# REENTRY PACKET

Your Customized Guide to Support your Successful Transition



National Web-based Reentry Resource Center www.fairshake.net

## **Table of Contents**

## **Website**

Reentry Packet Cover Page

## **General Support Pages**

National Resource Services

## **Resource Directory**

## **Employment**

**Employment Tips** 

## National Reentry Resources (besides Fair Shake)

2-1-1 or www.211.org Dial 211 or visit the website!

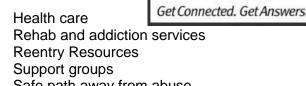
211 is a vital service that connects millions of people to help every year. Simply call 211 or search for 211 online. Program of United Way.

Services include:

Supplemental food Shelter, housing, utilities Emergency / disaster relief Employment opportunities

Education opportunities Veterans services

Safe path away from abuse





Aunt Bertha: https://www.auntbertha.com/

Search for free or reduced cost services like medical care, food, job training, etc. People can create profiles, connect with resources, and save searches...or search anonymously anytime.

Positive Transitioning: 614-573-0464 or 844-392-9695

CALL FOR RESOURCES: Employment, Housing, Education, and Legal Assistance. - 24/7 Resources and Listening Line Are you looking for resources? Give us a call! Also sign up for coaching, enroll in classes and connect to a mentor or become a mentor. www.positivetransitioning.org

## Help Yourself Therapy:

www.helpyourselftherapy.com/

Help Yourself Therapy

SELF-Therapy For People Who ENJOY Learning About Themselves. Free, confidential, practical advice from a therapist. Everything is easy to understand and to use. Self-disclosure is never needed. Completely confidential.

Homeless Accommodation Directory: www.homelessshelterdirectory.org/

Transitional Housing www.transitionalhousing.org

Food Pantries and Soup Kitchens: www.homelessshelterdirectory.org/foodbanks/

## **Employment Related:**

Clothes For Women: Dress For Success https://dressforsuccess.org/

Clothes For Men: Career Gear https://www.careergear.org/



careeronestop Career One Stop www.careeronestop.org Your source for career exploration, training & jobs.

Vital Records www.cdc.gov/nchs/w2w/

Where to write, or where to go, to obtain birth, death, marriage and divorce certificates.

Social Security new or replacement card: https://www.ssa.gov/ssnumber/

## HOUSING

Like the Fair Shake <u>Find A Job</u> page, the Housing Search page lists search engines to find housing near you. In addition to the websites listed below, there is a lot more information in the <u>Resource Directory</u> and in Reentry Guides section below the Search Box.



## Aunt Bertha

Aunt Bertha is a social care network that connects people and programs — making it easy for people to find social services in their communities. To do this, we've verified and added hundreds of thousands of programs covering every county in the US.



Get Connected. Get Help.™

## 2-1-1

A phone number and a website! Not sure where to turn? We are here for you. 211 receives more requests for help with finding housing or shelter or paying utilities bills (over 4.4 million each year) than for any other issue.

## Homeless Shelters and Service Organizations:

National list of homeless shelters and other services homelessshelterdirectory.org/

Find the Housing Authority Near You! A nearly-complete list. Some others are located on the Fair Shake website under State and Local Reentry Guides. https://www.hud.gov/program\_offices/public\_indian\_housing/pha/contacts



## Section 8: Frequently Asked Questions

What is Section 8 Housing?

The actual name of the program commonly known as "Section 8" is the Housing Choice Voucher Program, a federally funded program that subsidizes rent for eligible participants. It is designed to assist very low-income families or individuals. A housing subsidy is paid directly to the landlord on behalf of a participating family/individual.

How do I apply for Section 8 housing? Contact your local <u>Public Housing Authority</u>.

For further assistance, contact the Housing and Urban Development office nearest you.

#### Does my criminal record ban me from public housing?

There are only 2 convictions for which a PHA must prohibit admission:

- If any member of the household is subject to a lifetime registration requirement under a State sex offender registration program; and,
- If any household member has ever been convicted of drug-related criminal activity for manufacturing or production of methamphetamine on the premises of federally assisted housing.



#### **Employment - Employment Programs**

4366 Manchester Ave St. Louis, MO 63110 314.534.1188 Monday - Friday 9am - 4pm Beyond Jobs is a four-part initiative made up of Job & Samp; amp; Leadership Training, Hire St. Louis, Revive Thrift Shop and Hatch Enterprises. Beyond Jobs equips men with job training, a community of support and employment opportunities so they can access legal, livable wage jobs. While only 16% of men are working when they enter Beyond Jobs, two months later over 60% are employed and five months later more than 73% are employed. http://www.missionstl.org/beyondjobs

**Employment - Employment Services** 

America Works includes work readiness training, vocational training, career placement, career advancement, and employment retention services. Our mission is to equip each individual who comes to our offices with the right tools so that they are able to provide for themselves and their loved ones. People find employment, and employers find talent! Due to the Coronavirus Pandemic, you must contact the office first before you engage in in-person services. Call us at 1-314-665-1222 to get started!

https://americaworks.com/virtual-contact-info/

**Employment - Workforce Development** 

If you have lost your job, want to change careers, or are new to the job search, how do you decide where to start the job hunt? Were here to help! https://jobs.mo.gov/jobseeker

#### Free - Free Stuff

We are a grassroots and entirely nonprofit movement of people who are giving and getting stuff for free in their own Towns. It's all about reuse and keeping good stuff out of landfills. Membership is free https://www.freecycle.org/

#### Money - Finances/Budgeting

800.388.2227

Free Credit Counseling! Our mission is to help all Americans gain control over their finances. For over 60 years, NFCC and its member agencies have helped people just like you pay off debt and grow in their financial capability. Our services help people overcome financial challenges at nearly every stage of life. https://www.nfcc.org/

#### Reentry Resource - Multiple Resources Available

Our findhelp technology powers Americas leading social care network. Our network features more than 300,000 free and reduced-cost programs in all 50 U.S. states, territories, and Puerto Rico powering social care systems for hundreds of customers nationwide.

https://www.findhelp.org/find-social-services/misso uri?ref=ab redirect

#### Reentry Resource - Multiple Resources Available

**Employment - Employment Services** 

Employment Connection is a nonprofit St. Louis community asset that breaks down barriers to self-sufficiency for individuals with limited opportunities including the homeless, ex-offenders, U.S. veterans, high school dropouts, women on welfare, and at-risk youth. Offering more than just a job, Employment Connection provides valuable resources, training, and support to inspire and empower clients to change their circumstances and become employed. 400 Laclede Avenue St. Louis, MO 63108

Phone: (314) 652-0360, ext. 104 http://www.employmentstl.org/

#### **Employment - Workforce Development**

3315 West Truman Blvd., Room 213 P.O. Box 504 Jefferson City, MO 65102 573-751-9691 573-751-4135 fax E-Mail Diroffice@dolir.state.mo.us http://labor.mo.gov/

#### Free - Free Phone

Assurance Wireless P.O. Box 5040 Charleston, IL 61920-9907 1-888-321-5880

Assurance Wireless provides eligible consumers with free monthly data, unlimited texting, free monthly minutes plus a free Smartphone. Lifeline enrollment is available to individuals who qualify based on federal or state-specific eligibility criteria. Residents of homeless shelters, nursing homes and temporary addresses may also be eligible. https://www.assurancewireless.com/lifeline-service s/what-lifeline

Free - Free things to Do 1410 S. Tucker St. Louis, MO 63104 (314) 589-6142 Hours of Operation Monday through Friday 8:00am - 8:00pm Saturday 12 noon - 5:00pm Sunday 9:00am -1:00pm

The 12th and Park Recreation Center is a great facility in a great location. Boxing gym accompany outdoor basketball courts and sports fields just south of downtown - all free of charge Recreation centers offer swimming, weight lifting, boxing, basketball, youth football. The Recreation Division offers programming throughout the City of St. Louis for residents of all ages.

https://www.stlouis-mo.gov/government/departme nts/parks/recreation/recreation-centers.cfm

#### **Money - Social Security Benefits after** Incarceration

Social Security and Supplemental Security Income **Benefits** 

Individuals released from incarceration may be eligible for Social Security retirement, survivors, or disability benefits if you have worked or paid into Social Security enough years or Supplemental

St. Patrick Center Phone: 314-802-0700 800 North Tucker Blvd. St. Louis, Missouri 63101 acurcio@stpatrickcenter.org http://www.stpatrickcenter.org/

#### Reentry Resource - Multiple Resources Available

Criminal Justice Ministry Society of St. Vincent de

Paul

100 North Jefferson St. Louis, MO 63103 Phone: (314) 881-6000 Fax: (314) 531-6712 Toll free: (877) 238-3228

Intake and Referral Line: (314) 531-SVDP, ext.

7837

Email: cjm99@earthlink.net

The Criminal Justice Ministry of the Society of St. Vincent de Paul, St. Louis Council, has the distinct and important mission of serving prisoners, victims, their families, ex-offenders, and others involved in the criminal justice system. The ministry, which was founded in 1979. Provides information, referrals, mentoring, public information and advocacy.

**Shelter - Energy Assistance**The Low Income Home Energy Assistance Program (LIHEAP) may be able to help you pay your home energy bills

https://mydss.mo.gov/utility-assistance/liheap

Shelter - Low Income Housing

Find low income apartments in Missouri along with non profit organizations that help with low income housing along with HUD apartments, public housing apartments, public housing authorities, and housing assistance agencies. https://www.lowincomehousing.us/MO.html

#### Shelter - Transitional Housing

1104 S. Jefferson Ave St. Louis MO 63104 (314) 652-8062

The Criminal Justice Ministry (CJM) serves individuals, families, and communities impacted by the criminal justice system. From offering services to incarcerated individuals to providing reentry programs for those returning to the St. Louis area, CJM seeks to serve the needs of the most vulnerable without judgment.

https://www.cjmstlouis.org/contact

Security Income benefits if you are 65 or older, or are blind, or have a disability and have little or no income and resources. If you believe you qualify, call our toll-free telephone number, 1-800-772-1213.

If you are deaf or hard of hearing, call TTY 1-800-325-0778.

https://www.ssa.gov/reentry/benefits.htm

#### Reentry Resource - Multiple Resources Available

211 connects you with thousands of nonprofit and government services in your area. If you want personal assistance call the three-digit number 211 or 877-947-2211. A friendly voice to talk with you 24/7/365.

https://mo211.myresourcedirectory.com/

#### Reentry Resource - Multiple Resources Available

CRIMINAL JUSTICE MINISTRY 941 Park Ave. 63104 314-652-8062

Works with prison inmates and their families to provide various services.

Next Steps Home-Ex Offender Re-entry Housing Program mostly for men and women who are working.

http://www.cjmstlouis.org/

Connections to Success

#### **Reentry Resource - Multiple Resources Available**

1431 North Kingsland Avenue St. Louis, MO 63133 Phone: (314) 333-4490 Email: kathylambert@charter.net A holistic model designed to begin working an individual pre-release from prison through a Personal and Professional Development Class to create a life plan as they transition back to the community. The individual is matched with a success team (mentor team of 2-3 individuals) from the faith community to walk along beside them as they transition to the community. CtS works with job development and placement, retention follow-up, and assists the individual with their life plan, ie. housing, education, etc. The life plan, success teams, case managers and probation officers working in concert together to assist individuals adapt, become law-abiding citizens, rejoin families and retain employment. http://connectionstosuccess.org/

**Shelter - Low Income Housing** 

Neighborhood Housing Services of St. Louis 4156 Manchester Avenue St. Louis, MO, 63110 314-324-4181 sbaldwin@beyondhousing.org http://www.beyondhousing.org/

#### Shelter - Low Income Housing

**HUMANITRI** 1447 East Grand Ave. St. Louis, MO 63107 314-772-7720

Many housing options for those who are with

income but need subsidies or assistance. Humanitri provides full-time chaplains and support for prisoner families, and helps inmates improve family relationships.

http://humanitri.org/

**Transportation - Public Transportation**There is one website for both the Metro Bus and Metro Link. Please visit the website for most information, or simply call the Customer service phone number listed below. Phone: 314-231-2345 http://www.metrostlouis.org/Default.aspx



## **Employment Tips**

We often have to work our way up to the job we want; either because it is not available when we go to find it or we need more experience, education, preparation or time to get ready. Although we will spend time working at jobs that are not our preference, we can enjoy the interim more when we stay focused on our goals.

#### Start by asking yourself:

- What kind of job or career do I want?
- What am I willing to do, learn or sacrifice to get that job or career?

Before venturing out into the world of work you will have to obtain necessary documents.

The most frequently requested documents are:

- Birth Certificate
- Driver's license or Basic Identification
- Social Security Card

The birth certificate and driver's license forms offered in our Employment Documents are samples. You can find links to the applications that you need in our Resource Directory!

#### Next, ask yourself the following questions

- What occupations or industries in your area are in need of employees?
- What are your employment limitations due to your particular crime?
- What is the income you need in order to pay for housing, food, energy, phone, child support, restitution, transportation, etc? (check out our <u>Build a Budget Worksheet</u>)
- Which strategies do you think would be most effective for "selling" your attributes?

#### To prepare to apply for a job you may want to create the following worksheets:

- Inventory your work history in and out of prison
- List your training, skills, limitations, and health considerations
- Gather all the information you will need to fill out employment applications. Are you ready to fill them out online? (Several companies only accept online applications.)

#### Considerations and Preparation

What are your employment resources?

- Classified ads (in the paper or locally found on-line)
- Applying for jobs with companies you want to work for
- Job Assistance and Job Training centers
- Craigslist, Monster.com, other job-search websites

#### Skills Assessment and Personal Strengths Evaluation

Consider taking a free online self-assessment test help us see what careers we are suited for. If you type the phrase 'self-assessment test' into any search engine, several options will be available for you to check out.

#### Do you need clothes for your interview or new job?

Check out Dress for Success, a global program that may have a location near you! (www.dressforsuccess.org)



#### Resume' and Interview tips:

Two good places where you get the chance to show a company why they cannot afford NOT to hire you. Keep these tips in mind as you write your application or resume', and prepare for job interviews:

- Be cheerful in your in-person or telephone job interviews.
- Talk about the benefits of your experience and the relevant expertise you offer.
- Speak about the value you would bring to the company.
- Share stories in the job interview about success in prior assignments.
- Talk about your ability to work with a diverse group of people.

### Typical Barriers to Employment:

- Lack of updated resume
- Appropriate clothing for job search
- Transportation
- Stable housing
- Substance abuse

- Poor interview skills
- Poor job search skills
- Not a high school graduate
- No documentation (ID, Social Security card)

SMART: What is your strategy for overcoming barriers and creating success?

You can create a clear strategy by following SMART guidelines:

Specific Measurable Attainable Realistic Timely (or Tangible)

**Specific** – what is the specific goal you wish to achieve?

Can you answer these questions?

- Who do you need to be involved?
- What do you really want to accomplish?
- When do you want to accomplish it?
- Where do you need to be to accomplish it?
- Why do you want to achieve this goal?
- Which things do you need to get in order and which are the constraints to achieving your goal?

**Measurable** – How will you know when you've achieved your goal? What criteria have you set up to measure your progress and reach your target dates?

**Attainable** – Can you see yourself achieving this goal? Can you see the path to get there and then see yourself in that place of having reached the goal?

**Realistic** – Are you willing and able to achieve the goal?

**Timely** – How long do you need to achieve your goal? Work out your goal date and then the smaller goals that must be met to meet that goal date?

Tangible – Imagine: can you taste, touch, smell, see or hear the results of achieving your goal?