**Advocacy - Justice Invovled Organizations** Prisoner Visitation and Support (PVS) is a volunteer visitation program to Federal and Military prisoners throughout the United States.

1501 Cherry St

Philadelphia PA 19102 Phone: (215) 241-7117 PVS@afsc.org

#### http://www.prisonervisitation.org/

**Advocacy - Justice Invovled Organizations** Are you facing a legal issue, or just looking for more information about a specific legal topic? FindLaw's Learn About the Law section is the perfect starting point. Learn About the Law features informational articles about a wide variety of legal topics, as well as specific information about subjects such as how to hire an attorney and understanding your state's unique laws. http://www.findlaw.com/

# Citizenship - Community Development 651-789-2500 179 Robie St E,

St. Paul, MN

Regardless of where a participant is in their life journey, Neighborhood House provides the tools needed to move from survive to thrive, working to help break the cycle of poverty through four main programs: basic needs, youth leadership, adult and family education, and community building. http://www.neighb.org/

Citizenship - Community Involvement

Re-Integration Support for Men Transitioning out of Prison Meetings 3026 4th Ave. So. Minneapolis Working with several service groups (TC RISE!, RS Eden, Medica etc.) to develop a comprehensive product that effectively assists single men who

frequent social service systems (medical, homelessness, prison, mental health, substance abuse etc.)

612-822-0802

Meets every Tuesday from 5 to 7 PM 612-325-7856

Citizenship - Legal Assistance

Counseling - Mediation Services, Department of Corrections, Facilitator, Juvenile Resources for probation clients, Restorative Justice - P.A.C.T. Restorative Justice Community, Restorative Justice Family Circles, Restorative Justice with Crime Victims, Spec Services - Ex-offender 2520 Coon Rapids Blvd, Suite 100 Coon Rapids, MN 55433 763-422-8878 http://www.mediationservice.org/

Citizenship - Legal Assistance

16174 Main Avenue Southeast Prior Lake, MN 55372-1765 Phone: (612) 440-1040 Fax: (612) 440-1041

Counties Served: Carver, Scott

Case Types: Consumer, Child Custody, Dissolution

of Marriage, Domestic Violence, Elder Law,

#### Advocacy - Justice Invovled Organizations

122 Commerce Street Montgomery, AL 36104 (334) 269-1803

EJI is committed to ending mass incarceration and excessive punishment in the U.S., challenging racial and economic injustice, and protecting basic human rights for the most vulnerable people in American society. EJI is working to end our misguided reliance on over-incarceration. https://eji.org/criminal-justice-reform/

**Citizenship - Community Development** 

We schedule events and activities on an ongoing basis. We have found that men who get connected and stay connected, stay out of prison. Many of our events and activities include spouses or significant others and family members because we feel this is a very important element in each man's recovery. See the calendar for details. Go to our Events page to register for upcoming events. The Welcome Back Center

We provide ten housing units on the second floor (with an additional two units at a nearby duplex) and a place for fellowship, prayer, counseling and education on the first floor.

3559 Penn Ave N Minneapolis, MN 612.522.9007 http://myfreedomworks.com/

#### Citizenship - Community Involvement

3045 Chicago Ave. So. Minneapolis, MN Contact 612-348-8570 for Reginald Sweet reginald@amicususa.org or Devin Miller devin@amicususa.org A support group for ex-offenders- meets every Saturday morning from 9 a.m. to 11 a.m. http://www.mountolivechurch.org/login.aspx

#### **Citizenship - Community Involvement**

1600 Broadway Street NE Minneapolis, MN 55413

Community Involvement Programs (CIP) provides a variety of services for individuals with intellectual/developmental disability and/or serious persistent mental illness living in the Minneapolis-St. Paul metro area, and Pine County,

http://cipmn.org/

Citizenship - Legal Assistance

Catholic Charities Migration and Refugee Services helps bring families together. They work to unite families with those who are still in harm's way in their home country. They help parents who dream of a better future for their children here in America and assist refugees, asylees and immigrants as they attempt to navigate the sea of paperwork involved with building a new home in America. 1276 University Avenue West? St. Paul, MN 55104 651-647-3100

http://cctwincities.org/ImmigrationServices

Employment, Health, Housing, Individual Rights, Public Benefits

Case Restrictions: LSC restrictions

Computers and Technology - Equipment Internet and Training

Everyone On helps unlock social and economic opportunity by connecting low-income people to affordable internet service and computers, and delivering digital skills trainings. Find Low-Cost Internet Service, Computers and Free Training in Your Area!

https://www.everyoneon.org/find-offers

#### **Education - Free Audio Books**

Free public domain audiobooks. LibriVox has a huge selection of free audiobooks that are recordings of volunteers who have read chapters from books that are in the public domain. https://librivox.org/

#### **Education - Free Education**

1450 Energy Park Drive, Suite 200 St. Paul, MN 55108 651-361-7200

School Improvement and Accountability

Goal 1: Create a learner-focused education system designed to close the achievement gap and produce mastery learning for all DOC offenders.

Quality Program and Services
Goal 2: Develop and deliver all DOC programs at
the highest quality level. Transition Success Goal 3: Prepare each student for a successful transition to school, the workplace and life in their community.

Leveraging Technology

Goal 4: Integrate technology into the education program and improve operations, delivery of programs and support services. Correctional Education Presence Goal 5: Advance correctional education's presence through active collaboration, beneficial

partnerships and enhanced public awareness. Facility Locations MCF-Faribault, 1101 Linden Lane, Fraribault, MN

55021, 507-334-0700

MCF-Lino Lakes, 7525 Fourth Avenue, Lino Lakes, MN 55014, 651-717-6100

MCF-Oak Park Heights, 5329 Osgood Avenue North, Stillwater, MN 55082, 651-779-1400 MCF-Rush City, 7600 525th Street, Rush City, MN 55069, 320-358-0400 MCF-Saint Cloud, 2305 Minnesota Blvd SE, St. Cloud, MN 55379, 320-240-3000

MCF-Shakopee (Women), 1010 West 6th Avenue, Shakopee, MN 55379, 952-496-4440

MCF-Stillwater, 970 Pickett Street, Bayport, MN 55003, 651-779-2700

MCF-Willow River/Moose Lake, 1000 Lake Shore Drive, Moose Lake, MN 55767, 218-485-5000

https://www.inmateaid.com/advocacy-groups/minn esota-minnesota-correctional-education-foundation -mcef

**Education - Higher Education** Freshman Year for Free. Take tuition-free, high quality courses online from top institutions for

**Clothing - Interview and Career Clothing** 

The mission of Dress for Success is to empower women to achieve economic independence by providing a network of support, professional attire, and the development tools to help women thrive in work and in life.

https://dressforsuccess.org/affiliate-list/

**Education - Continuing Education** 

Inside-Out Prison Exchange Program (St. Paul) 700 7th St E

St Paul, MN 55106

763-657-3760

The incarcerated at Dakota County Jail The Inside-Out program brings college students and incarcerated people together in a seminar setting to study criminal justice issues. It is designed to deepen the conversation about and transform approaches to understanding crime, justice, freedom, inequality and other issues of social concern.

http://www.insideoutcenter.org/college-prison-cour ses.html

#### **Education - Free Audio Books**

Free cultural and educational media access. https://www.openculture.com/freeaudiobooks

**Education - Higher Education** 

A university that works for you. Our 100% online, tuition-free degree programs are designed to fit your life.

Programs: Business Administration, Computer Science, Health Science, Education, Associate Degree, Bachelor Degree, Master Degree

https://www.uopeople.edu/

**Employment - Employment Services** 

We are dedicated to helping you find your next career! The National Urban League is a historic civil rights organization dedicated to elevating the standard of living in historically underserved urban communities. Founded in 1910, the National Urban League spearheads the effort of its local affiliates through the development of programs, public policy research and advocacy. http://www.nuljobsnetwork.com/

## **Employment - Employment Services** 2419 Highway 7

Excelsior MN 55331 Phone: 952-474-1900

http://www.selectstaffing.com/SelectStaffing/main.

cfm?nlvl1=1

**Employment - Employment Services** 

Goodwill-Easter Seals Minnesota's core programs provide employment services specifically designed for people with disabilities, disadvantages or other barriers to work. 651-379-5779

http://www.goodwilleasterseals.org/site/PageServe r?pagename=serv emp

**Employment - Employment Services** 

Lifetrack Resources helps youth and adults overcome obstacles to successful employment, including people who are leaving welfare,

college credit. Modern States Education Alliance is a non-profit dedicated to making a high quality college education free of cost and accessible to any person who seeks one. Its founding principle is that access to affordable education is fundamental to any philosophy that respects all individuals, and fundamental to the American dream. Modern States' initial program, Freshman Year for Free, is intended to let students earn up to one year of college credit without tuition or textbook expense. Modern States hopes to provide links for students to tutoring, mentoring and college advising groups

https://modernstates.org/?gclid=EAlalQobChMIoIO 16uee9gIVI 3jBx34gQCHEAAYASAAEgKfRfD BwE

#### **Employment - Employment Services**

I-SEEK is a career, education, and job resource for Minnesota

http://www.iseek.org/

**Employment - Employment Services** 

CLUES' Employment Department assists clients in seeking and maintaining employment. Through one-on-one, culturally- and linguistically-appropriate job counseling, counselors assess each participant to determine the level of "employ-ability" and obtain information that will help the job counselor determine appropriate activities, workshops, referrals, individual trainings,

St. Paul 797 East 7th Street St. Paul, MN 55106 651-379-4200 651-292-0347 (fax) Contact Hours of operation: 8:30am - 7:00pm Monday - Thursday 8:30am - 5:00pm Friday

Main entrance via 3M Flag Plaza http://www.clues.org/contact.aspx

**Employment - Employment Services** 

At Hired, we support our participants in discovering their strengths. This means knowing what resources are available and how best to use them. Discovering the whole person. Connecting them with the right training. We support people building sustainable careers that support not only our participants, but their families, employers and communities as well.

217 Fifth Avenue North, Third Floor Minneapolis, MN 55401 612-808-9500

https://www.hired.org/

**Employment - Employment Services** 

Lifetrack Resources helps youth and adults overcome obstacles to successful employment, including people who are leaving welfare, immigrants and refugees, persons with disabilities, and ex-offenders.Minneapolis Office

Lifetrack / State of Minnesota

immigrants and refugees, persons with disabilities, and ex-offenders.

Main Office

709 University Avenue W.

St. Paul, MN 55104 Phone: 651-227-8471 Fax: 651-227-0621

TTY: 651-227-3779

http://lifetrack-mn.org/contact

**Employment - Employment Services** Career Planning for People with a Criminal

Conviction helps job seekers with felony convictions and other criminal charges know their work options, set goals, get training, and STEP AHEAD to a successful job search.

http://www.iseek.org/exoffenders/index.html

**Employment - Employment Services** 

Our services – chemical and mental health, housing supports, career education, and employment – create the strongest paths for life transformation for the nearly 13,000 individuals we serve every year.

Avivo 1900 Chicago Avenue Minneapolis, MN 55404 612.752.8000

http://www.resource-mn.org/employment-services/

**Employment - Employment Services** 

Manpower offers a range of services, including permanent, temporary and temporary-to-permanent placement; employee assessment and selection; training; and consulting. 400 Robert St N, Ste 214 St Paul, MN 55101 (651) 224-5265

http://www.manpower.us/en/Offices/default.htm?& service;-lob=s&preferred;-language=en&preferred ;-country=us&hcmid=fsos-MN002&

#### **Employment - Employment Services**

Guild Incorporated

If you have schizophrenia, bipolar disorder, major depression, or another psychiatric illness, working can increase your self-esteem, help you meet and interact with other people, and provide structure to your day.

Employment Services promote work as part of the recovery process. Staff will help you reach your employment goals whether you are just starting to think about work, are currently looking for work, or have a job and need ongoing support.

130 S Wabasha St, Suite 90

Saint Paul, MN 55107

Administrative Offices

651.450.2220

Service Teams

651.291.0067

http://guildincorporated.org/services-programs/em ployment-services/

#### **Employment - Employment Services**

2218 Central Avenue NE Minneapolis, MN 55418 Phone: 612-788-8855 Fax: 612-788-8577

http://minnesotaunemployed.com/ex-offender-reso

urces.html

**Employment - Employment Services** 

We envision a future where men who want to build a better life for themselves, can. A future where men, predominantly African American, returning from prison have the supports they need to stay out of prison. A future where men who want to succeed are not locked out of opportunities, but they have access to the fundamentals everyone needs to build a healthy, happy life for themselves and their family.

Better Futures Enterprises 2620 Minnehaha Avė S Minneapolis, MN 55406 612-455-6133

https://betterfuturesminnesota.com/

Employment - Employment Services

995 University Ave. W St Paul, MN 55104 (651) 756-1710

**Employment - Employment Services** 

Offers temporary, temporary to permanent and permanent job placement services. 30 7th St E, #265 St Paul, MN 55101 (651) 221-0208

http://us.randstad.com/content/aboutrandstad/inde x.xml

**Employment - Employment Services** 

AccessAbilitys Career and Educational Pathways (CEP) program is a supportive services program developed for incarcerated people in transition. CEP specifically aims to help participants by designing individual case plans that incorporate education and career assistance, as well as providing them with social service wrap around supports necessary to their personal success. They also offer educational assistance and industry-specific training.

AccessAbility, Inc. 360 Hoover Street NE Minneapolis, MN 55413 612-331-5958. http://www.accessability.org

**Employment - Job Training** Phone: 612-279-5802 800 Washington Avenue North, Suite 203 Minneapolis, Minnesota 55401 cyusten@twincitiesrise.org http://twincitiesrise.org/

**Employment - Job Training**The mission of the American Indian OIC is to empower American Indians to pursue career America Works includes work readiness training, vocational training, career placement, career advancement, and employment retention services. Our mission is to equip each individual who comes to our offices with the right tools so that they are able to provide for themselves and their loved ones. People find employment, and employers find talent! Due to the Coronavirus Pandemic, you must contact the office first before you can engage in in-person services. Click on the link above to find the location nearest to you. https://americaworks.com/virtual-contact-info/

**Employment - Job Training** 

180 Degrees, Inc. 236 Clifton Avenue S Minneapolis, MN 55403 Phone: 612.813.5000 Fax: 612.813.5039

http://www.180degrees.org/#offenderemployment

**Employment - Job Training**AccessAbilitys Career and Educational Pathways (CEP) program is a supportive services program developed for incarcerated people in transition. CEP specifically aims to help participants by designing individual case plans that incorporate education and career assistance, as well as providing them with social service wrap around supports necessary to their personal success. They also offer educational assistance and industry-specific training. AccessAbility, Inc. 360 Hoover Street NE Minneapolis, MN 55413 Phone: (612) 331-5958

https://www.accessability.org/

Employment - Staffing Agency

PeopleReady has re-imagined and simplified the path that connects people and work. Whether you need workers or youre looking for new job opportunities, were ready to deliver results for you today.

https://www.peopleready.com/

**Employment - Temp Labor** 

Doherty Top Talent St. Paul/Woodbury 1546 Woodlane Drive Woodbury, MN 55125 P 651.771.2368 email - stpaul@toptalentmn.com http://www.dohertyemployment.com/top-talent/

**Employment - Temporary Staffing Agency** 

St Cloud Jobs Office 2301 Division Street, Suite 500 St. Cloud MN 56301 (320) 253-4473

http://www.dohertyemployment.com/top-talent/

**Employment - Temporary Staffing Agency** Doherty Top Talent Headquarters

7645 Metro Boulevard Edina, MN 55439 P: 952.832.8363

http://www.dohertyemployment.com/top-talent/

opportunities by providing individualized education, training, and employment services in a

culturally rich environment. 1845 E Franklin Ave., Minneapolis, MN 55404

email: info@aioic.org phone: 612-341-3358 http://aioic.org/about/

**Employment - Licensing Information** 

Information about a variety of licensing processes - recreational, employment licensing and more! http://mn.gov/elicense/index.jsp

**Employment - Staffing Agency** 

Manpower is dedicated to enriching people's lives with meaningful employment and development opportunities, as we have done for more than 60 years.

https://www.manpower.com/ManpowerUSA/home

#### **Employment - Temporary Staffing Agency**

Edina Jobs Office 7645 Metro Blvd Edina MN 55439 (952) 832-8885

http://www.dohertyemployment.com/top-talent/

#### **Employment - Temporary Staffing Agency**

Hutchinson Jobs Office 148 Hassan Street South Hutchinson MN 55350 (320) 234-6123

http://www.dohertyemployment.com/top-talent/

#### **Employment - Temporary Staffing Agency**

7550 France Ave. S. Suite 130

Edina, MN 55435

Phone: (952) 546-1100

Toll Free: (877) 414-JOBS [5627] http://www.therightstaff.com

### **Employment - Temporary Staffing Agency**

1611 County Road B West Suite 103 St. Paul, MN 55113 Phone: (651) 288-2800 Toll Free: (877) 414-JOBS or 5627

http://www.therightstaff.com

## **Employment - Temporary Staffing Agency** 2001 Killebrew Dr., Suite 320

Bloomington, Minnesota 55425

Phone: (952)853-9899 Toll-Free: (800)927-6916 Fax: (952)853-1497 http://www.aerotek.com

#### **Employment - Temporary Staffing Agency**

6900 Wedgwood Road N, Suite 250

Maple Grove, Minnesota 55311 Phone: (763)898-5800 Toll-Free: (888)705-0138 Fax: (763)898-5870 http://www.aerotek.com

Employment - Temporary Staffing Agency 3315 Roosevelt Road, Suite 200 B St. Cloud, Minnesota 56301 Phone: (320)255-5050

Toll-Free:

#### **Employment - Temporary Staffing Agency**

7767 Elm Creek Blvd. Suite 150 Maple Grove, MN 55369 Phone: (763) 478-5454

Toll Free: (877) 414-JOBS or 5627 http://www.therightstaff.com

#### **Employment - Temporary Staffing Agency**

3920 Northwoods Drive Arden Hills, Minnesota 55112 Phone: (651)252-3300 Toll-Free: (877)477-3404 Fax: (651)482-0463 http://www.aerotek.com

**Employment - Temporary Staffing Agency** 6640 Shady Oak Rd, Suite 200 Eden Prairie, Minnesota 55344 Phone: (952)852-2200 Toll-Free: 1-855-347-1935

Fax: (952)852-2255 http://www.aerotek.com

#### **Employment - Temporary Staffing Agency**

109 South Seventh Street, Suite 111 Minneapolis, Minnesota 55402 Phone: 612-217-5280

Toll-Free

Fax: 612-332-0570 http://www.aerotek.com

#### **Employment - Temporary Staffing Agency**

222 South Ninth Street Suite 290 Minneapolis, MN 55402 612-375-9200 http://www.manpower.com

**Employment - Temporary Staffing Agency**Masterson Staffing Solutions is a Full Service
Staffing Operation. For more information, please contact the Business Development Manager.

Masterson Staffing 2850 Cutters Grove Ave. Anoka, MN 55303 Ph: 763-422-9298

Fax: 763-422-9157

Email: Anoka@mastersonstaffing.com

http://www.mastersonstaffing.com/locations/Anoka

**Employment - Temporary Staffing Agency** 

Masterson Staffing Solutions is a Full Service Staffing Operation. For more information, please contact the Business Development Manager.

Masterson Staffing 5001 American Blvd West

Suite 200

Bloomington, MN 55437 Ph: 952-835-4090 Fax: 952-835-4113

Email: BloomingtonOS@mastersonstaffing.com http://www.mastersonstaffing.com/locations/Bloom ingtonOS.aspx

**Employment - Temporary Staffing Agency**Masterson Staffing Solutions is a Full Service Staffing Operation. For more information, please contact the Business Development Manager.

Fax: (320)255-5070 http://www.aerotek.com

#### Employment - Temporary Staffing Agency

2098 11th Avenue East

North Saint Paul, MN 55109-5112

651-490-5130

http://www.manpower.com

**Employment - Temporary Staffing Agency** 

Masterson Staffing Solutions is a Full Service Staffing Operation. For more information, please contact the Business Development Manager. Masterson Staffing

8772 Lyndale Avenue South Bloomington, MN 55420 Ph: 952-881-1071

Fax: 952-881-6142

Email: BloomingtonLI@mastersonstaffing.com

http://www.mastersonstaffing.com/

**Employment - Temporary Staffing Agency** Masterson Staffing Solutions is a Full Service Staffing Operation. For more information, please contact the Business Development Manager.

Masterson Staffing 1001 1st Avenue East.

Suite 145

Cambridge, MN 55008 Ph: 763-689-1927 Fax: 763-689-3213

Email: Cambridge@mastersonstaffing.com

http://www.mastersonstaffing.com/locations/Camb

ridge.aspx

**Employment - Temporary Staffing Agency** Masterson Staffing Solutions is a Full Service Staffing Operation. For more information, please contact the Business Development Manager.

Masterson Staffing 319 East Highway 12

Suite 1

Litchfield, MN 55355 Ph: 320-693-2271 Fax: 320-693-9037

Email: Litchfield@mastersonstaffing.com

http://www.mastersonstaffing.com/locations/litchfi

eld.aspx

**Employment - Temporary Staffing Agency** Masterson Staffing Solutions is a Full Service

Staffing Operation. For more information, please contact the Business Development Manager.

Masterson Staffing 155 1st Avenue East Shakopee, MN 55379 Ph: 952-496-0640 Fax: 952-496-0951

Email: Shakopee@mastersonstaffing.com

http://www.mastersonstaffing.com/locations/shako

pee.aspx

**Employment - Temporary Staffing Agency** Masterson Staffing Solutions is a Full Service Staffing Operation. For more information, please contact the Business Development Manager. Masterson Staffing

33 East Wentworth Ave

Suite 300

Masterson Staffing 7924 University Avenue Fridley, MN 55432 Ph: 763-571-6090

Fax: 763-571-5989

Email: Fridley@mastersonstaffing.com

http://www.mastersonstaffing.com/locations/fridley

**Employment - Temporary Staffing Agency** 

Masterson Staffing Solutions is a Full Service Staffing Operation. For more information, please contact the Business Development Manager.

Masterson Staffing 505 Highway 169 N. Waterford Park, Suite 700 Plymouth, MN 55441 Ph: 763-233-5600

Fax: 763-233-5635 Email: Plymouth@mastersonstaffing.com

http://www.mastersonstaffing.com/locations/plymo

uth.aspx

**Employment - Temporary Staffing Agency** 

Masterson Staffing Solutions is a Full Service Staffing Operation. For more information, please contact the Business Development Manager.

Masterson Staffing 60 10th Avenue South Waite Park, MN 56387 Ph: 320-253-3850 Fax: 320-253-3866

Email: WaitePark@mastersonstaffing.com

http://www.mastersonstaffing.com/locations/waite

park.aspx

**Employment - Temporary Staffing Agency** 

Masterson Staffing Solutions is a Full Service Staffing Operation. For more information, please contact the Business Development Manager.

Masterson Staffing 26357 Forest Blvd

Suite 10

Wyoming, MN 55092 Ph: 651-462-5226 Fax: 651-462-5237

Email: Wyoming@mastersonstaffing.com

http://www.mastersonstaffing.com/locations/wyom

ing.aspx

Employment - Temporary Staffing Agency

Discover exciting new job opportunities or staff your business with employment and staffing services from St. Paul Staffing Inc. in St. Paul,

Minnesota. 2724 Rice St

St. Paul MN 55112-2485

(651) 604-8929

http://stpaulstaffing.com/staffing\_services.html

Employment - Temporary Staffing Agency

101 5th St E, Ste 206 St Paul, MN 55101

Cross Streets: Between Minnesota St and Robert St

N Neighborhoods: Downtown

(651) 224-4040

http://www.adecco.com/default.aspx

**Employment - Workforce Development** 

West St. Paul, MN 55118

Ph: 651-455-4865 Fax: 651-455-4892

Email: WestStPaul@mastersonstaffing.com

http://www.mastersonstaffing.com/locations/westst

paul.aspx

**Employment - Temporary Staffing Agency** EAC empowers and prepares individuals and

families to achieve their education and employment potential, while building diversity and actively opposing racism.

http://www.eac-mn.org/EAC/EAC-Contact-Us

**Employment - Temporary Staffing Agency** Montu Staffing Solutions, serving Minneapolis, MN and surrounding areas, specializes in staffing for today's work force industry. 4056 Centeral Ave NE

Minneapolis, MN 55421 (763) 220-2071

http://www.montustaffing.com/

Employment - Temporary Staffing Agency

Kelly offers a comprehensive array of outsourcing and consulting services as well as world-class staffing on a temporary, temporary-to-hire, and direct-hire basis. Serving clients around the globe. 444 Cedar St, Ste 206 St Paul, MN 55101 651-221-0006

http://www.kellyservices.com/Global/Home/

**Employment - Workforce Development** 

Free, Individualized Support for Your Next Career Move. No matter who you are or what your situation is, Workforce Development, Inc. (WDI) is ready to help you get where you want to go. https://workforcedevelopmentinc.org/#

**Employment - Workforce Development** 

Workforce Development, Inc. serves thousands of people through career planning and pre-vocational skill training. Our vision is to develop and advance the workforce of Southeast Minnesota.

Workforce Development, Inc. 201 S. Lyndale Ave. Ste#1 Faribault, MN 55021 507.333.2088

888.234.5711 https://www.workforcedevelopmentinc.org/services /job-seeker/

Family - Child Care

A list of MN support services.

http://www.dhs.state.mn.us/main/idcplg?ldcService =GET\_DYNAMIC\_CONVERSION

Family - Family Services

Transitional Conferencing is a Restorative Justice process for incarcerated men and women and their families to help them prepare for reintegration. Meets with families and offenders while incarcerated.

Transitional Conferencing, Inc

attn: Mary Maas P.O. Box 3152

Minnesota Department of Employment and **Economic Development** 390 North Robert St., 1st Fl St. Paul, MN 55101 651-296-8400 651-296-7516 fax

http://mn.gov/deed/job-seekers/

**Employment - Workforce Development** 

332 Mińnesota Street, Suite E200 Saint Paul, MN 55101

Lost your job and wondering what's next? Don't know how to begin a job search? Need help with your resume? Looking for job leads? At any stage in your job search, we've got the resources and expertise to help.

https://mn.gov/deed/job-seekers/

**Employment - Workforce Development** 

Workforce Development, Inc. serves thousands of people through career planning and pre-vocational skill training. Our vision is to develop and advance the workforce of Southeast Minnesota.

Workforce Development, Inc.

1606 West Third St. Red Wing, MN 55066 651.385.6402

800.584.6753 https://www.workforcedevelopmentinc.org/services /job-seeker/

Family - Child Support

Minnesota Department of Health

http://www.dhs.state.mn.us/main/idcplg?ldcService =GET DYNAMIC CONVERSION&RevisionSelectionM ethod=LatestReTeased&dDocName=id\_000160

**Family - Family Services** 

The Family Service Center provides temporary housing for Ramsey County families experiencing homelessness. Families receive housing and employment search resources and other services to help them transition from homelessness to stable housing.

Housing and employment search assistance

- Activities for children, tutoring and resources
- Parenting education and life skills training
- Three meals per day
- Transportation assistance
- Onsite medical and dental health services
- Laundry facilities
- Computer lab
- Up to 30 consecutive nights of shelter for families

Family Service Center 2001 Van Dyke Street Maplewood, MN 55109 651.647.2300

651.779.5429 fax

http://cctwincities.org/familyservicecenter

#### Family - Family Services

Opportunity Center

a daytime resource center for the homeless and near-homeless population in Minneapolis. It provides a welcoming environment while promoting hope, dignity and positive change. Opportunity Center provides basic needs while

Minneapolis, MN 55403 Phone (651) 774-8709 http://www.transitionalconferencing.org/

**Family - Family Services** 

The Family Place assists families in shelter to gain more confidence in building future goals that will lead to success of the entire family. 244 10th St E. St. Paul, MN 55101 651-225-9354 http://famplace.org/

Family - Family Services

Pre-marriage Seminar for Second Marriages A two-day program for those entering a second marriage after a death or divorce of a partner. This program helps couples consider factors that make their second marriage different from the first. It will help them make a well-informed decision regarding their ability and willingness to enter a second marriage. Call 651-647-3126 for further information and registration.

http://cctwincities.org/CounselingServicesGroupPro

grams

Family - Family Services

NorthPoint Wellness Center - Gateway Project What is Gateway?

Gateways goal is to increase family strength. We do this by connecting you to the services you need and working closely with you to achieve your family's goals. If you are on MFIP (Minnesota Family Investment Program) and need assistance,

call us today. (612) 767-9500

NorthPoint Health and Wellness Center 1315 Penn Avenue North

Minneapolis, MN 55411

http://www.northpointhealth.org/CommunityServic es/GatewayProject/tabid/83/Default.aspx

**Family - Family Services** 

Transitional Conferencing is a Restorative Justice program for incarcerated men, women and their families to help them prepare for reintegration. Meets with families and currently incarcerated individuals. Call to set up servicés.

PO Box 3152

Minneapolis, MN 55403 641-774-8709

contact: Mary Maas

http://www.transitionalconferencing.org/

Family - Family Services

Neighborhood House's Family Centers help stabilize families in crisis by meeting basic needs. Services are tailored to address family history, income and housing status on a case-by-case

Each Family Center location is a one-stop-shop for services and referrals. Participants and staff work together to identify needs, discuss potential solutions, and create a plan for the future. Highland/Sibley Manor 1293 Maynard Drive #410 Saint Paul, MN 55116 http://www.neighb.org/family\_centers.aspx

#### **Family - Family Services**

helping individuals and families through crisis situations and facilitates movement toward

self-sufficiency. 740 17th St. E., Minneapolis, MN 55404 612-204-8300

Oct. 16 - March 31 Mon. - Sat. 7 a.m. - 4:30 p.m. April 1 - Oct. 15 Mon. - Sat. 7 a.m. - 3 p.m. http://cctwincities.org/OpportunityCenter

Family - Family Services Catholic Charities' Support for Separated and Divorced program collaborates with parishes and other agencies to provide educational and support services for separated and divorced people and their families.

Services: Short-term counseling, Information and referrals, Support group information, Training facilitators, Pre-marriage seminar for second marriages, Divorce education

Fees apply for the pre-marriage seminar, annual conference and facilitator training

Contact:

Counseling Services Support for Separated and Divorced 1276 University Avenue St. Paul, MN 55104

http://cctwincities.org/SeparatedandDivorcedSupp

**Family - Family Services** 

Urban Ventures Center for Fathering 3023 4th Ave. S

Minneapolis, MN 55408

612-455-4637

Responsible Parenting Classes, offers reintegration support for men coming out of prison. Meets every Tuesday and Thursday from 5 - 7:30 p.m.

Dinner and childcare provided. (You need not be a father to attend).

http://www.urbanventures.org/center-for-fathering

Family - Family Services

Neighborhood House's Family Centers help stabilize families in crisis by meeting basic needs. Services are tailored to address family history, income and housing status on a case-by-case basis

Each Family Center location is a one-stop-shop for services and referrals. Participants and staff work together to identify needs, discuss potential solutions, and create a plan for the future Combined, the six Family Centers serve 600 families each year; the majority of requests are related to housing.

The Wellstone Center 179 Robie Street East Saint Paul, MN 55107

http://www.neighb.org/family\_centers.aspx

Family - Family Services

Neighborhood House's Family Centers help stabilize families in crisis by meeting basic needs. Services are tailored to address family history, income and housing status on a case-by-case basis

Each Family Center location is a one-stop-shop for services and referrals. Participants and staff work together to identify needs, discuss potential solutions, and create a plan for the future.

Neighborhood House's Family Centers help stabilize families in crisis by meeting basic needs. Services are tailored to address family history, income and housing status on a case-by-case basis

Each Family Center location is a one-stop-shop for services and referrals. Participants and staff work together to identify needs, discuss potential solutions, and create a plan for the future. Dayton's Bluff Elementary 262 Bates Avenue Saint Paul, MN 55106 http://www.neighb.org/family\_centers.aspx

Family - Family Services

Stable families are a cornerstone of a strong Minnesota. The Minnesota Department of Human Services helps keep children safe and provides families with supports to care for their children. This includes child protection services, out-of-home care, permanent homes for children, child support, food assistance programs, child care services and children's mental health services. https://mn.gov/dhs/people-we-serve/children-and-f amilies/

Family - Parenting

Call us at 855-427-2736 - English and Spanish 8 am - 8 pm Pacific Standard Time We offer free emotional support through innovative, evidence-based programs proven to strengthen the empowerment journey of parents, children, youth, and communities. Parents Anonymous is now a Free Evidence-Based family strengthening program for Parents or anyone in a parenting role, and Children and Youth, to address personal, psychological, peer, mental health, or substance abuse concerns.

https://www.raisingfuture.org/

Family - Parenting

709 University Avenue W, Suite 234 St. Paul, MN 55104 651-523-0099 http://www.circleofparents.org/

## Family - Parenting 1-855-427-2736

Weekdays: 10:00 am pst to 7:00 pm pst The National Parent Helpline is here for you and is open to parents and caregivers of children and youth of all ages. They offer Resources, a Helpline and Printable Materials!

https://www.nationalparenthelpline.org/find-suppor

#### Family - Parenting

Pillsbury Crisis Nursery 612-302-3500 9AM-4:30PM

(After hours leave a message on the voicemail and you will be called back the next day).

www.puc-mn.org

Oak Park Center provides free services to parents and children in times of crisis. http://www.puc-mn.org/

#### **Family - Parenting**

John A. Johnson Elementary 740 York Avenue Saint Paul, MN 55106 http://www.neighb.org/family\_centers.aspx

Family - Family Services

Neighborhood House's Family Centers help stabilize families in crisis by meeting basic needs. Services are tailored to address family history, income and housing status on a case-by-case basis

Each Family Center location is a one-stop-shop for services and referrals. Participants and staff work together to identify needs, discuss potential solutions, and create a plan for the future. Saint Paul Music Academy 27 Geranium Street Saint Paul, MN 55107 http://www.neighb.org/family\_centers.aspx

**Family - Family Support** 

On any given day, an estimated 2.7 million children in America have at least one parent in prison or jail.

NRCCFI is the oldest and largest organization in the U.S. focused on children and families of the incarcerated and programs that serve them. Disseminating accurate and relevant information Guiding the development of family strengthening policy and practice

Training, preparing, and inspiring those working in the field

Including the families in defining the issues and designing solutions

https://nrccfi.camden.rutgers.edu/

Family - Parenting

Minnesota Parents Know is a resource filled with convenient and trusted child development, health and parenting information.

http://parentsknow.state.mn.us/parentsknow/index .html

#### Family - Parenting

414 South 8th Street Minneapolis, MN 55404 612-339-9101

Through counseling, education programs and advocacy, The Family Partnership supports families in need and empowers them to solve their problems.

http://www.thefamilypartnership.org/

#### Family - Parenting

Parenting with Purpose 7111 West Broadway Suite 206 Brooklyn Park, MN 55428 763-503-2892 www.parentingwithpurpose.org

Supports ex-offenders and their families with resources that are in the community. This includes mentoring, parenting classes and school visits. http://parentingwithpurpose.org/

Family - Parenting

Responsible Parenting Classes, offers reintegration support for men coming out of prison. Meetings every Tuesday and Thursday from 5 - 7:30 p.m.

The Kids Matter SRFC Website is designed to provide information and resources for all who care for kids and families in our communities. Raising children and youth is a group effort and everyone -parents, family members, teachers, neighbors, elected officials, communities - has a stake in the health and success of our kids.

Suburban Ramsey Family Collaborative Staff

Contact Information

Email: MarySue.Hansen@isd623.org

Phone number: 651-604-3514

Peggy Huot-Hansen Project Manager

Email: Peggy.Huot-Hansen@isd623.org

Phone number: 651-604-3585

Suburban Ramsey Family Collaborative 1910 West County Road B Roseville, MN 55113 Fax number: 651-604-350 http://kidsmattersrfc.org/

**Food - Food Pantry** WhyHunger Hotline: 866-348-6479

Call, text or click on the link to their website to find food pantries, soup kitchens, summer meals sites, government nutrition programs and grassroots organizations.

http://www.whyhunger.org/find-food

**Food - Food Pantry** 

Find a food bank near you! The Feeding America nationwide network of food banks secures and distributes more than 3 billion meals each year. Contact your local community food bank to find food.

http://www.feedingamerica.org/find-your-local-food bank/

**Food - Food Pantry** 

Ample Harvest works to reduce food waste by connecting gardeners to their local food pantries so that excess garden bounty can be shared with those in need. Use the search tool to look for a local food pantry near you. https://ampleharvest.org/find-food/

**Food - Food Pantry** 

The people of Minnesota have a long-standing history of concern and generosity when it comes to helping those who are hungry and in need. NorthPoint Emergency Food Shelf embodies that concern in North Minneapolis. NorthPoint Emergency Food Shelf has steadily grown over the years as the need to feed the hungry has increased.

The food distributed by our food shelf comes from donations of food and/or cash to purchase food. Our support comes from the State of Minnesota, various churches, businesses, organizations and individuals that share a common concern: Hunger. 1315 Penn Avenue North

Minneapolis, MN 55411 http://www.northpointhealth.org/FoodShelf/tabid/9

3/Default.aspx

**Food - Food Pantry** 

Highland/Francis Basket 1293 Maynard Dr #410 Saint Paul MN 55116

Dinner and childcare provided. (You dont have to be a father to attend).

3023 4th Ave. S Minneapolis, MN 55408

612-455-4637

contact: John Turnipseed

http://www.urbanventures.org/center-for-fathering

Family - Parenting

There are a number of resources for fathers to provide help. These resources can range from parenting guides, financial assistance for single fathers, relationship advice and more.

http://www.resourcesforfathers.org/

Food - Food Pantry

The Food Shelf is a local non-profit - not a government agency. Clients can receive food by visiting during service hours: Monday and Wednesday 12:00 a.m. - 3:00 p.m., Tuesdays and Thursdays 6:30 pm - 8:30 pm. You can also call to make an appointment: 763-422-0046 2615 9th Avenue North Anoka, MN

Food - Food Pantry

100 North Oxford Saint Paul, MN (651) 251-9015 10am to 130pm M-F

Clothing and food, an appointment is required for the food shelf.

http://www.stpaulref.org/live-justice-2/hallie-q-bro wn-food-shelf/

Food - Food Pantry

Find local pantries, soup kitchens, food shelves, food banks and other food help. https://www.foodpantries.org/st/minnesota

Food - Food Pantry

The Wellstone Center 179 Robie Street East Saint Paul, MN 55107 (Free parking available in the ramp) http://www.neighb.org/locations.aspx

Food - Food Pantry

Provides food to low-income families in the Frogtown community who need help meeting their basic food needs. Also provides advocacy, information and referral.

595 Arundel Street St. Paul, MN 55103-1602 Phone: 651-293-1931 Fax: 651-293-1931

https://www.gtcuw.org/our impact/in my communi

ty/sharing\_korner/

Food - Food Pantry

1457 Rice Street (at Arlington Ave.), St. Paul, MN

Ramsey County

Phone: 651-487-2792, Ext. 100 Description: Walk-in only

Hours: Monday-Friday, 10am-11:30am and

1-3:30pm

http://www.neighb.org/food shelf.aspx

**Food - Food Pantry** Located in the rear of the large building at 1740 Van Dyke Street, St. Paul, MN 55109. Call (651) 287-2088 with guestions regarding eligibility or making donations. Open Mondays, Wednesday and Thursdays, Merrick's food shelf serves 60 families a day To ensure fairness and to prevent the need to arrive early, all eligible participants will enter their name into a drawing for numbers 1-60. You may enter the drawing 30 minutes prior to distribution. Please do not arrive earlier. If your name is not called during the lottery for the day please return on our next business day 1740 Van Dyke Street St. Paul, MN 55109 http://www.merrickcs.org/services/food-shelf

**Food - Food Pantry** 

Salvation Army East St. Paul 1019 Payne Ave., St. Paul, MN 55101 Ramsey County Phone: 1 651-776-2653 Hours: M-F 8:00am & 1:00pm

Food - Food Pantry

The Department of Indian Work (DIW) has provided emergency services to families for more than 50 years and the need continues. With the help of congregations and individuals, DIW assists low-income individuals who are American Indian with the following emergency services: clothing closet, emergency transportation, food shelf, funeral assistance layettes for infants, and student assistance.

1671 Summit Avenue Saint Paul, MN - 55105 (651) 644-2768

http://www.spacc.org/index.asp?Type=B\_BASIC&S EC;={DE4885B1-A271-411E-A738-7B30TC3626D6 }&DE;=

Food - Food Pantry

South St. Paul, MN 55075 651-455-1508 Neighbors, Inc is a food pantry.

Food pantry service hours: Mon - Fri: 8:15-4:30pm.

#### Food - Food Pantry

490 Hall Avenue St. Paul, MN 55107 PHONE NUMBER: 651-224-1060 Food Resource Information: Loaves and Fishes/St. Matthew's Church is a food pantry. .

#### **Food - Food Pantry**

7380 Afton Road Woodbury, MN 55125 PHONE NUMBER: 651-738-2338

Food Resource Information: Christian Cupboard

Emergency Food Shelf is a food pantry.

Food pantry service hours: Fri: 9-1:30pm; 2nd Thurs: 5:30-7pm. .

#### Food - Food Pantry

After more than 20 years in operation, the Concordia University Food Shelf continues to serve a growing number of students. The Food Shelf opens on the second and fourth Tuesday of each month from 12 p.m. - 2 p.m. to allow income eligible off-campus students and members of the local community to select a bag or two of groceries.

1371 Marshall Avenue Saint Paul, MN - 55104 (651) 641-8236

http://info.csp.edu/Student-Resources/food-shelf/

#### Food - Food Pantry

2833 N. Hamline Avé Saint Paul, MN (651) 756-7018

http://www.keystoneservices.org/our-services/food shelves-basic-needs

#### **Food - Food Pantry**

St. Paul Park, MN 55016 3.25 miles from city center South St. Paul 651-458-0730 Friends In Need Food Shelf is a food pantry. Food pantry service hours: Tues: 9:30-6pm

### **Food - Food Pantry**

950 3rd St. St. Paul Park, MN 55071

PHONE NUMBER: (651)458-9786

Food Resource Information: Our Mission: "To Engage The Community In Supporting Families And Individuals By Providing Access To Quality Used Clothing, Household Items And Furniture In A Convenient, Dignified Manner."

#### Food - Food Pantry

217 Mackubin Street St. Paul, MN 55102 PHONE NUMBER: 651-929-4697 Food Resource Information: Bill's Pantry is a food pantry. .

#### Free - Free Phone

**Assurance Wireless** P.O. Box 5040 Charleston, IL 61920-9907 1-888-321-5880

Assurance Wireless provides eligible consumers with free monthly data, unlimited texting, free monthly minutes plus a free Smartphone. Lifeline enrollment is available to individuals who qualify based on federal or state-specific eligibility criteria. Residents of homeless shelters, nursing homes and temporary addresses may also be eligible. https://www.assurancewireless.com/lifeline-service s/what-lifeline

#### Free - Free Stuff

We are a grassroots and entirely nonprofit movement of people who are giving and getting stuff for free in their own Towns. It's all about reuse and keeping good stuff out of landfills. Membership is free.

https://www.freecycle.org/

**Food - Food Stamps** 

Visit the website for more details or call their general information phone number: 651-266-8500

https://www.co.ramsey.mn.us/hs/financialassistance.htm

#### Free - Free Stuff

Clothing and hygiene items available. 3023 4th Avenue South Minneapolis, MN (612) 822-1634 http://www.ibegip.com/directory/us/mineapolis

http://www.ibegin.com/directory/us/minnesota/minneapolis/peoples-exchange-3023-4th-ave-s/

#### Free - Free Stuff

We are a grassroots and entirely nonprofit movement of people who are giving and getting stuff for free in their own Towns. It's all about reuse and keeping good stuff out of landfills. Membership is free. https://www.freecycle.org/

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**Health - Addiction Recovery**Chemical Dependency Treatment and other services

1901 44th Avenue North Minneapolis, MN 55412 612-588-7530 612-522-0694

For appointment scheduling, we are open weekdays from 8am to 4:30pm. (fax)Email us at information@ctsiservices.org http://correctional-transition-service.minneapolis.m n.amfibi.company/us/c/91519-correctional-transitio n-service

**Health - Addiction Recovery** 

SMART Recovery is the leading self-empowering addiction recovery support group. Our participants

learn tools for addiction recovery based on the latest scientific research and participate in a world-wide community which includes free, self-empowering, science-based mutual help groups

The SMART Recovery 4-Point Program helps people recover from all types of addiction and addictive behaviors, including: drug abuse, drug addiction, substance abuse, alcohol abuse, gambling addiction, cocaine addiction, prescription drug abuse, sexual addiction, and problem addiction to other substances and activities. SMART Recovery sponsors face-to-face meetings around the world, and daily online meetings. In addition, our online message board and 24/7 chat room are excellent forums to learn about SMART Recovery and obtain addiction recovery support. If you're new to SMART Recovery, get started with our introduction on the website.

http://www.smartrecovery.org/

**Health - Addiction Recovery** 

Hazelden offers multiple levels of outpatient care at its St. Paul location: day treatment, intensive out patient, immediate care and recovery housing. 680 Stewart Avenue Saint Paul, MN - 55102 (651) 292-2400

#### Free - Free Stuff

T-Th - line forms at 9 a.m, doors open at 9:30 am - first come, first served.

Bus card available for guests with a new job. Letter on letterhead from supervisor is required. Bus ticket available one way for an out of town funeral. Immediate family only (parent, child, spouse or sibling)

Bus tokens available only with services/voucher. Gas card redeemable at any Holiday Station store. Available once every 12 months with picture ID, resident of Minneapolis (bring proof) Corner of Hennepin Ave and N. 17th st in Minneapolis, MN 1600 Hennepin Ave

Minneapolis, MN 55403 http://www.mary.org/

#### **Health - Addiction Recovery**

Admissions and Intakes 3231 1st Ave S Mpls, MN 55408 612-373-3366

Serving individuals with a broad spectrum of addiction issues; from those seeking treatment for the first time, to those who have been struggling with addiction for many years. http://www.mntc.org/

#### **Health - Addiction Recovery**

Renaissance Program

The Renaissance Program is licensed outpatient chemical dependency treatment program that provides primary, relapse prevention and co-occurring disorders treatment services to meet the diverse needs of adults with substance use disorders.

Who We Serve:

The program serves adults (18+) who have a substance use disorder. Many of the people served by the program also suffer from a mental illness and are experiencing problems such as homelessness, poverty, violence, legal issues, and unemployment.

For Information please visit the website or call: (612) 767-9192

http://www.northpointhealth.org/CommunityServices/RenaissanceProgram/tabid/304/Default.aspx

**Health - Alcoholics Anonymous** 

There are over 118,000 Alcoholics Anonymous groups around the world. To find a local AA meeting today you can search by state, city, and day of the week. Can't find one close enough? Consider online AA meetings which offer the same wonder community from the comfort of your own home.

https://findrecovery.com/aa meetings/

#### **Health - Counseling Services**

2421 Chicago Ave. S Minneapolis, MN 612-870-0565

M, W, F from 1-3pm and M-Th from 6:30-8:30pm Short-term, face-to-face counseling, and referrals. http://www.walkin.org http://www.walkin.org/

#### **Health - Counseling Services**

https://www.hazelden.org/web/public/st paul mn a ddiction\_treatment\_recovery\_halfway\_house.page

**Health - Alcoholics Anonymous** 

Welcome to AA Minnesota, a state-wide recovery resource devoted to supporting the men and women of Minnesota. AA Minnesota helps individuals struggling with alcoholism find the help they need on a local basis. Discover Minnesota Alcoholics Anonymous meetings per county or city, and take the next step to overcome alcohol

https://alcoholicsanonymous.com/aa-meetings/min nesota/

**Health - Counseling Services** 

7575 Golden Valley Rd 230 Golden Valley, MN (763) 525-8590 Individual, group, children, and family therapy. http://pathwayspsych.com

**Health - Counseling Services** 

Confidential and affordable counseling services are available to people, regardless of religious affiliation or ability to pay, who live in the 12-county Archdiocese of St. Paul and Minneapolis. ??To learn more about Counseling Services or schedule an appointment, please call 651.647.3186. To request a phone call from Intake, e-mail jean.fagerstrom@cctwincities.org with your name and phone number. http://cctwincities.org/CounselingServices

**Health - Counseling Services** 

Counseling, education and support for children, adolescents and adults experiencing distress or disruption in their lives. Cost:

Most health insurance providers accepted Sliding fees based on income and family size No one turned away due to inability to pay Red Wing Counseling Office Catholic Charities of Red Wing Professional and Community Center 1407 West 4th Street, Room 115 Red Wing, MN 55066 Phone: 651.327.2190

http://cctwincities.org/UrbanCounselingServices

**Health - Counseling Services** 

A general issues therapy group for men interested in reducing the effects of major life stressors, victimization and mental health issues. Most health insurance is accepted for payment. We also work on a sliding fee scale. The Men's Therapy Group is offered from 6 p.m. - 8 p.m. every Wednesday at Catholic Charities, 1276 University Ave., St. Paul, MN, 55104. http://cctwincities.org/CounselingServicesGroupPro

**Health - Counseling Services**A nationally recognized outpatient mental health clinic, Wilders Child Guidance Clinic is open to anyone who is need of mental health assessment, diagnosis, or treatment. Wilder accepts insurance coverage, private pay and offers sliding scale for those who are uninsured or underinsured.

Confidential and affordable counseling services are available to people, regardless of religious affiliation or ability to pay, who live in the 12-county Archdiocese of St. Paul and Minneapolis. ??To learn more about Counseling Services or schedule an appointment, please call 651.647.3186. To request a phone call from Intake, e-mail jean.fagerstrom@cctwincities.org with your name and phone number. http://cctwincities.org/CounselingServices

**Health - Counseling Services** 

Counseling, education and support for children, adolescents and adults experiencing distress or disruption in their lives Cost:

Most health insurance providers accepted Sliding fees based on income and family size No one turned away due to inability to pay 1276 University Avenue St. Paul, MN 55104 651.647.3100

Intake: 651.647.3186 651.641.1005 (fax)

http://cctwincities.org/UrbanCounselingServices

**Health - Counseling Services** 

Learn how to listen and talk more effectively about concerns and differences in a way that helps increase understanding, reduce tension and hostility and enrich relationships. Couple Communication is a five-week program for adult couples. The first week is a 30-minute, required private orientation interview.

Classes are held from 6 p.m. - 8:30 p.m. Tuesday evenings at Catholic Charities, 1276 University Ave., St. Paul, MN 55104. Cost is determined on a sliding fee scale. Childcare may be available upon request.

http://cctwincities.org/CounselingServicesGroupPro grams

**Health - Counseling Services** 

Therapeutic Lifestyle Change Group for Depression A therapy group for people with a primary diagnosis of mood disorders. The group can stand alone or supplement individual counseling and will focus on evidence-based holistic lifestyle changes. Sliding fee scale and most insurance accepted. The group will meets from 6 p.m. - 8 p.m. at Catholic Charities, 215 Old 6th St., St. Paul, MN 55102. Fall dates will be announced shortly. http://cctwincities.org/CounselingServicesGroupPro arams

**Health - Crisis Hotline** 

Domestic Violence Hotline 1-800-799-7233(SAFE) StrongHearts Native Helpline 1-844-7NATIVE (1-844-762-8483) Runaway Safeline 1-800-RUNAWAY / 1-800-786-2929

Human Trafficking Hotline 1-888-373-7888 Child Abuse Hotline - 1-800-4-A-CHILD (1-800-422-4453)

Substance Abuse Treatment - 1-800-662-HELP (4357)

Center for Missing and Exploited Children (NCMEC)

We serve children who may be experiencing social or personal challenges. Wilder also serves children who have experienced significant trauma and may have very complex mental health needs. Our staff are able to diagnose and treat behavioral and emotional disorders including post traumatic stress. We offer culturally competent services for Southeast Asian children and families and employ a bilingual staff and case managers.

Phone: 651-280-2000

The Children and Family Mental Health Clinic is located at 451 Lexington Parkway North - on the corner of Lexington Parkway and University Avenue in Saint Paul.

http://www.wilder.org/Programs-Services/Children-Family-Mental-Health/Pages/default.aspx

**Health - Free/Sliding Scale Clinic** 

1,400 Free and Charitable Clinics and Pharmacies provide access to healthcare for uninsured and underinsured people in communities across the U.S. Find one near you! https://nafcclinics.org/

Health - Free/Sliding Scale Clinic

NorthPoint accepts most major medical and dental insurance plans including Medica, Health Partners, BlueCross BlueShield, Preferred One, U Care, Medicare, State of Minnesota, Delta Dental and Metropolitan Health Plan. We will bill services directly to your insurance provider.
Patients without insurance will not be turned away. If you are a low-income patient, you may be eligible for one of our reduced fee programs. Please visit the website or call for more information! Appointments (612) 543-2522 Transportation (612) 543-2588 8:30 a.m. - 5:00 p.m. 1315 Penn Avenue North Minneapolis, MN 55411 http://www.northpointhealth.org/MedicalClinic/tabi d/300/Default.aspx

**Health - Free/Sliding Scale Clinic with Dental** Serves African American adult men living in Hennepin County. Walk-ins welcome, as are referrals from street outreach. 1315 Penn Ave N. Room 86 Minneapolis, MN 55411

http://www.northpointhealth.org/

**Health - Health Department** 

All services can be found on the website. https://www.health.state.mn.us/people/index.html

#### **Health - Mental Health**

The Banks Building 615 First Avenue NE, Suite 145 Minneapolis, MN 55413 (612) 436 - 0295

We are proud to support a group of therapists and prescribers with a wide variety of skills and specialties. During your initial phone call, we will ask you a set of questions designed to determine the best therapist to meet your needs.

Hotline - 800-8435678

Sexual Assault Telephone Hotline - 800-656-HOPE (4673)

Suicide Prevention Lifeline Hotline - 800-273-8255 https://www.acf.hhs.gov/acf-hotlines-helplines

**Health - Free/Sliding Scale Clinic** 

Clinics listed on our website offer services for free or at a reduced rate. Many clinics are operate under a sliding scale schedule. This means that costs to patients are calculated based on income. https://www.freeclinics.com/

Health - Free/Sliding Scale Clinic with Dental Listings that can help low-income and uninsured people connect with a clinic or community health center in their area. These clinics offer free and discounted rates for medical and dental care. Our county listings include contact information, a listing of services and any further remarks that may be pertinent to our users, such as free services provided, discounted services provided and clinic operating hours.

https://freeclinicdirectory.org/minnesota care.html

Health - Free/Sliding Scale Dental Clinic We continuously update our website with new information on dental clinics. Many of the resources for dental care are free, but many are based on income and/or discounted in other manners. Please review the listings and contact the dental clinics through the websites provided (and/or phone numbers listed), to obtain full details. We do not offer guidance. If you find any of our information improper, or if you have any question, please email us at support@thedentistsnearme.com. We will immediately reply to your email. https://www.usdentalservice.com/?gclid=EAlalQob ChMIyaH1p9 k9gIVWZcAAB0lrg1FEAEYASAAEgK7c vD BwE

#### **Health - Mental Health**

3249 Hennepin Ave. # 55 Minneapolis, MN 612-822-5892 (Randy)

Men in Transition- Wednesdays 730-930pm - topics focus on the difficulties men face when reentering the community from prison environment Choosing Healthy Sexual Boundaries- Saturdays 10 to noon

http://www.tcmc.org

#### **Health - Mental Health**

Hennepin County Medical Center HCMC Acute Psychiatrić Services 701 Park Avenue Minneapolis, MN 55415 24-hour walk-in crisis intervention and call lines. Crisis Intervention: 612-873-3161 Suicide Prevention: 612-873-2222 www.hcmc.org/depts/psych/cic.htm Offers crisis counseling, assessment and referral.

**Health - Narcotics Anonymous** 

http://www.hcmc.org/index.htm

Join the millions who have found comfort and hope

http://www.healthcounselingservices.com/

**Health - Mental Health** 

A nationally recognized outpatient mental health clinic, Wilder's Child Guidance Clinic is open to anyone who is need of mental health assessment, diagnosis, or treatment. Wilder accepts insurance coverage, private pay and offers sliding scale for those who are uninsured or underinsured. Amherst H. Wilder Foundation 451 Lexington Parkway North Saint Paul, MN 55104

Phone: 651-280-2000

http://www.wilder.org/Programs-Services/Children-Family-Mental-Health/Pages/default.aspx

#### **Health - Reduced Cost Medication**

(888) 311-6224 x115

Save an average of 15-55% on your prescriptions! Print a free card or download the app to your

https://www.americasdrugcard.org/index.aspx

### Health - Rehabilitation Center

Five Stars Recovery Center 102 East 2nd Street, Suite 110B Chaska, MN 55318 952.448.6557 FAX 952.448.6047 CD Recovery Services, Inc. provides licensed

Group Residential Sober Housing for individuals in recovery from alcohol and/or drug addiction. http://www.fivestarsrecoverycenter.org/contact-us/

#### **Health - Rehabilitation Center**

Men, Faith-based

Saint Paul Spirit House was established in 2003 to serve a need in

the recovery community for Faith Based Mens Sober Housing.

Community, Accountability and Spirituality are the foundations

to our program.

http://stpaulspirithouse.com/home.html

#### **Money - Finances/Budgeting**

965 Payne Ave. St. Paul, MN 55130 651.717.4950 Financial planning and assistance.

## Money - Finances/Budgeting 800.388.2227

Free Credit Counseling! Our mission is to help all Americans gain control over their finances. For over 60 years, NFCC and its member agencies have helped people just like you pay off debt and grow in their financial capability. Our services help people overcome financial challenges at nearly every stage of life.

https://www.nfcc.org/

**Money - Free Credit Report** 

Free credit reports authorized by federal law. Federal law allows you to get a free copy of your credit report every 12 months from each credit reporting company.

within these nonjudgmental communities and have successfully freed themselves from the struggles of addiction. Find local NA meetings by location, day of the week, and time.

https://findrecovery.com/na-meetings/

#### **Health - Reduced Cost Medication**

HELPLINE (800) 503-6897 in English or Spanish. Find help with the cost of medicine! We offer a free drug discount card that may help you obtain a substantially lower price on your medications. https://www.needymeds.org/drug-discount-card

#### **Health - Rehabilitation Center**

The Second Step Supportive Housing Program was founded by a Fellowship Club Alumnus in 1997, to provide a safe, comfortable and supportive environment for those in early recovery.

PO Box 16281 St Paul 55102 877-570-3982

http://www.secondstephousing.com/

**Health - Support - Life Coaching** 

Wednesdays 7:30 - 9:30 p.m. Drop in support group focusing on issues involved in reentering the community after incarceration. Open to men and

They also have a number of men's groups, including Survivors of Sexual Abuse, Choosing Healthy Sexual Boundaries, Living with HIV, General Men's Issues, and support for gay and bisexual men.

3249 Hennepin Ave. #55 Minneapolis, MN 55408 612-822-5892 contact: Randy Genrich http://www.tcmc.org/

Money - Finances/Budgeting GreenPath will work with you to build a personalized plan of action for regaining control of your debt. We assess your household budget, find places for you to save, and help you prioritize your payments to creditors and plan a lifestyle that you can afford. It all works toward helping you achieve your financial goals, better manage debt and avoid problems in the future. Available in Spanish. http://www.greenpath.com/

#### Money - Finances/Budgeting

800.388.2227

Free Credit Counseling! Our mission is to help all Americans gain control over their finances. For over 60 years, NFCC and its member agencies have helped people just like you pay off debt and grow in their financial capability. Our services help people overcome financial challenges at nearly every stage of life. https://www.nfcc.org/

**Money - Free Credit Report** 

Get a free copy of your credit report every 12 months from each credit reporting company. https://www.annualcreditreport.com/index.action

#### **Reentry Resource - Multiple Resources Available**

2211 Clinton Ave South

https://www.annualcreditreport.com/index.action

#### Money - Social Security Benefits after Incarceration

Social Security and Supplemental Security Income Benefits

Individuals released from incarceration may be eligible for Social Security retirement, survivors, or disability benefits if you have worked or paid into Social Security enough years or Supplemental Security Income benefits if you are 65 or older, or are blind, or have a disability and have little or no income and resources.

If you believe you qualify, call our toll-free telephone number, 1-800-772-1213. If you are deaf or hard of hearing, call TTY 1-800-325-0778.

https://www.ssa.gov/reentry/benefits.htm

#### Reentry Resource - Multiple Resources Available

180 Degrees, Inc. 236 Clifton Ave. S Minneapolis, Minnesota 55403

http://www.mnsecondchancecoalition.org/

#### Reentry Resource - Multiple Resources Available

Post-prison outreach 3559 Penn Avenue North Minneapolis, MN 55412 (612) 522-9007 http://myfreedomworks.com/

### **Reentry Resource - Multiple Resources Available**

Our findhelp technology powers Americas leading social care network. Our network features more than 300,000 free and reduced-cost programs in all 50 U.S. states, territories, and Puerto Rico, powering social care systems for hundreds of customers nationwide.

https://www.findhelp.org/find-social-services/minne sota

### **Reentry Resource - Multiple Resources Available**

Scroll down the page to find your state. Titles in the left column will lead you to resources available nationwide.

If you scroll down the page to find your state name, you can click on that for statewide resources.

https://www.needhelppayingbills.com/index.html

#### Reentry Resource - Multiple Resources Available

Find free or extremely affordable furniture for your home.
201 W 87th St
Bloomington, MN 55420
952-888-1105
http://www.bridging.org/

#### Reentry Resource - Multiple Resources Available

Minneapolis, MN 55401 612-874-9292 Contact Richard Amos

Will help find an apartment and employment. he specializes in finding housing for ex-offenders.

#### Reentry Resource - Multiple Resources Available

If you are experiencing homelessness or are at risk of homelessness, please contact Hennepin County Human Services 612-348-4111.

1800 Chicago Avenue N323
Minneapolis, Minnesota 55404
http://www.hennepin.us/headinghomehennepin

#### Reentry Resource - Multiple Resources Available

Search for benefits in Education, Grants, Loans, Social Security, Housing and Utilities, Employment and Career Development, Financial Assistance and more.

https://www.benefits.gov/categories

#### Reentry Resource - Multiple Resources Available

211 connects you with thousands of nonprofit and government services in your area. If you want personal assistance call the three-digit number 211 or 877-947-2211. A friendly voice to talk with you 24/7/365. This is the general link. Minnesota does not offer one for the state. https://www.211unitedway.org/

### **Reentry Resource - Multiple Resources Available**

180 Degrees, Inc.
236 Clifton Avenue S.
Minneapolis, MN 55403
Phone: 612.813.5000
The 180 Degrees residential program provides transitional housing to adult male offenders released from prison.
http://www.180degrees.org/

#### Reentry Resource - Multiple Resources Available

Catholic Charities' Visitation Place provides affordable, permanent housing for low-income adults and families. Visitation Place contains 16 two and three bedroom apartment units in a convenient St. Paul location. Preference is given to renters with rental subsidies from outside agencies such as Section 8 or Housing Trust Fund.
1034 Lafond Avenue St. Paul, MN 55104
651-647-2550 http://cctwincities.org/Visitation

### **Reentry Resource - Multiple Resources Available**

Emerge Re-entry Services 1101 W. Broadway #200 Minneapolis, MN 55411 612-529-9267 bransone@emerge-mn.org www.emerge-mn.org Assists clients with employment, housing Amicus RECONNECT 3041 Fourth Avenue South 2nd Floor Minneapolis, MN 55408 612-877-4265

RECONNECT matches ex-offenders with resources to meet their basic needs, including referrals for employment, housing, transportation, and voicemail. Amicus is a program and drop-in center providing information, referrals, and specialized one-on-one planning tailored to the specific challenges that come with having a criminal background. The award-winning staff, some who are former offenders themselves, have expertise in the community and resources available to this population.

http://www.amicususa.org/programs/reconnect/

#### Reentry Resource - Multiple Resources Available

Hennepin County Library Freedom Ticket Program 612-543-8852 Offers links to library resources, programs and re-entry tools to help people released from correctional facilities rejoin their community.

http://www.hclib.org/about/outreach

#### **Reentry Resource - Programs**

180 Degrees, Inc.

236 Clifton Avenue S Minneapolis, MN 55403 Phone 612.813.5000 The SONIC program provides services to individuals re-entering the community from correctional facilities and other residents from the community facing barriers to employment and housing as a result of a criminal conviction. http://www.180degrees.org/

**Reentry Resource - Programs**NorthPoint Health and Wellness Center African American Men Project 1315 Penn Ave. N. Room 86 Minneapolis, MN 55411 For an appointment: 612-767-9500 Serves African American adult men living in Hennepin County. Walk-ins welcome, as are referrals from street outreach. If you dont meet the age requirement (18 and over), call a number above for other resources. Re-entry group meets Monday and Wednesday. AAMP provides classes addressing the

personal development needs of ex-offenders

re-entering society. http://www.northpointhealth.org/CommunityServic es/AfricanAmericanMenProject/tabid/85/Default.as

**Reentry Resource - Programs** The Twin Cities Mens Center Transitions 3249 Hennepin Ave. # 55 Minneapolis, MN 55408 612-822-5892 www.tcmc.org Wednesdays 7:30-9:30 PM. Drop-in support group focusing on issues involved in reentering the community after incarceration. Open to men and women.

placement, retention support, and career-specific training opportunities. Open to any person who has been released from a MN Correctional Facility within the past 2 years. http://wwwi.emerge-mn.org/

#### Reentry Resource - Programs

100 N 6th St Ste 529B Minneapolis, MN 55403 612-348-8570 Amicus partners with inmates, ex-offenders, juvenile offenders, at risk youth and communities to build successful lives and stronger communities.

http://www.amicususa.org/

Reentry Resource - Programs

CMNRP works with the Minnesota Department of Corrections and Community Corrections in the Tri-County area regarding recently released ex-offenders. CMNRP's goal is to "help you help yourself" transition to a successful crime-free life. We do understand the special challenges that come with being an ex-offender. As a CMNRP client you are eligible for referrals in housing, employment, and other mainstream resources. Please use any of the following forms of communication to contact us. Keep in mind, our office hours are Monday, Wednesday, and Thursday from 9 A.M.-5 P.M. We are closed on weekends.

Office Telephone: (320) 656-9004 Office Fax: (320) 257-9005 Physical & Mailing Address: 1121 Lincoln Ave. NE Sauk Rapids, MN 56379 Email:Reentry@cmnrp.org http://cmnrp.org/about/contact/

#### **Reentry Resource - Programs**

Transitional Conferencing, Inc. P.O. Box 3152 Minneapolis, MN 55403 651-774-8709 www.transitionalconferencing.org Transitional Conferencing assists in the process of reintegration from prison into community and family life. Our goal is to help re-establish and strengthen relationships between offenders, family members, and the faith community so that the offenders transition home will be a positive and

permanent one. Email: mamaas4@hotmail.com

http://www.transitionalconferencing.org/

**Reentry Resource - Programs** 

Assists in clients who are recently released with employment and housing needs. This program has its own housing units and own job placement work

Clients are selected while still in prison for this program.

1017 Olson Memorial Highway Minneapolis, MN 55405 612-455-6133 X107 contact leff Williams http://networkforbetterfutures.com/ http://www.tcmc.org/

**Reentry Resource - Programs** AccessAbilitys Career and Educational Pathways (CEP) program is a supportive services program developed for incarcerated people in transition. CEP specifically aims to help participants by designing individual case plans that incorporate education and career assistance, as well as providing them with social service wrap around supports necessary to their personal success. They also offer educational assistance and industry-specific training. AccessÁbility, Inc. 360 Hoover Street NE Minneapolis, MN 55413 http://www.accessability.org/ProgramsServices/CE P/index.html

**Shelter - Energy Assistance** Hope Street Shelter, located in south Minneapolis, provides emergency shelter and intensive case management services for youth and young adults experiencing homelessness ages 16 - 20 escaping abusive living situations or street life. Hope Street Emergency Shelter? 1121 46th Street E Minneapolis, MN 55407 612.204.8211 612.827.9343 fax? http://cctwincities.org/page.aspx?pid=478

#### Shelter - Homeless Assistance

Catholic Charities' Evergreen Residence offers 88 units of single room occupancy permanent housing for independent, single adults experiencing homelessness Evergreen Residence 173 Ğlenwood Avenue N. Minneapolis, MN 55405 612-204-8406

http://cctwincities.org/Evergreen

Shelter - Homeless Assistance

Catholic Charities' Trafficking Victims Services program assists victims of trafficking in rebuilding their lives and restoring well-being. Hemlal Kafle Trafficking Victims Services 1276 University Ave. West St. Paul, MN 55104 651.647.3176 Hemlal.Kafle@cctwincities.org http://cctwincities.org/TraffickingVictimsServices

Shelter - Homeless Shelter

The Homeless Shelter Directory provides listings for Homeless Shelters and Homeless Service Organizations around the country. This includes supportive resources.

http://www.homelessshelterdirectory.org

Shelter - Homeless Shelter

1725 Monastery Way Maplewood, MN 55109 651.789.6770 http://tubman.org/home/

**Shelter - Homeless Shelter** 

**Shelter - Energy Assistance** 

The Energy Assistance Program pays up to \$2,000 towards heat, power and water costs, and is free for all eligible households.

https://mn.gov/commerce/consumers/consumer-as sistance/energy-assistance/

Shelter - Financial Counseling

**HUD** sponsors housing counseling agencies throughout the country that can provide advice on buying a home, renting, defaults, foreclosures, and credit issues. This link sends you to a page that allows you to select a list of agencies for each state. You may search more specifically for a reverse mortgage counselor or if you are facing foreclosure, search for a foreclosure avoidance

http://hud.gov/offices/hsg/sfh/hcc/hcs.cfm?weblista ction=summary

### **Shelter - Homeless Assistance**

Catholic Charities' Glenwood Residence offers 80 units of permanent housing to late-stage, chronic alcoholics. Many low-income, homeless, chronic alcoholics have struggled to attain sobriety. Glenwood Residence serves chronic alcoholics in Hennepin County who have had repeated admissions to detoxification centers and a history of failure in traditional chemical dependency treatment programs. Glenwood Residence 173 Glenwood Avenue N.

Minneapolis, MN 55405 612-204-8405

http://cctwincities.org/Glenwood

**Shelter - Homeless Assistance** 

To Provide/Coordinate Preventive Transitional And Permanent Housing And Supportive Services For Veterans Who Are Experiencing Homelessness Or Who Are In Danger Of Becoming Homeless And Who Are Motivated Towards Positive Change. 360 Robert Street North St Paul, MN 55101 (651)292-0145

#### **Shelter - Homeless Shelter**

651-228-1800 (general) 77 9th St East St. Paul, MN 55101 http://ugmtc.org/

#### **Shelter - Homeless Shelter**

Tubman helps women, children and families struggling with relationship violence, substance abuse and mental health. Throughout the Twin Cities, Tubman provides safe shelter, legal services, counseling, elder care resources, youth programming and community education while guiding and sustaining individuals and families on the journey from chaos and fear to healing and restoration

3111 First Avenue South Minneapolis, MN 55408 612.825.3333 http://tubman.org/home/

**Shelter - Homeless Shelter** 

Exodus Residence provides low-cost supportive housing units for men and women experiencing homelessness. Clients in the Exodus Health Supported Housing program receive intensive RN care coordination and work toward health care stabilization.

Exodus Residence

819 Second Avenue South, Minneapolis, MN 55402 612-204-8330

http://cctwincities.org/Exodus

#### **Shelter - Homeless Shelter**

Hope Street Outreach targets youth 16-24-years-old who are experiencing homelessness.

Services

Crisis intervention Access to basic needs including food, clothing, hygiene supplies and transportation assistance Referrals to medical services, emergency shelters and other support services Case management Hope Street for Homeless Youth 1121 46th Street E.

Minneapolis, MN 55407 612-204-8211

http://cctwincities.org/page.aspx?pid=608

#### Shelter - Homeless Shelter

Hispanic Outreach provides culturally appropriate support in meeting the basic needs of members of the Latino community. The program serves those most in need in the Spanish-speaking Latino community.

Services:

Short-term case management Emergency food and shelter for new Latino immigrants in form of vouchers

Limited assistance with immigration fees

Educational outreach on current issues affecting the Latino community

Information and referrals

Contact:

Hispanic Outreach? 1276 University Ave W? St. Paul, MN 55104?

651.647.3109

http://cctwincities.org/HispanicOutreach

### Shelter - Homeless Shelter

Hennepin County After-hours Shelter Team 1000 Currie Ave. 612-673-9138

For those with an emergency shelter need after the county offices close.

Hours are 3p.m.-11p.m. Everyday

### **Shelter - Housing Authority** Find a HUD location near you.

https://www.hud.gov/statés

### **Shelter - Low Income Housing** 651-247-8818

Contact Michael Davis Call to set up a meeting.

For ex-offenders re-integrating into society and are in need of permanent housing. Own and rent out several properties in the Minneapolis and St. Paul area.

Open 365 days a year, the emergency homeless shelter near downtown Minneapolis offers a warm place to rest and spend nighttime hours. A light dinner and breakfast are served and shower facilities are available

The Pay-for-Stay facility offers 80 beds, lockers, linens, showers and access to employment resources to men trying to escape the streets. The money guests pay for shelter is held in trust to be used as rental deposits when they move into permanent housing. Pay-for-Stay is located on the second floor of Secure Waiting.

80 spaces

\$7 per night

Fees held in trust for down payments for

permanent housing

Light dinner and breakfast

Beds, linens, lockers and showers available

**Higher Ground Shelter?** 165 Glenwood Avenue?

Minneapolis, MN 55405

612.204.8550

http://cctwincities.org/highergroundshelter

#### **Shelter - Homeless Shelter**

Dorothy Day Center 183 Old 6th St., St. Paul 55102 651-647-2350

More info

Emergency shelter for up to 200 adults and 42-bed shelter for women, housing assistance and placement, meals, medical services, laundry, supportive services

http://cctwincities.org/HelpFindingHousing

#### Shelter - Homeless Shelter

Catholic Charities' Mary Hall Men's Shelter offers 20 beds for single adult men. Services offered help men experiencing homelessness gain the skills to overcome barriers and move onto next step housing. Intake is done at Mary Hall. Services

Case management Evening meals Substance abuse counseling **Employment resources** Housing search resources Computer lab

Library

Indepéndent living skills training

Contact Mary Hall 438 Main Street St. Paul, MN 55102

651-647-2340

http://cctwincities.org/MaryHallShelter

#### **Shelter - Homeless Shelter**

The Family Place is a welcoming, safe place for homeless families with children to stay during daytime hours. 244 Tenth St East Saint Paul, MN 55101 651-225-9354

#### Shelter - Low Income Housing

53 Glenwood Minneapolis, MN Most are \$475 - \$840 a month depending on property and location. One bedroom houses, condominium and duplexes are available. Available to everyone regardless of criminal background Please do not apply from within

Shelter - Low Income Housing

U.S. Department of Housing and Urban Development 451 7th Street S.W.
Washington, DC 20410
Telephone: (202) 708-1112 TTY: (202) 708-1455
Find the HUD office near you!

http://portal.hud.gov/hudportal/HUD

Shelter - Low Income Housing

Housing Works fights for funding and legislation to ensure that all people living with HIV/AIDS have access to quality housing, healthcare, HIV prevention, and treatment, among other lifesaving

http://www.housingworks.org/

Shelter - Low Income Housing

Housing and job opportunities for high risk men. 1017 Olsen Highway Minneapolis. MN 55405 612-455-5100 http://betterfuturesenterprises.com/

#### Shelter - Low Income Housing

Amicus RECONNECT 3041 Fourth Avenue South 2nd Floor Minneapolis, MN 55408 612-877-4265

RECONNECT matches ex-offenders with resources to meet their basic needs, including referrals for employment, housing, transportation, and voicemail. Amicus is a program and drop-in center providing information, referrals, and specialized one-on-one planning tailored to the specific challenges that come with having a criminal background. The award-winning staff, some who are former offenders themselves, have expertise in the community and resources available to this population.

http://www.amicususa.org/programs/reconnect/

#### Shelter - Low Income Housing

823 E Seventh St St Paul, MN 55106 (651)297-6227

This is a Non Profit Organization that may be able to provide housing assistance. Review the details below:

The Nhs Network Offers A Comprehensive Package Of Education, Lending, Development, And Home Rehabilitation Services To Strengthen Neighborhoods Throughout The Twin Cities.

#### Shelter - Shelters

We provide an online directory of shelters in Minnesota.

https://www.shelterlist.com/state/minnesota

### **Shelter - Transitional Housing** 719 East 16th Street

Minneapolis, MN

55403

Phone 612-659-0705

Single room efficiencies. Thirty percent of income. Application and waiting list. Men and women.

#### Shelter - Low Income Housing

Authorized Section 8 and HRA 651-602-1000 390 Robert St N, St. Paul, MN

Shelter - Low Income Housing

Mercy Housing Gives a Home to Low-Income Families, Seniors, Individuals, and People with Special Needs Nationwide. Our mission is to create stable, vibrant and healthy communities by providing affordable, service-enriched housing. https://www.mercyhousing.org/regional-offices/

#### Shelter - Low Income Housing

Alliance Housing Incorporated 2309 Nicollet Avenue Minneapolis, MN 55404 Phone: 612-872-2310 Fax: 612-870-7446 info@alliancehousinginc.org

The mission to Alliance Housing is to create, own, and operate housing for low and very low income people in Minneapolis and the wider Twin Cities metropolitan area.

http://www.alliancehousinginc.org/

**Shelter - Low Income Housing** 

The Hope Street Permanent Supportive Housing Program assists youth 18 to 24-years-old who are experiencing homelessness in securing permanent housing in the community and becoming self-sufficient. A case manager provides intensive case management, rental assistance, home visits, independent living skills training and educational counseling and referrals. Hope Street for Homeless Youth 1121 46th Street E

Minneapolis, MN 55407 612-204-8211

http://cctwincities.org/pages/get-help/hope-streetpermanent-supportive-housing-program

Shelter - Low Income Housing

70 units with single room occupancy. Residents must be able to live independently. Rent is \$340 for regular size room and \$435 for a larger room. Damage deposit is required upon move in. Must be employed or have sable income. 651-290-6828 or 651-224-8547

Shelter - Low Income Housing

Find low income apartments in Minnesota along with non profit organizations that help with low income housing along with HUD apartments, public housing apartments, public housing authorities, and housing assistance agencies. https://www.lowincomehousing.us/MN.html

#### **Shelter - Shelters**

The Hope Street Transitional Living Program provides housing for 12 homeless males 16 to 21-years-old. Youth counselors and a case manager provide services, including basic needs, 55404 (612) 630-3600 Contact Bridgette Watson Transitional housing and limited long term rental. 6 months to a year waiting list. No arson and/or sexual assault offenders.

**Shelter - Transitional Housing** 952-926-2600

3381 Gorham Ave, St. Louis Park 55426

Shelter - Transitional Housing

Gentlemen Please Call Callan at 612-309-3322 Women Please Call Crystal Gardner at 651-587-9825 E-mail steppingstones@comcast.net 1361 Wellesley Avenue Saint Paul, MN 55105 http://www.sfour.org/S4 About.html

**Shelter - Transitional Housing** Catholic Faith-Based

For Men 30 and Over Offers on-site structured spiritual guidance Provides community living to heal and grow Life coaching and workforce re-entry training 383 Portland Ave. St. Paul, MN 55102 701.527.7769 http://www.trinitysoberhomes.org/Home.html

Shelter - Transitional Housing

Better Futures Enterprises 1017 Olson Memorial Highway Minneapolis, MN 55405 Contact: Jeff Williams 612-455-6133 X107 info@betterfutures.net www.networkforbetterfutures.com Assists clients who are recently released with employment and housing needs; this program has its own housing units and own job placement work crew. (Clients are selected while still in prison for this program.) http://networkforbetterfutures.com/

#### Shelter - Transitional Housing

St Paul, MN 55104 (612)227-4184

This is a Non Profit Organization that provides Transitional Housing. Review the details below: Ain Dah Yung (Our Home) Center's mission is "to assist American Indian youth and families to thrive in safety, wholeness, and a healing place within the community"

Fees may apply for this Transitional Housing resource. Contact Ain Dah Yung Our Home Shelter with the contact information we provided to get full details. Oftentimes you can apply for sliding scale fee payment or other options if you are low income. You will need to speak with them to see if you qualify.

http://www.aindahyung.com

Shelter - Transitional Housing

This is a Non Profit Organization that provides Transitional Housing. Fees may apply for this Transitional Housing resource. Contact Ywca Of St. goal setting, emotional and therapeutic assistance, independent living skills training and recreational activities. Other service include accSess to the community health clinic at St. Joseph's Home for Children, education and employment assistance, family counseling and after-care case management services. Youth must apply to the program prior to their twentieth birthday. Hope Street for Homeless Youth 1121 46th Street E Minneapolis, MN 55407 612-204-8211 Referrals to the program, call 612-204-8226 http://cctwincities.org/page.aspx?pid=479

Shelter - Transitional Housing

17 South 19.5 Ave. St. Cloud, MN 56301 320.259.9270 (P)

## **Shelter - Transitional Housing** 651-632-8344

Ask for Kizzie Downie

## **Shelter - Transitional Housing**Business Office

651-493-6658 (office) 651-493-6974 (fax) contact@transitions.pro 1956 Feronia Avenue Saint Paul, Minnesota 55104 http://www.transitions.pro/

## **Shelter - Transitional Housing** 1-855-860-3119

Transitional, sober housing provides supportive housing along with drug and alcohol treatment for selective locations

https://www.transitionalhousing.org/state/missouri

#### Shelter - Transitional Housing

Twin Cities emergency shelter, transitional housing Metro Shelter Hotline 1-888-234-1329 info@openaccessconnections.org

#### **Shelter - Transitional Housing**

670 N Robert St St Paul, MN 55101 (651)224-1329

This is a Non Profit Organization that provides Transitional Housing. Over the last decade, we have begun providing housing and services to homeless women and most recently to homeless single-parents with four or more children. Fees may apply for this Transitional Housing resource. Contact Emma Norton Residence with the contact information we provided to get full details. Oftentimes you can apply for sliding scale fee payment or other options if you are low income. You will need to speak with them to see if you qualify. http://www.emmanorton.org/

Shelter - Transitional Housing

Hearth Connection offers Supportive Housing through a network of providers in three regional long-term homeless projects. Our program yields Paul Minnesota with the contact information we provided to get full details. Oftentimes you can apply for sliding scale fee payment or other options if you are low income. You will need to speak with them to see if you qualify. 375 Selby Ave St Paul, MN 55102 (651)222-3741 http://www.ywcaofstpaul.org/

#### **Shelter - Transitional Housing** 1691 Oakbrooke Ct Saint Paul, MN 55122

Shelter - Transitional Housing

Transitional housing is supportive housing that helps fight homelessness. Find transitional housing in your state by clicking on the link! We have over 6,864 transitional housing locations in our database. We also provide as much information on each housing location along with pictures.

https://www.transitionalhousing.org/

#### Special Considerations - Veteran Support 651-291-8756 360 Robert St N, Suite 305, St. Paul, MN

**Special Considerations - Veteran Support** 24/7/365 Support - Call 800-273-8255 and Press 1 Or text 838255.

Connect with a real person who serves Veterans, Their Families, and Friends

https://www.veteranscrisisline.net/

**Transportation - Public Transportation** 

Participants in EMERGE Staffing's job program can receive free rides to and from work. Provides free transportation for temporary employees to the worksite.

1101 W. Broadway Minneapolis, MN 55411 612-529-9267 http://www.emerge-mn.org/

Transportation - Public Transportation

helps working families purchase cars through a loan program. Also guides them through the car buying process. There are state income guidelines Contact Mya 651-603-5880 450 Syndicate Street North Saint Paul, MN 55104

http://www.caprw.org/about-us/contact-us/

**Your Leisure Time - Leisure Activities** 

The mission of Meetup is to revitalize local community and help people self-organize. Meetup believes that people can change their personal world, or the whole world, by organizing themselves into groups that are powerful enough to make a difference. More than 9,000 groups get together in local communities each day, each one with the goal of improving themselves or their communities.

tremendous success for people experiencing long-term homelessness.OUR SOLUTION to homelessness is Supportive Housing. We secure, distribute and leverage government funds for housing and services and implement supportive housing best practices with an extensive network of providers.

2446 University Avenue West, Suite 150 Saint Paul, MN 55114 (651) 645-0676 http://www.hearthconnection.org/

**Shelter - Transitional Housing** 

Alternate Housing for Adult Males Only, Counseling, Counseling - Case Management, Department of Corrections, Facility Based (Inside) Reentry Program, Housing - Transitional with Support, Housing with Meals, Spec Services -Ex-offender 236 Clifton Ave S Minneapolis, MN 55304 612-813-5000

http://www.180degrees.org/

**Special Considerations - Veteran Support** 3041 4th Ave. S. Minneapolis, MN 55408 612-877-4250

Mondays through Thursday – 9 a.m. to noon, 1 p.m. – 3 p.m., Fridays – 9 a.am. to noon. No appointment is needed to see our counselors. All veterans are welcome to attend, whatever your rank, branch of service, Military Occupation Status, or discharge status. Attendance is never required, so feel free to check it out. Hope to see you there.

http://www.amicususa.org/amicus-news/incarcerat ed-veterans-find-support/

**Special Considerations - Veteran Support** 

Thank you for your service to our country! This page was created to assist veterans who are, or have been, incarcerated. There are several resources on this page that may help reduce the pressures associated with reentry. https://www.fairshake.net/veterans-page/

Transportation - Public Transportation

EMERGE Staffing Transportation Services 1101 W. Broadway Minneapolis, MN 55411 612-529-9267 www.emerge-mn.org

Participants in EMERGE Staffings jobs program can receive free rides to and from work. Provides free transportation for temporary employees to the worksite.

http://www.emerge-mn.org/

**Transportation - Public Transportation**Will provide bus tokens to individuals who are working to overcome their barriers. Must be a resident of Minneapolis
511 Groveland (enter off Lyndale Ave)
Minneapolis, MN 55403
612-435-1315

Please visit the website to join and find a meetup group!

http://www.meetup.com/

**Your Leisure Time - Leisure Activities** 

The Y remains the nations leader in quality programs for healthy living, it has expanded over the years to include several programs and classes for the arts and humanities. Please visit the website to learn more, or just stop by! Elk River YMCA 13337 Business Center Drive NW Elk River, MN 55330 763-230-2800 http://www.ymcatwincities.org/

Your Leisure Time - Leisure Activities
The Y remains the nations leader in quality programs for healthy living, it has expanded over the years to include several programs and classes for the arts and humanities. Please visit the website to learn more, or just stop by! Heritage Park YMCA 1015 4th Avenue North Minneapolis, MN 55405 612-821-2193 http://www.ymcatwincities.org/

Your Leisure Time - Leisure Activities

The Y remains the nations leader in quality programs for healthy living, it has expanded over the years to include several programs and classes for the arts and humanities. Please visit the website to learn more, or just stop by! Minneapolis Downtown 30 South 9th Street Minneapolis, MN 55402 612-371-9622 http://www.ymcatwincities.org/

**Your Leisure Time - Leisure Activities** The Y remains the nations leader in quality programs for healthy living, it has expanded over the years to include several programs and classes for the arts and humanities. Please visit the website to learn more, or just stop by! North Community YMCA 1711 West Broadway Ave Minneapolis, MN 55411 612-588-9484 http://www.ymcatwincities.org/

**Your Leisure Time - Leisure Activities** 

The Y remains the nations leader in quality programs for healthy living, it has expanded over the years to include several programs and classes for the arts and humanities. Please visit the website to learn more, or just stop by! Southdale YMCA 7355 York Avenue South Edina, MN 55435 952-835-2567 http://www.ymcatwincities.org/

Drop in hours: M, W, F 9:00 - 11:30 a.m. http://hennepinchurch.org/

**Transportation - Public Transportation** 

Will provide transportation assistance if enrolled in a jobs programs 2211 Clinton Ave. South Minneapolis, MN 55404 612-874-0311

http://www.ststephensmpls.org/

**Your Leisure Time - Leisure Activities** 

The Y remains the nations leader in quality programs for healthy living, it has expanded over the years to include several programs and classes for the arts and humanities. Please visit the website to learn more, or just stop by! Blaisdell YMCA 3335 Blaisdell Avenue Minneapolis, MN 55408 612-827-5401 http://www.ymcatwincities.org/

**Your Leisure Time - Leisure Activities** 

The Y remains the nations leader in quality programs for healthy living, it has expanded over the years to include several programs and classes for the arts and humanities. Please visit the website to learn more, or just stop by! Emma B. Howe - Coon Rapids YMCA 8950 Springbrook Drive NW Coon Rapids, MN 55433 763-785-7882 http://www.ymcatwincities.org/

**Your Leisure Time - Leisure Activities** 

The Y remains the nations leader in quality programs for healthy living, it has expanded over the years to include several programs and classes for the arts and humanities. Please visit the website to learn more, or just stop by! Lino Lakes (YMCA) 7690 Village Drive Lino Lakes, MN 55014 651-795-9622 http://www.ymcatwincities.org/locations/

Your Leisure Time - Leisure Activities
The Y remains the nations leader in quality programs for healthy living, it has expanded over the years to include several programs and classes for the arts and humanities. Please visit the website to learn more, or just stop by! New Hope YMCA 7601 42nd Avenue North New Hope, MN 55427 763-535-4800 http://www.ymcatwincities.org/

**Your Leisure Time - Leisure Activities** 

The Y remains the nations leader in quality programs for healthy living, it has expanded over the years to include several programs and classes for the arts and humanities. Please visit the website to learn more, or just stop by! Ridgedale YMCA 12301 Ridgedale Drive Minnetonka, MN 55305

952-544-7708 http://www.ymcatwincities.org/