

# REENTRY PACKET

Your Customized Guide to Support your Successful Transition



National Web-based Reentry Resource Center

[www.fairshake.net](http://www.fairshake.net)

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**This Reentry Packet has been customized for: Benavidez, Roland**

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## Mini Computer Guide

**Keyboard Shortcuts** - Usually the same on all computers... Macs have slight differences

Windows	Mac OS	Linux	Action
Ctrl + A	⌘ + A	Ctrl + A	Select all content
Ctrl + B	⌘ + B	Ctrl + B	Bold selected text
Ctrl + C	⌘ + C	Ctrl + C	Copy file or selected content
Ctrl + I	⌘ + I	Ctrl + I	Italicize selected text
Ctrl + P	⌘ + P	Ctrl + P	Print document
Ctrl + S	⌘ + S	Ctrl + S	Save current page or work
Ctrl + U	⌘ + I	Ctrl + U	Underline
Ctrl + V	⌘ + V	Ctrl + V	Paste file or content
Ctrl + X	⌘ + X	Ctrl + X	Cut file or content
Ctrl + Y	Shift + ⌘ + Y	Ctrl + Y	Redo, If you did an undo
Ctrl + Z	⌘ + Z	Ctrl + Z	Undo last action, can be done many times
Alt + Tab	⌘ + Tab	Alt + Tab	Shuffle through open programs
Tab	Tab	Tab	Use Tab as a quick way to move around forms
Shift + F3	⇧ + ⌘ + C	Shift + F3	Change selected text to all capital letters, first letter capital or all lowercase.

### Email Warnings

1. Beware of SCAMS. Advice on Scams: Scambusters <http://www.scambusters.com/> gives information about how to avoid becoming a victim of identity theft, or of frauds such as pyramid selling, or money laundering scams. The Office of Fair Trading describes SCAMS as:









































**Scheming Crafty Aggressive Malicious**

Their advice is that "If it looks too good to be true it probably is!"

1. Nigerian "419" email fraud: These are emails from Africa offering to share huge sums of money with you if you let them use your bank to help them get their money out of the country. They ask for your bank account details and an administration fee. But it's a scam. If you comply and pay a small administration fee, then there'll be some complication and more money will be requested - again and again. The big money for you will never materialize. At worst you might get an invite to Africa where being held for ransom is a further threat.
2. Lotteries and Prize Draws: You may get emails saying you are a winner in an overseas lottery or prize draw and asking for your bank account details so that the cash can be transferred. You may also be asked to send money in order to claim your prize. These are scams.
3. Phishing: Many Internet fraudsters use a technique called "phishing" - sending out hoax emails, which look like they have come from your Bank or other online account such as Ebay Paypal. These often say that there has been a problem with unauthorized access to your account, or that you need to reconfirm your details for security reasons. Links in the email would take you to a page that could look like it belongs to your bank, where you will be asked to enter your passwords and personal information. If you followed these instructions and entered your details you would be enabling the fraudsters to access your accounts. It might be safer to use a search engine to find the web site of your bank than a link in an unverifiable email.

For more Fair Shake computer guides, tutorials and short-cuts visit our New To Computers page at:

[www.fairshake.net/new-to-computers](http://www.fairshake.net/new-to-computers)

 <b>New</b> – Create a new document like a blank sheet of paper.  <b>Open</b> – Open a saved project - something you already worked on.  <b>Save</b> – Save your progress on this project. We recommend you often save.	 <b>Common style type</b> – You can set common style types that you like and then add them to any selected text by choosing them from the drop down menu. Default/Normal would be common paragraph formatting while Heading1 or Heading2 might introduce sections or important paragraphs as their titles.
 <b>New / Write</b> – This is the button you use to start a new message. When you arrive in your email you are in the reading portion, use this button if you would like to create a new email.  <b>Write</b>	 <b>Font</b> – Fonts change the way your letters look. There are hundreds of fonts, most people choose from one of the fonts displayed in these icons because they are professional and are easy to read.
 <b>Print</b> – Start printing your document on the default printer.  <b>Print Preview</b> – View what your document will look like on paper and also view more printing options.	 <b>Text Size</b> – By selecting text and choosing a number within this list you can make your text larger or smaller.
 <b>Cut</b> – Remove selected object or text from the document and keep it ready to paste somewhere.  <b>Copy</b> – Copy selected object or text and keep it ready to paste somewhere.  <b>Paste</b> – Paste the most recent cut or copied object/text.  <b>Copy Formatting</b> – Highlight object or text with a desired format and click this button, then highlight some other object or text you want the format copied to.	 <b>Left Alignment</b> – Pushes all your lines of text as left as they will go.  <b>Center Alignment</b> – Puts the text within a line in the absolute middle.  <b>Right Alignment</b> – Pushes all your lines of text as right as they will go.  <b>Justified Alignment</b> – Spaces all the words within a line to fill the whole line.
 <b>Undo</b> – Undo the previous action. This can usually be done a few times.  <b>Redo</b> – Redo action previously undone. This can be done as many times as you used the Undo feature.	 <b>Numbered List</b> – Start a list or turn selected text into a list. When you press the enter / return key a number will appear in front of the next list item.  <b>Bulleted List</b> – Start a list or turn selected text into a list. When you press the enter/return key a number will appear in front of the next list item.
 <b>Insert Hyperlink</b> – Add a link to your document that will open in an internet browser. Be ready with the address ( <a href="http://www.address.com">http://www.address.com</a> ), highlight what you want to link and press the button. Insert the link and click <i>ok</i> or <i>apply</i> . 	 <b>Bold</b> – Use the style <b>Bold</b>  <b>Italics</b> – Use the style <i>Italics</i>  <b>Underline</b> – Use the style <u>Underline</u> You can combine any or all of these styles.
 <b>First Line Indent</b> – Location to indent the first line within a paragraph.  <b>Hanging Indent</b> – Location to indent all lines within a paragraph after the first line while leaving the first line unaffected.	 <b>Decrease Indent</b> – Pull selected paragraph to the left.  <b>Increase Indent</b> – Push selected paragraph to the right.
 <b>Spell Check</b> – Check the document for spelling errors. If there is more than one button then you can use the second one to turn on / off the red line under misspelled words.	 <b>Text Color</b> – Change the color of selected text or text you are about to type.  <b>Highlight Color</b> – Change the color behind the selected text or text you are about to type.
 <b>Attach Files</b> - Sometimes you want to send another document or photo along with your message. Do this by clicking the attachment button and finding the file/image. 	 <b>Find / Search</b> - Use key words from within the subject or body of an email to find emails within your folders quickly. When you search you will get a list of emails that all contain the word(s) you entered. 
 <b>Line Spacing</b> – Increase or decrease the amount of space between lines.	 <b>Add Photo / Image</b> - Add an image to your message. Click the button and then locate your image.

Support for  
folks with

# DIFFERENT ABILITIES / DIS-ABILITIES

More information can be found at [fairshake.net/different-abilities](http://fairshake.net/different-abilities)



**National Federation of the Blind** [nfb.org](http://nfb.org)

200 East Wells Street at Jernigan Place  
Baltimore, MD 21230

410-659-9314



**National Disability Rights Network** [ndrn.org](http://ndrn.org)

820 First St. NE, Suite 740

TDD/TTY: 202-408-9521

Washington, DC 20002

Phone: 202-408-9514

Protection and Advocacy for People with Disabilities



**Int'l Center for Disability Resources on the Internet** [icdri.org/legal/CAP.htm](http://icdri.org/legal/CAP.htm)

The Client Assistance Program (CAP) is funded by taxpayers. It provides assistance, information and advocacy to people with disabilities who are getting or applying for services under the Rehabilitation Act. Programs include: Vocational Rehabilitation, Independent Living Services and more. Each State has its own programs.

**Social Security Disability Insurance (SSDI & SSI)** [ssa.gov/benefits/disability](http://ssa.gov/benefits/disability)  
Social Security Administration Office of Public Inquiries and Communications Support  
1100 West High Rise  
6401 Security Blvd.  
Baltimore, MD 21235

TTY 800-325-0778  
800-772-1213



Write for information to start your application before release! It's included in the Fair Shake software: [fairshake.net/fici](http://fairshake.net/fici).  
Your supporters can find information at this link, too: [ssa.gov/reentry/benefits.htm](http://ssa.gov/reentry/benefits.htm).



**Social Security Disability Resource Center** [www.ssdrcc.com](http://www.ssdrcc.com)

Private website created to "provide information about how Social Security Disability and SSI work" Nationally, and in NC specifically. Online only.



**Vision Aware** [visionaware.org](http://visionaware.org)

An amazing website, loaded with information, webinars, support groups including special support for elders, veterans, children and much more. "VisionAware is a free, easy-to-use informational service for adults with vision loss, their families, caregivers, healthcare providers, and social service professionals."

**Expanding Employment Possibilities for People with Vision Loss!** [aphcareerconnect.org](http://aphcareerconnect.org)

**The Arc** [thearc.org](http://thearc.org)

The Arc of the United States  
1825 K Street NW, Suite 1200  
Washington DC 20006

202-534-3700  
800-433-5255



The Arc serves as a bridge between the criminal justice and disability communities. We promote and protect the human rights of people with intellectual and developmental disabilities and actively support their full inclusion and participation in the community throughout their lifetime.



**Olmstead Rights** [olmsteadrights.org](http://olmsteadrights.org)

Our mission is to help low-income people navigate complexities by providing information and resources for self-advocates, family and friends of people with disabilities, and legal advocates alike. Self-help Tools! Legal Advocacy Tools! Links to resources in every state! (web-based only)

# HOUSING

Like the Fair Shake [Find A Job](#) page, the Housing Search page lists search engines to find housing near you. In addition to the websites listed below, there is a lot more information in the [Resource Directory](#) and in Reentry Guides section below the Search Box.



## Aunt Bertha

Aunt Bertha is a social care network that connects people and programs — making it easy for people to find social services in their communities. To do this, we've verified and added hundreds of thousands of programs covering every county in the US.



## 2-1-1

A phone number and a website! Not sure where to turn? We are here for you. **211 receives more requests for help with finding housing or shelter or paying utilities bills (over 4.4 million each year) than for any other issue.**

## Homeless Shelters and Service Organizations:

National list of homeless shelters and other services [homelessshelterdirectory.org/](http://homelessshelterdirectory.org/)

## Find the Housing Authority Near You!

A nearly-complete list. Some others are located on the Fair Shake website under State and Local Reentry Guides.

[https://www.hud.gov/program\\_offices/public\\_indian\\_housing/pha/contacts](https://www.hud.gov/program_offices/public_indian_housing/pha/contacts)



## Section 8: Frequently Asked Questions

What is Section 8 Housing?

The actual name of the program commonly known as “Section 8” is the Housing Choice Voucher Program, a federally funded program that subsidizes rent for eligible participants. It is designed to assist very low-income families or individuals. A housing subsidy is paid directly to the landlord on behalf of a participating family/individual.



How do I apply for Section 8 housing?

Contact your local [Public Housing Authority](#).

For further assistance, contact the Housing and Urban Development office nearest you.

## Does my criminal record ban me from public housing?

There are only 2 convictions for which a PHA must prohibit admission:

- If any member of the household is subject to a lifetime registration requirement under a State sex offender registration program; and,
- If any household member has ever been convicted of drug-related criminal activity for manufacturing or production of methamphetamine on the premises of federally assisted housing.





## The Fair Shake Resource Directory

The Resource Directory is a n easy-to-use information clearing house! We gather and maintain links and addresses to services for all 50 states. Just enter your state, city and/or zip code, and distance you are able

to travel. The search tool will then look through the data base for goods, services and information at the national, state and local level.

Resource Directory features include:

- Over 14,000 Entries!
- Resources on every level; from National to Local
- Build a printable document to print by **+Save-**ing resources
- Members can create their own Resource Directory
- The directory is constantly growing and is well-maintained

### Search

State: <input type="text"/> City or Zip Code: <input type="text"/> Within: <input type="text" value="5 Miles"/> <input type="button" value="v"/> <input type="button" value="Search Resources"/> <input type="button" value="Reset"/>	<b>Guide to our Resource Directory:</b> <a href="#">Click here to see the list of categories.</a> <a href="#">Click here to find out where resources can be found.</a> (Under the local, state or national heading) <a href="#">Resource Directory Tutorial</a> <a href="#">Click to see State and Local Reentry Guides</a>
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### Categories and Sub-Categories

<b>Citizenship</b> Birth Certificate Community Development Community Involvement Consumer Services Expungement Dept. of Motor Vehicles Licensing Information Legal Assistance Protection from Discrimination Voting Rights  <b>Clothing</b> Free Clothes Thrift Stores Interview and Career Clothing	<b>Employment</b> Employment Services Second Chance Employers Job Training Licensing Information Employment Programs Temp and Permanent Staffing Agency Department of Labor Workforce Development  <b>Family</b> Family Services Child Care Child Support Mentoring Dept. of Human Services Parenting  <b>Food</b> Food Pantry	<b>Food</b> Food Stamps Free Meals Soup Kitchens  <b>Free</b> Free Stuff  <b>Health</b> Addiction Recovery American Red Cross Counseling Services Mental Health Support Rehabilitation Center Free/Sliding Scale Clinic Free/Sliding Scale Dental HIV/AIDS Services Homeless Health Care Dept. of Human Services Substance Abuse	<b>Money</b> Finances / Budgeting  <b>Reentry Resources</b> Reentry Resources Reentry Programs Multiple Resources Available  <b>Shelter</b> Energy Assistance Homelessness Assistar Homeless Shelter Low-Income Housing Shelters for Specific Gr Transitional Housing	<b>Special Considerations</b> Disability Support Veterans Youth Elders Sex Offense Reentry  <b>Volunteer</b> Volunteer opportunities  <b>Your Leisure Time</b> Leisure Activities
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### Where to Find Resources

<b>Local</b> Community Development Community Involvement Legal Assistance Interview and Career Clothing Free Clothes Licensing Information Job Training Temp and Permanent Staffing Agency Child Care Child Support Dept. of Health and Human Services Family Services Food Pantry Soup Kitchen Free Stuff Dept. of Human Services Counseling Services	<b>Local</b> Free/Sliding Scale Clinic Free/Sliding Scale Dental HIV/AIDS Services Homeless Health Care Mental Health Support Substance Abuse Finances/Budget Help Reentry Resources Reentry Programs Energy Assistance Homeless Assistance Low-income Housing Shelters for Specific Groups Transitional Housing Disability Support Elders Veterans Volunteer Opportunities Your Leisure Time	<b>State</b> Birth Certificate Consumer Services Department of Motor Vehicles Licensing Information Sex Offense Reentry Voting Rights Employment Services Workforce Development Child Care	<b>State</b> Child Support Dept. of Health and Human Services Food Stamps HIV/AIDS Services Low-Income Housing Reentry Resources Reentry Programs Energy Assistance Transitional Housing Disability Support Elders Veterans Your Leisure Time	<b>Nationwide</b> Sex Offense Reentry Voting Rights Free Stuff Finances / Budget Help Reentry Resources Reentry Programs Veterans Your Leisure Time
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### **Food - Food Pantry**

903-597-3663,  
800-815-3663

<http://www.easttexasfoodbank.org/page.aspx?pid=363>

### **Reentry Resource - Multiple Resources Available**

Our findhelp technology powers Americas leading social care network. Our network features more than 300,000 free and reduced-cost programs in all 50 U.S. states, territories, and Puerto Rico, powering social care systems for hundreds of customers nationwide.

<https://www.findhelp.org/find-social-services/texas>

### **Shelter - Homeless Shelter**

The Homeless Shelter Directory provides listings for Homeless Shelters and Homeless Service Organizations around the country. This includes supportive resources.

<http://www.homelessshelterdirectory.org>

### **Shelter - Low Income Housing**

Mercy Housing Gives a Home to Low-Income Families, Seniors, Individuals, and People with Special Needs Nationwide. Our mission is to create stable, vibrant and healthy communities by providing affordable, service-enriched housing.

<https://www.mercyhousing.org/regional-offices/>

### **Shelter - Low Income Housing**

Find low income apartments in Texas along with non profit organizations that help with low income housing along with HUD apartments, public housing apartments, public housing authorities, and housing assistance agencies.

<https://www.lowincomehousing.us/TX.html>

### **Shelter - Transitional Housing**

1-855-860-3119

Transitional, sober housing provides supportive housing along with drug and alcohol treatment for selective locations

<https://www.transitionalhousing.org/state/texas>

### **Special Considerations - Disability Support**

Some people with disabilities are limited in one or more major life activities, such as hearing, seeing, thinking or memory, walking or moving, taking care of personal needs (bathing, feeding, dressing), or living independently. Some disabilities begin at a young age, while others are the result of accidents, injuries or simply growing older. Texas Health and Human Services (HHS) provides a range of these services to Texans with disabilities to help ensure their well-being, dignity and choices. Programs also are in place to support family members who care for them.

<https://www.hhs.texas.gov/services/disability>

### **Food - Food Pantry**

Find local pantries, soup kitchens, food shelves, food banks and other food help.

<https://www.foodpantries.org/st/texas>

### **Reentry Resource - Multiple Resources Available**

211 connects you with thousands of nonprofit and government services in your area. If you want personal assistance call the three-digit number 211 or 877-947-2211. A friendly voice to talk with you 24/7/365.

<https://www.211texas.org/>

### **Shelter - Low Income Housing**

<http://www.housingworks.org/access/states/tx/tx.html>

### **Shelter - Low Income Housing**

Housing Works fights for funding and legislation to ensure that all people living with HIV/AIDS have access to quality housing, healthcare, HIV prevention, and treatment, among other lifesaving services.

<http://www.housingworks.org/>

### **Shelter - Shelters**

We provide an online directory of shelters in Texas.

<https://www.shelterlist.com/state/texas>

### **Special Considerations - Disability Support**

Government agencies and disability rights organizations in Texas.

[https://www.olmsteadrights.org/self-helptools/advocacy-resources/item.6509-Texas\\_Disability\\_Resources\\_and\\_Advocacy\\_Organizations](https://www.olmsteadrights.org/self-helptools/advocacy-resources/item.6509-Texas_Disability_Resources_and_Advocacy_Organizations)