# REENTRY PACKET

## Your Customized Guide to Support your Successful Transition



National Web-based Reentry Resource Center www.fairshake.net

This Reentry Packet has been customized for: Michael Thompson Table of Contents

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# <u>HOUSING</u>

Like the Fair Shake <u>Find A Job</u> page, the Housing Search page lists search engines to find housing near you. In addition to the websites listed below, there is a lot more information in the <u>Resource Directory</u> and in Reentry Guides section below the Search Box.



## <u>Aunt Bertha</u>

Aunt Bertha is a social care network that connects people and programs — making it easy for people to find social services in their communities. To do this, we've verified and added hundreds of thousands of programs covering every county in the US.



## <u>2-1-1</u>

A phone number and a website! Not sure where to turn? We are here for you. 211 receives more requests for help with finding housing or shelter or paying utilities bills (over 4.4 million each year) than for any other issue.

## Homeless Shelters and Service Organizations:

National list of homeless shelters and other services homelessshelterdirectory.org/

Find the Housing Authority Near You! A nearly-complete list. Some others are located on the Fair Shake website under State and Local Reentry Guides.

https://www.hud.gov/program\_offices/public\_indian\_housing/pha/contacts



## Section 8: Frequently Asked Questions

What is Section 8 Housing?

The actual name of the program commonly known as "Section 8" is the Housing Choice Voucher Program, a federally funded program that subsidizes rent for eligible participants. It is designed to assist very lowincome families or individuals. A housing subsidy is paid directly to the landlord on behalf of a participating family/individual.

How do I apply for Section 8 housing? Contact your local <u>Public Housing Authority</u>.



For further assistance, contact the Housing and Urban Development office nearest you.

Does my criminal record ban me from public housing?

There are only 2 convictions for which a PHA must prohibit admission:

- If any member of the household is subject to a lifetime registration requirement under a State sex offender registration program; and,
- If any household member has ever been convicted of drug-related criminal activity for manufacturing or production of methamphetamine on the premises of federally assisted housing.



### ASA J. PETERS

#### 1514 Campbell, D1 Jefferson City, Missouri 64108 (816) 667-0421 (816) 992-1421

#### AREAS OF RELEVANT SKILL

Multi-dimensional individual with experience as **heavy equipment operator**, **driver**, or **laborer** with technical knowledge in surveying, welding, and general maintenance. Excellent safety record and willingness to do more than what is expected. Communicate and interact effectively with diverse cultures.

- Heavy Equipment Operations: Forklift, Tractor, Loader, Backhoe, Motor Grader, Track Loader, Bulldozer, Bobcat Skid/Steer Loader, Scraper
- Driver: Dump Truck, Over-the-Road
- Technical: Surveying, Welding
- Maintenance: General, Preventative, Carpentry, Painting

#### EDUCATIONAL BACKGROUND

Linn State Technical College

Heavy Equipment Operator Certificate Course

Welding; Blueprint Interpretation; Surveying; Preventative Maintenance

American Truck Driving School Over-the-Road Truck Driving Certificate Course

Northwest Missouri Community College

Introduction to Computer Information Systems; Basic Programming; Data Files; Structural Programming; Microcomputer Operating Systems

#### **EMPLOYMENT HISTORY**

TEMPORARY ASSIGNMENTS, Jefferson City & Cameron, MO

- Store Clerk/Stocker
- Library Clerk/Data Entry Clerk
- Computer Operator/Data Entry Clerk
- Chapel Head Clerk
- AM/PM Baker/Store Clerk

LINN TECHNICAL COLLEGE, Linn, MO

• Maintenance Technician – General maintenance, cleaning, carpentry, and lawn care.

SPRINGFIELD PARKS AND RECREATION DEPARTMENT, Springfield, MO

• Laborer, Park Maintenance

#### MAZZIO'S PIZZA, Springfield, MO

• Delivery Driver

DRIVEWAY PAVING, Toledo, OH

Dump Truck Driver/Laborer

NORTH AMERICAN VAN LINES, Ft. Wayne, IN

Over-The-Road Driver

## ARTHUR F. ECK, JR.

639 Arcadia Street Rochester, NY 12239 387-458-3241

## OBJECTIVE

#### BREAKFAST and LUNCH COOK

To assist a restaurant in attracting and retaining a strong customer base, by applying a passion for the culinary arts and a strong work ethic.

#### PERSONAL PROFILE

- Experience working in a kitchen environment, filling orders and developing menu items.
- Ability to get the job done by employing critical thinking and problem resolution skills.
- Work well as a team player and independently with very little supervision.
- Received commendations for being dependable and hardworking.
- Bilingual, Spanish and English.

## COOKING SKILLS

- ✓ Prepared a selection of entrees, vegetables, desserts, and refreshments.
- ✓ Cleaned the grill, food preparation surfaces, counters, and floors.
- ✓ Met high quality standards for food preparation, service, and safety.
- ✓ Trained and supervised workers.
- ✓ Maintained inventory logs and placed orders to replenish stocks of tableware, linens, paper, cleaning supplies, cooking utensils, food, and beverages.
- Received and checked the content of deliveries and evaluated the quality of meats, poultry, fish, vegetables, and baked goods.
- ✓ Oversaw food preparation and cooking.

#### **RESTAURANT EXPERIENCE**

**Kitchen Worker** – State of New York (Coxsackie Correctional Facility); Coxsackie, NY **Short Order Cook** – Rockies Breakfast Bar; Rochester, NY **Prep Cook/Laborer** – New World Diner; Rochester, NY **Lunch and Dinner Cook** – Albany's Italian American Restaurant; Albany, NY

#### MILITARY SERVICE

#### U.S. Navy – Machinist Mate E-3 – Honorable Discharge GED obtained

This resume example created by and for *Expert Résumé's for People Returning to Work* Wendy S. Enelow and Louise M. Kursmark 2003 JIST Publishing Inc. Indianapolis, IN

#### **Employment - Employment Services**

CLEANS vision is to assist and advocate for the homeless, transient, and ex-felons. They assist individuals with special needs, such as mental illness and substance abuse. They provide equal services through community partnerships, (i.e. Vocational Rehabilitation, Triumph) and other community advocates. PO Box 134 Goldsboro, NC 27530 919-734-0693 timothywhitfield79@gmail.com

**Employment - Workforce Development** 1830 Tillery PI B, Raleigh, NC 27604 (919) 715-0111 North Carolina's Workforce Development. Find a location near you!

https://www.ncworks.gov/vosnet/ContactUs.aspx? tab=3

#### Food - Food Pantry

Find local pantries, soup kitchens, food shelves, food banks and other food help. https://www.foodpantries.org/st/north\_carolina

#### Health - Free/Sliding Scale Clinic

Find the health clinic nearest to you! http://www.nafcclinics.org/clinics/search

#### Reentry Resource - Multiple Resources Available

Our findhelp technology powers Americas leading social care network. Our network features more than 300,000 free and reduced-cost programs in all 50 U.S. states, territories, and Puerto Rico, powering social care systems for hundreds of customers nationwide. https://www.findhelp.org/find-social-services/northcarolina?ref=ab\_redirect

#### Shelter - Homeless Shelter

http://www.homelessshelterdirectory.org/foodbank s/NCfoodbanks.html

#### Shelter - Low Income Housing

Find low income apartments in North Carolina along with non profit organizations that help with low income housing along with HUD apartments, public housing apartments, public housing authorities, and housing assistance agencies. https://www.lowincomehousing.us/NC.html

**Employment - Employment Services** 200 W. Ash Street, Suite 200 Goldsboro, NC 27530 919-947-0649 office or 919-947-1079 Fax and Veterans line Hours: Monday thru Thursday 9:00 AM til 3:00 PM

Chosen One Re-entry Program is a Non-Profit Organization created to assist Non-Violent offenders, Veterans, and the Homeless, that are transitioning back into the community and need assistance in finding the necessary resources to become successful again. CORP, Inc. offers these 7 Programmatic Components to participants: 1. Recruitment 2. Assessment Workforce Solution Class at NC Works at **Employment Office 16 Hours** 4. The EERP Program at CORP (Employability Education Readiness Project) 32 Hours 5.Case Management and Drug Screening 6. Job Placement and Referrals Follow-ups up to 3 years

http://www.corpinc.org/

#### Family - Department of Human Services

1-800-662-7030 7 a.m to 11 p.m., seven days a week. In the Raleigh area or outside of North Carolina, call 919-855-4400. Deaf and hard of hearing callers can dial 1-877-452-2514 (TTY). In the Raleigh area, deaf or hard of hearing people can call 919-733-4851 (TTY). http://www.ncdhhs.gov/

#### Food - Food Stamps

Food and Nutrition Services (FNS) is a federal food assistance program that helps low-income families. Find out about eligibility requirements, and how to apply.

http://www.ncdhhs.gov/dss/foodstamp/index.htm

#### Health - Free/Sliding Scale Clinic

2700 Wayne Memorial Drive, Goldsboro NC Acute care Preventive care Labs Chronic medication assistance program https://www.watchwayne.org/

#### **Reentry Resource - Multiple Resources** Available

211 connects you with thousands of nonprofit and government services in your area. If you want personal assistance call the three-digit number 211 or 877-947-2211. A friendly voice to talk with you 24/7/365. https://nc211.org/

Shelter - Low Income Housing http://www.nchousing.org/

#### Shelter - Salvation Army

610 N William St Goldsboro,NC 27530 (919)735-4811

The Army operates hundreds of facilities and services in over 50 around North and South Carolina. These range from daily character building programs such as the Boys and Girls Clubs and community centers, to providing shelter for families in need of transitional housing, to holding weekly worship services, to providing safe and affordable housing to seniors. http://www.salvationarmycarolinas.org/



## **Interview Tips**

Before you head to your interview, ask yourself these questions:

- Do you really want this job?
- Are you qualified for the job?
- Do you believe you can get the job?
- What attitude and information must you deliver to the employer to get the job?
- Are you ready for your interview?

If you decide you really want to get this job, consider these tips:

- 1. Keep your answers short yet full of information, unless you are asked to clarify. Try to put yourself in the interviewer's shoes; asking the same questions of many applicants! Fine tune your answers to the Sample Interview Questions and bring your authenticity and vitality to the interview.
- 2. Determine what your key strengths and assets are. Be sure to state them confidently a couple of times throughout the interview.
- 3. Prepare for a variety of interview questions. Consider the challenges you have overcome, the difficult interpersonal situations that you resolved with others, and several success stories.
- 4. Describe specific situations and accomplishments. Generalities fail to show the interviewer your strengths and assets and how they can benefit the company and the position that is available.
- 5. Put yourself on their team. Show how you fit in with the existing work environment and company culture. During the interview, align your language with the language of the team.
- 6. Observe your non-verbal communication. Are you saying what you mean to say? Practice answering some of the Sample Interview Questions in front of a mirror to see if your eyes and your gestures agree with your words.
- 7. Ask questions. Is this where you want to work? Find out what you need to know to accept the job. Also, the interviewer will see that you are taking interest in the company and work environment. That is an important quality in a team player.
- 8. Be sure to talk WITH the interviewer and not AT the interviewer. Interviews are stressful enough for both parties. Keep it human.
- 9. Research the company. Is it a right fit for you? Can you get behind the mission of the company? How much can you know about the work and the work environment before the interview?
- 10. Apply for jobs that you are skilled for and that you can appreciate...even if only as a stepping stone to your next job. If you truly want the job, you must be able to compete successfully with your competition. Authenticity shines through your words and your non-verbal communication.