/>

Shelter - Shelters

We provide an online directory of shelters in Maine.
<https://www.shelterlist.com/state/maine>

Special Considerations - Disability Support

Government agencies and disability rights organizations in Maine.
https://www.olmsteadrights.org/self-helptools/advocacy-resources/item.7033-Maine_Disability_Resources_and_Advocacy_Organizations

Special Considerations - Veteran Support

35 Westminster St
Lewiston, ME 04240
Phone: (207) 753-9106
<https://www.maine.gov/veterans/veterans-services-offices/index.html>

Volunteer - Volunteer Opportunities

We make it easy for good people and good causes to connect. We are a community that believes in the power of volunteering to enrich our lives and the world around us. Find locations to volunteer near you!
Virtual volunteer opportunities are also available -
<https://www.volunteermatch.org/virtual-volunteering>
<https://www.volunteermatch.org/>