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**Health - Free/Sliding Scale Clinic with Dental**

Listings that can help low-income and uninsured people connect with a clinic or community health center in their area. These clinics offer free and discounted rates for medical and dental care. Our county listings include contact information, a listing of services and any further remarks that may be pertinent to our users, such as free services provided, discounted services provided and clinic operating hours.

[https://freeclinicdirectory.org/iowa\\_care.html](https://freeclinicdirectory.org/iowa_care.html)

**Health - Reduced Cost Medication**

Iowa Health and Wellness Plan: Beginning on January 1, 2014, Medicaid will provide health care coverage to adults age 19-64 with income up to and including 133 percent of the Federal Poverty Level. To learn more about Iowa Health and Wellness Plan view the Iowa Health and Wellness Plan plan comparison.

Medically Needy: If your income is too high for Medicaid but your medical costs are so high that it uses up most of your income. You may qualify for some payment help through the Medically Needy plan. If you qualify you are responsible for paying some of the costs of your medical expenses.

Medicare Assistance: If your income is low and you have a hard time paying Medicare premiums, Medicaid may be able to help pay the premiums. Iowa.

Medicaid Enterprise

100 Army Post Road

Des Moines, Iowa 50315

Phone Number 515-256-4600

Operating Hours are Monday through Friday 8:00 AM to 4:30 PM

<http://dhs.iowa.gov/ime/members/who-receives-medicaid>

**Shelter - Transitional Housing**

1-855-860-3119

Transitional, sober housing provides supportive housing along with drug and alcohol treatment for selective locations

<https://www.transitionalhousing.org/state/iowa>

**Health - Health Department**

The Iowa Departments of Public Health (IDPH) and Human Services (DHS) are one step closer to becoming a single agency. All services can be found on the website.

<https://idph.iowa.gov/>

**Shelter - Low Income Housing**

Find low income apartments in Iowa along with non profit organizations that help with low income housing along with HUD apartments, public housing apartments, public housing authorities, and housing assistance agencies.

<https://www.lowincomehousing.us/IA.html>