REENTRY PACKET

Your Customized Guide to Support your Successful Transition

FairShake
REENTRY RESOURCE CENTER

National Web-based Reentry Resource Center

www.fairshake.net

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Educate Yourself!

The Internet can be used as a powerful tool for growth; you can teach and learn many things by yourself! Education serves many purposes, among them: to help us understand things and also to understand ourselves, to help us make connections and decisions, to show others we are capable; to name but a few.

Basic academic education is not the key to knowledge. Knowledge involves many facets to learning: academic, experience, learning about yourself and your values, listening, learning to live in society, and more. The key to knowledge works when we integrate all of the aspects to make decisions and set goals.

Fair Shake brings together many free, online self-directed education resources for you to engage in education!

Knowledge is power. Information is liberating. Education is the premise of progress, in every society, in every family. ~ Kofi Annan

Traditional Education

Education Basics
Free support for learners through High School or GED

Higher Education
Free university level or professional development resources.

Non-Traditional

Life Skills
Tools for daily living, including finances, cooking, and creativity!

Employment Skills
Support from resume' building to professional development

Khan Academy: offers a library of over 3,500 videos which covers K-12 math, biology, chemistry, physics, the humanities, finance and history. Each video is approximately 10 minutes long. All materials and resources are free.

GCF Learn Free: Provides quality, innovative online learning opportunities to anyone who wants to be successful in both work and life. They believe there's freedom in the ability to learn what you want, when you want, regardless of your circumstances

Massachusetts Institute of Technology's free courses include materials from more than 2,000 courses, presenting virtually the entire curriculum of the Institute.

Coursera is an education platform that partners with top universities and organizations worldwide, to offer courses online for anyone to take, for free.

Academic Earth provides access to a world-class education and includes curated links to over 750 online courses and 8,500 individual online lectures, giving students of all ages unparalleled access to college courses they may otherwise never experience.

Codecademy is a great place to get started with programming! The lessons are very rewarding as your progress can encourage you with medals or allow you to post your progress on social media websites. The lessons are free; tests that offer certificates are available for purchase.

Acámica es el futuro de la educación superior en línea. A través de lo que llamamos microaprendizaje ramificado, ofrecemos cursos de calidad, accesibles, dinámicos e interactivos, que pueden ser tomados en cualquier lugar, en cualquier momento.

CLEP offers 33 Internet-Based Testing exams in five subject areas at over 1,800 college test centers, covering material taught in courses that you may generally take in your first two years of college. By passing a CLEP exam, you can earn 3 to 12 college credits. Exams cost $80. There are text exams for you to use to prepare.

CLEP.

List of CLEP Exams: Match with OpenCourseWare Classes!

American Literature

Analyzing and Interpreting Literature

College Composition and
    Modular English Literature

Humanities Foreign Languages

French Language (Levels 1 and 2)

German Language (Levels 1 and 2)

Spanish Language (Levels 1 and 2)

History and Social Sciences

American Government

Human Growth and Development

Intro to Educational Psychology

Introduction to Psychology

Introduction to Sociology

Principles of Macroeconomics

Principles of Microeconomics

Social Sciences and History

History of the United States I:
    Early Colonization to 1877

History of the United States II:
    1865 to the Present

Western Civilization I:
    Ancient Near East to 1648

Western Civilization II:
    1648 to the Present

Science and Mathematics

Biology

Calculus

Chemistry

College Algebra

College Mathematics

Natural Sciences

Pre-calculus

Business

Financial Accounting

Introductory Business Law

Information Systems and
    Computer Applications

Principles of Management

Principles of Marketing

Computer and Internet Tips

Windows Short Cuts:
(work for PC's but not Mac's)
1. **CTRL+A** - Select all content
2. **CTRL+ B –** Bold
3. **CTRL+C** - Copy file or content
4. **CTRL+ I –** Italicize
5. **CTRL+ P –** Print
6. **CTRL + S** - A great "quick save" for a document or spreadsheet
7. **CTRL+ U –** Underline
8. **CTRL+ V** - Paste file or content
9. **CTRL+ X** - Cut file or content
10. **CTRL+ X** - Cut file or content
11. **CTRL+ Z** - Undo; like the 'back' arrow
12. **Windows Logo + D** - Minimizes all open windows and displays the desktop
13. **ALT+TAB** - Shuffle through open programs
14. **TAB -** Use tab as a quick way to move around forms (including username/password entries). It's quicker than the mouse!

Search Engine Quick Tips

Here are some of the more frequently used search engines available. They are quite different from each other, so take a little time to see the value of each one ~
[Ask.com](Ask.com), Google, Yahoo! Search, Craigslist, Monster.com, Metacrawler, WebCrawler, AltaVista

And here are some tips for quick and accurate searching:

- Use six to eight key words, preferably nouns.
- Most users submit only one or two key words per search, which is not enough for an effective query.
- Avoid verbs. Use modifiers if they help define your object more precisely, e.g. "feta cheese" rather than just "cheese."
- Spell carefully, and try alternative spellings.
- "and" or "+" between key words means: "I want only documents that contain both or all words

Tips for Qualifying Internet Sources

Be sure to check:
1. Authority -- Who owns/operates the server/site? Where is it located?
2. Coverage -- Is the material relevant?
3. Objectivity and Accuracy -- How accurate, objective, balanced is the site?
4. Currency -- Is the information up to date?

Some of the clues you will find at the end of a URL are:

URL	STANDS FOR	URL	STANDS FOR
.org	Non-profit organization	.state .us	State or Local Government
.gov	Government (State, Federal, Local)	.edu	Educational (School or College)
.museum	Museum	.biz	Business
.info	Informational	.com	Commercial
.coop	Business Cooperative	.pro	Professional
.aero	Aviation	.net	Personal page from a private net provider
/users	Personal page from a private net provider	/members	Personal page from a private net provider
~name	Personal page from a private net provider	.name	An individual's web address

(~ is pronounced "tilde") (Warning: some non-profit groups are not harmless.)

Online surfing tips

Many of us have fallen prey to the mesmerizing internet… Searching and searching as questions and desires come faster than the answers. The internet is such a powerful tool we must use it with conscious caution and go 'controlled crazy". Here are a few tips to maintain a thread of reality while you are searching and researching ~

1. **Surf when you have TIME to surf.** Getting caught in the Web is like walking by a TV and getting 'sucked in' only worse!
2. **Document where you started.** It's very easy to walk away from a computer after spending several hours following a myriad of leads only to find out you really don't have any useable information. If you are on a 'tangent', stay focused and write down other avenues to explore during another session.
3. **Keep track of time.**

Email Warnings

1. Beware of SCAMS. Advice on Scams: Scambusters http://www.scambusters.com/ gives information about how to avoid becoming a victim of identity theft, or of frauds such as pyramid selling, or money laundering scams. The **Office of Fair Trading** describes SCAMS as:

Scheming **C**rafty **A**ggressive **M**alicious

Their advice is that "*If it looks too good to be true it probably is*!"

1. **Nigerian "419" email fraud:** These are emails from Africa offering to share huge sums of money with you if you let them use your bank to help them get it out of the country. They ask for your bank account details and an administration fee. But it's a scam. If you comply and pay a small administration fee, then there'll be some complication and more money will be requested - again and again. The big money for you will never materialize. At worst you might get an invite to Africa where being held to ransom is a further threat.
2. **Lotteries and Prize Draws:** You may get emails saying you are a winner in an overseas lottery or prize draw and asking for your bank account details so that the cash can be transferred. You may also be asked to send money in order to claim your prize. These are scams.
3. **Phishing**: Many Internet fraudsters use a technique called "phishing" - sending out hoax emails, which look like they have come from your Bank or other online account such as Ebay Paypal. These often say that there has been a problem with unauthorized access to your account, or that you need to reconfirm your details for security reasons. Links in the email would take you to a page that could look like it belongs to your bank, where you will be asked to enter your passwords and personal information. If you followed these instructions and entered your details you would be enabling the fraudsters to access your accounts. It might be safer to use a search engine to find the web site of your bank than a link in an unverifiable email.

Internet Shopping Safety Tips

http://www.microsoft.com/protect/yourself/finances/shopping_us.mspx